Binnacle Training
RTO CODE 31319





# STUDENT INFORMATION

## SIS30521 Certificate III in Sport Coaching + *SIS20321* Certificate II in Sport Coaching


### ABSTRACT

This document contains important information for Binnacle Training students about:

- The program outline and inclusions
- The entry qualification: SIS20321 Certificate II in Sport Coaching
- The assessment completion process
- Career pathways
- Binnacle Training Third-Party Arrangements
- Student enrolment

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# 1. Program Inclusions

This program is offered as a senior school subject and incorporates the nationally recognised qualification: **SIS30521 Certificate III in Sport Coaching (with entry qualification: SIS20321 Certificate II in Sport Coaching – see below).** This course has been scheduled across two years (packaged into 6 Terms).

This qualification reflects the role of individuals who apply the skills and knowledge to coach participants up to an intermediate level in a specific sport. This course includes:

- The industry-recognised First Aid Certificate – HLTAID011 Provide First Aid
- Developing sport, fitness and recreation industry knowledge
- Following health and safety standards in the workplace
- Responding to emergency situations
- Developing and updating knowledge of coaching practices
- Meet participant coaching needs for specific populations
- Conducting sport coaching sessions up to an intermediate level in a specific sport
- Delivering community coaching programs
- Providing quality customer service
- Conducting risk assessments for sport and fitness activities
- Participate in conditioning for sport
- Developing skills and knowledge in exercise science, including anatomy and physiology

## 1.1. Entry Qualification – SIS20321 Certificate II in Sport Coaching

Students will undertake the entry qualification: **SIS20321 Certificate II in Sport Coaching** across Terms 1-4. Four units of competency in the Certificate II in Sport Coaching (SIS20321) overlap with the Certificate III in Sport Coaching (SIS30521). The remaining three units in SIS20321 are strongly aligned with respective units in SIS30521.

<table>
<tr><th rowspan="2">Qualification</th><th colspan="2">Terms of Training/Assessment</th></tr>
<tr><th>Terms 1-4</th><th>Terms 5-7</th></tr>
<tr><td>SIS30521 Certificate III in Sport Coaching</td><td colspan="2">Total 10 units:<br>• Terms 1-4: 6 units scheduled for completion<br>• Terms 5-6: 4 units scheduled for completion</td></tr>
<tr><td>SIS20321 Certificate II in Sport Coaching</td><td>Total 7 units:<br>• 3 overlapping with SIS30521<br>• 4 remaining units which cluster and/or align with similar units in SIS30521.</td><td></td></tr>
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# 2. Program Outline

This course is delivered by your program deliverer (trainer and assessor) via a third-party arrangement between Binnacle Training (as the lead RTO) and the school (as the third party).

The program involves developing the skills and knowledge to coach participants up to an intermediate level in a specific sport, and will take place in a range of settings, including the classroom, outdoors and the sport and fitness facilities at the school.

Students work alongside a qualified Trainer (teacher) and other fitness/sport coaches to deliver community-based sport coaching programs to clients (students, teachers, staff) within the school community.

Assessment activities include practical and knowledge tasks throughout the program. Knowledge tasks generally take the form of short-answer quizzes and research tasks that are completed online. Many of the practical tasks will also involve completing an industry document (e.g. Session Plan).

## 2.1. Mode of Delivery

This program uses a blended mode of delivery which includes face-to-face plus online training and assessment such as classroom lessons, digital learning modules, virtual lessons, online and practical assessment.

# 3. LLND and Course Suitability Advice

During pre-enrolment, students will complete an LLND Screening to establish their language, literacy, numeracy and digital literacy skill levels and will be provided with advice about whether the course is suitable for them.

Based on the outcome of this review, the school (on behalf of Binnacle Training) will provide the student with advice regarding the suitability of the training product to each prospective student prior to enrolment being finalised. This process ensures students are fully informed about the program requirements before committing to the course or incurring any associated fees.

The following examples provide a snapshot of the reading, writing, numeracy, oral communication, and digital literacy skills that would be expected in order to satisfy competency requirements:

| | |
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| **Reading** | • Read and understand workplace health and safety policies and procedures.<br>• Interpret safety signs, dangerous goods classifications and safety instructions.<br>• Comprehend documents and texts of varying complexity.<br>• Interpret participant information to identify individual participant needs.<br>• Read and comprehend the workplace policies and procedures manual.<br>• Interpret strength and conditioning training and techniques information.<br>• Interpret sport-specific session plans. |

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| **Writing** | • Use specific, industry related terminology and logical organisational structure in workplace documents that identify and analyse risk and report management process outcomes.<br>• Complete risk management documents using industry-related terminology.<br>• Document modifications to session plans in required detail and format. |
| **Oral Communication** | • Use active listening and questioning to seek and receive feedback.<br>• Ask questions and actively listen to clarify health and safety information and instructions.<br>• Use age-appropriate language to engage participants up to an intermediate level.<br>• Give sport-specific instructions to participants up to an intermediate level.<br>• Ask open and closed questions and actively listen to determine and meet the needs of participants up to an intermediate level.<br>• Interact respectfully with diverse population groups. |
| **Numeracy** | • Use numerical tools to assess risk and use numerical data to review plans.<br>• Interpret numerical information to allocate timeframes to work tasks.<br>• Estimate time and space requirements for sport-specific session activities.<br>• Calculate basic metric measurements to determine resource usage. |
| **Digital Literacy** | • Use familiar digital technologies and systems to access information, prepare plans and communicate with others.<br>• Access the internet to source sport industry information.<br>• Use digital systems and tools to enter, store and monitor information. |

# 4. Fees

Binnacle Training invoices the school directly for the cost of the program. This means that students do not pay any fees directly to Binnacle.

Students should check with their school about fees and payment - it may be set up like other subjects, and there may be additional fees for:

1. Learning resources or textbooks
2. Excursions or site visits
3. Equipment or materials specific to your program.

# 5. Completing Assessments

All assessment resources are online (practical components are completed in a Sport, Fitness and Recreation (SFR) environment e.g. the school oval) and each term has a specific number of assessment tasks.

Assessment completion will be regularly reviewed by the trainer and assessor and if incomplete or not yet satisfactory, it may be necessary to finalise the assessment outside of class time (e.g. during exam block) before the next school term commences.

Completed assessment and associated documentation will be stored online in the Binnacle Lounge for the trainer and assessor to mark (‘Satisfactory’ or ‘Not Yet Satisfactory’).

Students will need to provide/have access to a computer, laptop or tablet device with an internet connection.

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| **1. Student Role (Completing the assessment each term):** | • Complete your knowledge assessments online in your Binnacle Lounge.<br>• Demonstrate the required skills during practical tasks.<br>• Utilise the training resources provided in the respective assessment tab to assist you. |
| **2. Assessor Role (Marking your assessment):** | • Some knowledge assessment items are 'auto-marked' by the Binnacle Lounge learning platform.<br>• Review and mark your other assessment items (e.g. project, practicals, and case studies).<br>• Provide feedback and record the final outcome of each assessment item on the sign-off page for each term. |

# 6. Course Schedule

The table below shows the topics and projects scheduled for delivery and assessment throughout the term.

| YEAR 1 |
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| **TERM 1** | **TOPICS COVERED** |
| | Introduction to the Sport, Fitness and Recreation (SFR) Industry<br>Sustainable Work Practices<br>Performing Research on the SFR Industry |
| | **SPECIFIC PROJECT REQUIREMENTS** |
| | Participating in Conditioning Sessions |
| | **UNITS OF COMPETENCY SCHEDULED FOR COMPLETION** |
| | N/A |

| | |
|---|---|
| **TERM 2** | **TOPICS COVERED** |
| | Introduction to Community Programs<br>Introduction to Conditioning Programs |
| | **SPECIFIC PROJECT REQUIREMENTS** |
| | Community SFR Program (Student Delivery)<br>Participating in Conditioning Sessions (Supervisor Delivery) |
| | **UNITS OF COMPETENCY SCHEDULED FOR COMPLETION** |
| | SISXIND011 Maintain sport, fitness and recreation industry knowledge<br>BSBPEF301 Organise personal work priorities<br>SISSPAR009 Participate in conditioning for sport |

| | |
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| | BSBSUS211 Participate in sustainable work practices<br>BSBPEF202 Plan and apply time management*<br>***This unit will be issued as a separate Statement of Attainment (Subject Only Training)*** |

| | |
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| **TERM 3** | **TOPICS COVERED** |
| | Working in the SFR Industry – Coaching Foundation Level Participants<br>Introduction to Anatomy & Physiology – The Cardiovascular System |
| | **SPECIFIC PROJECT REQUIREMENTS** |
| | Plan and Deliver Group Conditioning Sessions<br>Plan and Deliver a One-on-one Cardio Program |
| | **UNITS OF COMPETENCY SCHEDULED FOR COMPLETION** |
| | HLTWHS001 Participate in workplace health and safety<br>SIRXWHS001 Work safely<br>SISXEMR003 Respond to emergency situations |

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| **TERM 4** | **TOPICS COVERED** |
| | Sport-Specific Coaching Sessions<br>First Aid Course: HLTAID011 Provide First Aid |
| | **SPECIFIC PROJECT REQUIREMENTS** |
| | Sport-Specific Coaching Program |
| | **UNITS OF COMPETENCY SCHEDULED FOR COMPLETION** |
| | SISSSCO002 Work in a community coaching role<br>SISSSCO001 Conduct sport coaching sessions with foundation level participants<br>HLTAID011 Provide First Aid |

**<u>Qualification scheduled for finalisation</u>:**

**SIS20321 CERTIFICATE II IN SPORT COACHING***

*Finalisation of SIS20321 requires completion of HLTAID011 Provide First Aid

Students are provided the option to complete the Certificate II in Sport Coaching only (exit point).

# YEAR 2

| | |
|---|---|
| **TERM 5** | **TOPICS COVERED** |
| | Coaching Intermediate Level Participants<br>Meet Participant Coaching Needs |
| | **SPECIFIC PROJECT REQUIREMENTS** |
| | One-on-One Coaching Program<br>Coaching an Intermediate Level Team |
| | **UNITS OF COMPETENCY SCHEDULED FOR COMPLETION** |
| | SISSSCO003 Meet participant coaching needs<br>SISSSCO012 Coach sport participants up to an intermediate level |

| TERM 6 | TOPICS COVERED |
|---|---|
| | Risk Management<br>Professional Development for Coaches |
| | **SPECIFIC PROJECT REQUIREMENTS** |
| | Round-Robin Tournament |
| | **UNITS OF COMPETENCY SCHEDULED FOR COMPLETION** |
| | SISSSCO005 Continuously improve coaching skills and knowledge<br>BSBOPS403 Apply business risk management processes |

**Qualification scheduled for finalisation:**

**SIS30521 CERTIFICATE III IN SPORT COACHING***

*Finalisation of SIS30521 requires completion of HLTAID011 Provide First Aid

*Please note that this is a guide only.

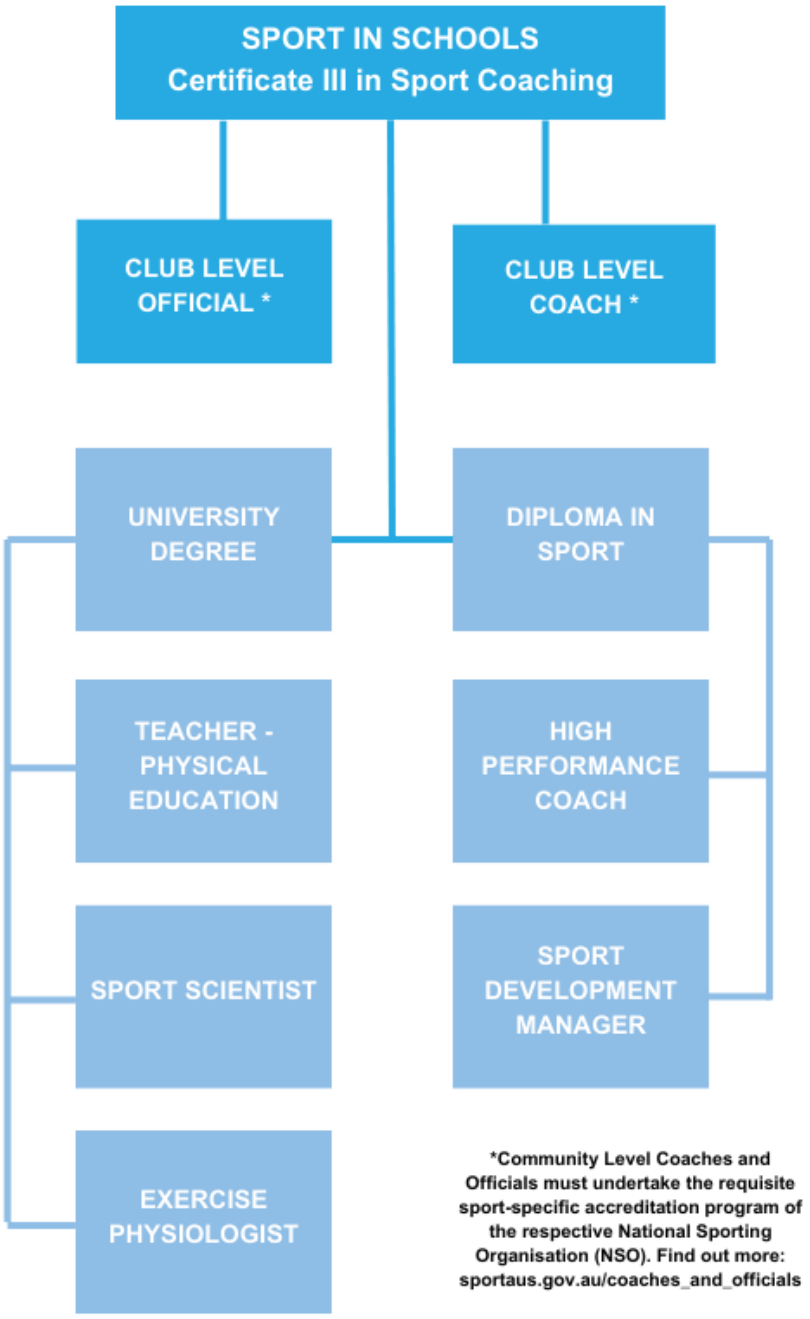
# 7. Units of Competency in this Program

The following table illustrates when units of competency are scheduled for finalisation and their predominant mode of delivery.

| UNIT CODE | UNIT TITLE | SIS20321 Certificate II in Sport Coaching | SIS30521 Certificate III in Sport Coaching | Scheduled for Finalisation |
|---|---|---|---|---|
| SISXIND011 | Maintain sport, fitness and recreation industry knowledge | Imported Elective | N/A | Term 2 |
| BSBPEF301 | Organise personal work priorities | Imported Elective | N/A | Term 2 |
| SISSPAR009 | Participate in conditioning for sport | N/A | Imported Elective | Term 2 |
| BSBSUS211 | Participate in sustainable work practices | N/A | Imported Elective | Term 2 |
| BSBPEF202 | Plan and apply time management | N/A – SOA | N/A – SOA | Term 2 |
| HLTWHS001 | Participate in workplace health and safety | N/A | Core | Term 4 |
| SISXEMR003 | Respond to emergency situations | Listed Elective - Group B | Listed Elective - Group E | Term 4 |
| SIRXWHS001 | Work safely | Core | N/A | Term 4 |
| SISSSCO001 | Conduct sport coaching sessions with foundation level participants | Listed Elective - Group A | N/A | Term 4 |
| SISSSCO002 | Work in a community coaching role | Core | Core | Term 4 |
| HLTAID011 | Provide First Aid | Core | Core | Term 4 |
| SISSSCO003 | Meet participant coaching needs | N/A | Core | Term 5 |
| SISSSCO012 | Coach sport participants up to an intermediate level | N/A | Listed Elective - Group A | Term 5 |
| SISSSCO005 | Continuously improve coaching skills and knowledge | N/A | Core | Term 6 |
| BSBOPS403 | Apply business risk management processes | N/A | Core | Term 6 |

# 8. Pathways

Students who successfully complete the SIS30521 Certificate III in Sport Coaching may explore a Certificate IV in Sport Coaching (SIS40321) or Diploma in Sport Pathway pathway. Binnacle Training will provide training pathway opportunities for consideration as students are approaching course completion. See below.




**Training and Employment Pathways from SIS30521 Certificate III in Sport Coaching**

# 9. Binnacle Training Third-Party Arrangements

As the RTO, Binnacle Training engages individual secondary schools under a third-party arrangement to provide physical and human resources to deliver training and conduct assessment.

**Binnacle Training Responsibilities:** Enrolling students into the VET course, providing online training and assessment, reporting training and assessment outcomes, issuing certificates and testamurs, and ensuring that the VET course is on its scope of registration at all times.

**School Responsibilities (as the third party):** The provision of adequate physical (equipment and facilities) and human resources (program deliverer, i.e., qualified trainer and assessor), and facilitating training and assessment services on behalf of Binnacle Training including the provision of student support services such as language, literacy, numeracy and digital literacy (LLND) assistance, course suitability advice, and student wellbeing.

# 10. Student Enrolment

Student enrolment into the program requires the school to have a current third-party agreement in place.

# 11. Definitions and Interpretations

**Program**. The course(s) or qualification(s) in its entirety.

**Registered Training Organisation (RTO).** A training organisation that has authorisation to train and assess nationally recognised qualifications on its scope of registration.

**School (third party).** The secondary school/college that is providing the physical and human resources to deliver training and conduct assessment on behalf of, and in the name of, Binnacle Training as the external RTO.

**Training Product.** Any qualification, unit of competency, or group of competencies packaged together as a Binnacle Program.

For further information please access the Program Disclosure Statement in full.