

TRAINING AND ASSESSMENT STRATEGY

Name of RTO	Binnacle Training College Pty Ltd
RTO Number	31319

Training Program	2026 Certificate III Sport, Aquatics and Recreation (6.5 Terms)			
Program Details	SIS30122 Certificate III in Sport, Aquatics and Recreation (Standalone Qualification)			
Training Package	Code	SIS	Title	Sport, Fitness and Recreation
	<p><u>PACKAGING RULES:</u></p> <p>SIS30122 CERTIFICATE III IN SPORT, AQUATICS AND RECREATION</p> <p><u>15 units must be completed</u>, as follows:</p> <ul style="list-style-type: none"> • 6 core units • 9 elective units, consisting of: <ul style="list-style-type: none"> ▪ 7 units from the listed elective units ▪ 2 units from the listed elective units, elsewhere in the SIS Training Package, or from any other current training package or accredited course. 			
Training Package Location	Training Package Release #	6.1	Release Date	24/03/2025
	<p>Go to details of certificate packaging rules on TGA: https://training.gov.au/Training/Details/SIS30122</p> <p>Download Training Package from TGA: https://training.gov.au/Training/Details/SIS</p> <p>Download Companion Volume implementation guide: https://training.gov.au/api/files/org/fec7c7a5-b863-4b1d-be4c-c1024a8ebf6d/322f03bd-03b8-454b-aca2-2ba3f102446c.pdf</p>			
	1	<p><u>Code:</u> SIS30122 <u>Title:</u> Certificate III in Sport, Aquatics and Recreation</p> <p><u>Qualification Release #:</u> 1</p> <p><u>Release Date:</u> 13/12/2022</p>		

UNIT CODE	UNIT TITLE	SIS30122 Certificate III in Sport, Aquatics and Recreation	Scheduled for Finalisation	Qualified Trainer and Assessor	Evidence Gathering Techniques	Training & Assessment Arrangements (Fee for Service)
SISXIND011	Maintain sport, fitness and recreation industry knowledge	Core	Term 2	Teacher (T-P)	A, C, D	Sole trainer and assessor (Teacher facilitated face-to-face delivery) – under the support of the Binnacle Program Management (PM) Team.
BSBPEF301	Organise personal work priorities	Elective - Listed	Term 2	Teacher (T-P)	A, C, D	
SISSPAR009	Participate in conditioning for sport	Elective - Listed	Term 2	Teacher (T-P)	A, C, D	
HLTWHS001	Participate in workplace health and safety	Core	Term 4	Teacher (T-P)	A, C, D	
SISXCCS004	Provide quality service	Core	Term 4	Teacher (T-P)	A, B, C, D	
SISXFAC006	Maintain activity equipment	Core	Term 4	Teacher (T-P)	A, B, D	
SISXEMR003	Respond to emergency situations	Core	Term 4	Teacher (T-P)	A, C, D	
HLTAID011	Provide First Aid	Elective - Listed	Term 4	Teacher (T-P)	A, B, C, D	
HLTAID009	Provide cardiopulmonary resuscitation	Elective - Listed	Term 4	Teacher (T-P)	A, B, C, D	
BSBWHS308	Participate in WHS hazard identification, risk assessment and risk control processes	Core	Term 5	Teacher (T-P)	A, C, D	
SISXPLD002	Deliver recreation sessions	Elective - Listed	Term 6	Teacher (T-P)	A, C, D	
SISSSCO001	Conduct sport coaching sessions with foundation level participants	Elective - Listed	Term 6	Teacher (T-P)	A, B, C, D	
BSBPEF302	Develop self-awareness	Elective - Imported	Term 6	Teacher (T-P)	A, C, D	
BSBTWK201	Work effectively with others	Elective - Imported	Term 7	Teacher (T-P)	A, D	
SISXPLD004	Facilitate groups	Elective - Listed	Term 7	Teacher (T-P)	A, C, D	
BSBSUS211	Participate in sustainable work practices	Additional units completed which will be reported on the Statement of Attainment	Term 2	Teacher (T-P)	A, C, D	Sole trainer and assessor (Teacher facilitated face-to-face delivery) – under the support of the Binnacle Program Management (PM) Team.
BSBPEF202	Plan and apply time management		Term 2	Teacher (T-P)	A, C, D	
SISOFLD001	Assist in conducting recreation sessions		Term 4	Teacher (T-P)	A, C, D	

OPTIONAL ADDITIONAL TERM 7 PART 2 ADD-ON

UNIT CODE	UNIT TITLE	SIS30321 Certificate III in Fitness	Scheduled for Finalisation	Qualified Trainer and Assessor	Evidence Gathering Techniques	Training & Assessment Arrangements (Fee for Service)
SISXIND009	Respond to interpersonal conflict	Elective - Listed	Term 7	Teacher (T-P)	A, B, C, D	Sole trainer and assessor (Teacher facilitated face-to-face delivery) – under the support of the Binnacle Program Management (PM) Team.
HLTAID010	Provide basic emergency life support	Elective - Imported	Term 7	Teacher (T-P)	A, D	
SIRXWHS001	Work safely	Elective - Imported	Term 7	Teacher (T-P)	A, C, D	
BSBOPS304	Deliver and monitor a service to customers	Core	Term 7	Teacher (T-P)	A, B, C, D	
<p>NOTE: The optional '4 Week Add-On' Term 7 contains four units of competency (as new learning). One of these (HLTAID010) is nested within the nationally recognised First Aid unit of competency (HLTAID011 Provide First Aid). These four units will be reported to the qualification: SIS30321 Certificate III in Fitness (partial completion only) to be eligible for an additional 2 QCE credits (with a maximum of 8 QCE credits from the same training package contributing to a QCE). Please contact Binnacle Training if you wish to explore further options.</p>						
<p><u>HLTAID011</u> Either delivered via the Binnacle Program with the Teacher as Trainer/Assessor (additional physical and human resource requirements of school); or delivered by an external provider as arranged by individual schools. HLTAID011 delivered as 'Fee-for-service' only i.e. not under Binnacle Training's SAS Agreement.</p>		<p><u>EVIDENCE GATHERING TECHNIQUES</u> The following matrix identifies the type of evidence that may be collected to enable judgements to be made about a student's success in units of competency. Evidence gathering techniques may be adjusted to best suit the unit of competency requirements. Students may submit evidence to gain RPL for competencies.</p>			<u>EVIDENCE KEY</u>	
					A	Quiz and short answer
					B	Case studies and scenarios
					C	Project tasks
					D	Major programs and practicals

<p>Binnacle-School Third-Party Arrangement</p>	<p>This Binnacle Training Program is delivered via a third-party arrangement with individual schools.</p> <p>Binnacle Training (Lead RTO) – Responsibilities:</p> <ul style="list-style-type: none"> ☐ Provision of all requisite training and assessment resources, plus online learning – via Learning Management System (Binnacle Lounge). ☐ Ongoing program support, including dedicated Program Manager and Administration Officer. ☐ Outcomes of training and assessment. <p>School (Third-Party) Responsibilities:</p> <ul style="list-style-type: none"> ☐ Human Resources (Program Deliverer and at least one nominated back-up deliverer) ☐ Physical Resources (equipment and facilities) ☐ Facilitation of training and assessment services, on behalf of Binnacle Training as the RTO. <p>School and cohort-specific information will be collected, and approved via Third-Party Monitoring Processes conducted by Binnacle Training.</p>
<p>Target Group</p>	<p>This program is offered to senior high school students (commencing in Year 10 or Year 11) wanting to:</p> <ul style="list-style-type: none"> • seek skills and an entry-level qualification for the Sport, Fitness & Recreation (SFR) industry; and • use the qualification as an articulation into: <ul style="list-style-type: none"> – a higher certification (e.g. Diploma of Sport); or – University (e.g. Bachelor of Sport & Exercise Science). <p><u>QLD SCHOOLS</u></p> <p>This Program is packaged into a 6.5-Term format plus an optional '4 Week Add-On'. The qualification SIS30122 Certificate III in Sport, Aquatics and Recreation derives a maximum of 6 credits towards the Queensland Certificate of Education (QCE).</p> <p>8 QCE credits can be derived if the optional '4 Week Add-On' in Term 7 is completed. The '4 Week Add-On' comprises 4 units of competency (new learning). These 4 units will be undertaken as part of, and reported to the separate qualification: SIS30321 Certificate III in Fitness (partial completion only). For students who successfully complete the Certificate III in Sport, Aquatics and Recreation (Terms 1-6.5) plus the '4 Week Add-On' in Term 7 as 'new learning', this will derive the maximum 8 QCE credits from the same training package.</p>
<p>Entry Requirements</p>	<p>There are no formal training package entry requirements for this qualification.</p>
<p>Learning and Assessment Arrangements</p>	<p><u>DURATION</u></p> <p>The program content has been packaged into <u>6.5 terms</u> [based on delivery across one line on the timetable (minimum 3 lessons per week, i.e. 210 minutes per week) over 2 years]. This is consistent with the AQF volume of learning guidelines and can be adjusted depending on the learner cohort and individual students.</p> <p>A blended-delivery model will be used whereby students will have access to:</p> <ul style="list-style-type: none"> • Trainer-led classroom delivery of content. • Self-directed learning modules. • Practical skill development reflective of workplace tasks. • Online modules that house learning content (within the Binnacle Lounge). • Assessment activities to be completed online within the Binnacle Lounge. • Assessment activities and projects to be completed in the classroom and/or student-led environment. • Participation in an Industry Discovery – at an SFR-related workplace (recommended, however, not compulsory). <p>This program uses single unit and clustered assessment.</p>

	<p>Assessment and training will be conducted at the school. Assessment methodologies will vary according to specific requirements of the Units of Competency. A range of methods will be used, including:</p> <ul style="list-style-type: none"> • Knowledge quizzes, short answer questions and other project/case study reports. • Skills demonstrations, reports, documents, observations. • Simulated assessment environment (SFR-related industry) – located at the school - for demonstration of skills (practical observations). <p>Under supervision, students will instruct a range of SFR programs members of the school community (peers and other students e.g. lower year levels).</p> <p>There is also an element of self-study (formative activities scheduled for students to undertake outside of class time). These activities are used by students to enhance their understanding of the content and are undertaken prior to assessment for that particular module or topic of study.</p> <p>Additional practical work-related experience is undertaken by students across the program. While some of these hours may be achieved during devoted class lessons, due to the nature of SFR programs some practical experience may be undertaken outside of these class hours.</p>
Learning and Assessment Arrangements	<p><u>ORGANISATION</u></p> <p>The program will be delivered using class-based learning as well as a real SFR environment located at the school which involves delivering a range of SFR programs to adolescent and child participants.</p> <p>A range of teaching and learning strategies will be used to deliver the competencies including:</p> <ul style="list-style-type: none"> • Practical tasks • Client interactions • Group work • Programs within the school (generally a minimum of two different SFR programs per term) • Practical experience within the school and outside of the school <p>Evidence contributing towards each competency will be collected throughout the program. This evidence will be used to make judgements of competency that are aligned with, and reflect, the requirements of each unit of competency.</p>
Learning and Assessment Arrangements	<p><u>LANGUAGE, LITERACY, NUMERACY AND DIGITAL LITERACY ASSISTANCE</u></p> <p>Support is available to all students and can be organised - through the deliverer - on a case-by-case and as needed basis throughout the program.</p> <p>‘Reasonable adjustment’ is offered for most assessment items. This is indicated in the assessment table at the top of each assessment and is allocated based on the unit of competency requirements.</p>
Learning and Assessment Arrangements	<p><u>OPPORTUNITY FOR RPL AND CREDIT TRANSFER</u></p> <p>Recognition of Prior Learning (RPL) is an assessment process that evaluates an individual’s informal learning to determine the extent to which that individual has achieved the required competency outcomes.</p> <p>Credit Transfer is applying credit for a unit of competency that has previously been completed (successfully) by a student. Credit Transfer is offered both at enrolment and throughout the training program. A verified copy of the student’s Qualification and/or Statement of Attainment listing the units of competency that have previously been completed is required as evidence for Credit Transfer.</p> <p>Both RPL and Credit Transfer are available to students. Due to students being of high school age, usually with limited prior qualifications or work history, students typically undergo a train-to-assess pathway. An RPL assessment pathway will require verifiable evidence of a student’s prior learning (e.g. Statement of Attainment for previously completed superseded units).</p>
Learning and Assessment Arrangements	<p>COURSE STRUCTURE</p>

	TERM 1	<u>Topics:</u> <ul style="list-style-type: none"> Introduction to the Sport, Fitness and Recreation (SFR) Industry <u>Programs:</u> <ul style="list-style-type: none"> Assist with SFR Programs (Supervisor Delivery)
	TERM 2	<u>Topics:</u> <ul style="list-style-type: none"> Introduction to Community Programs Introduction to Conditioning Programs <u>Programs:</u> <ul style="list-style-type: none"> Community SFR Program (Student Delivery) Participate in Conditioning Sessions (Supervisor Delivery)
	TERM 3	<u>Topics:</u> <ul style="list-style-type: none"> Working in the SFR Industry - WHS and Provide Quality Service Introduction to Anatomy and Physiology - The Cardiovascular System <u>Programs:</u> <ul style="list-style-type: none"> Plan and Deliver Group Conditioning Sessions Plan and Deliver a One-on-one Cardio Program
	TERM 4	<u>Topics:</u> <ul style="list-style-type: none"> Introduction to Anatomy and Physiology - The Musculoskeletal System First Aid Course: HLTAID011 Provide First Aid <u>Programs:</u> <ul style="list-style-type: none"> Recreation Group Exercise Program

Learning and Assessment Arrangements	TERM 5	<u>Topics:</u> <ul style="list-style-type: none"> Delivering Outdoor Recreation Sessions <u>Programs:</u> <ul style="list-style-type: none"> Deliver Outdoor Recreation Sessions
	TERM 6	<u>Topics:</u> <ul style="list-style-type: none"> Sport-Specific Coaching Program Developing Self-Awareness <u>Programs:</u> <ul style="list-style-type: none"> Plan and Deliver a Sport Development Program Plan and Deliver a Community Recreation Session for Children
	TERM 7 (PART 1)	<u>Topics:</u> <ul style="list-style-type: none"> Round-Robin Tournaments Working Effectively with Others <u>Programs:</u> <ul style="list-style-type: none"> Plan and Deliver a Round-Robin Tournament <p><i>The Certificate III in Sport, Aquatics and Recreation (SIS30122) is scheduled to be finalised at the end of Term 7 Part 1.</i></p>
	OPTIONAL TERM 7 (PART 2)	<u>Topics:</u> <ul style="list-style-type: none"> Officiating Sports Working Safely in an SFR Environment <u>Programs:</u> <ul style="list-style-type: none"> Officiate Modified Games Role-play Conflict Scenarios <p>The optional '4 Week Add-On' in Term 7' contains four units of competency (as new learning). These four units will be undertaken as part of, and reported to, the qualification: SIS30321 Certificate III in Fitness (partial completion only).</p>

Learning Resources	Students are provided with a full Course Content kit that is specific to each term of study which includes: <ul style="list-style-type: none"> Unit Plan Learner Companions
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	<ul style="list-style-type: none"> • Learner Modules • Online Activities • Exercise Bank • Videos • Work templates and other work-related documents (e.g. policy manuals)
Practical Experience	Students will undertake a variety of practical training experiences (i.e. training participants of varying experience and skill level in a range of sports) across the program.
School Physical Resource Requirements	<p>Students must have access to all physical resources (either individually or through resources supplied by the school).</p> <p>Refer to: School Physical Resource Requirements</p>
Teacher Human Resource Requirements	<p>Refer to: Human Physical Resource Requirements</p> <p>Nominated trainer/s are listed against each unit of competency required to be completed in order for the student to achieve the qualification.</p>
Pathways	<p>The Certificate III in Sport, Aquatics and Recreation will be used predominantly by students seeking to enter the SFR industry and/or as an alternative entry into University.</p> <p>QLD SCHOOLS: Graduates may be able to use their Certificate III in Sport, Aquatics and Recreation to improve their chances of gaining tertiary entrance. Students eligible for an Australian Tertiary Admission Rank (ATAR) may be able to use their completed Certificate III to contribute towards their ATAR. For further information please visit https://www.qcaa.qld.edu.au/parents-carers/senior-secondary.</p> <p>Students may also choose to continue their study by completing a higher-level SFR qualification (e.g. Diploma of Sport) through another Registered Training Organisation.</p>
LLND	<p>A Language, Literacy, Numeracy and Digital Literacy (LLND) Screening process is undertaken prior to enrolment to provide students with course suitability advice.</p> <p>The ACSF (Australian Course Skills Framework) levels identified within the units of competency for this short course are:</p> <ul style="list-style-type: none"> • Learning = 4 • Reading = 3 • Writing = 3 • Oral Communication = 3 • Numeracy = 3 <p>The DLSF (Digital Literacy Skills Framework) outlines the digital literacy performance levels required to use digital technologies for personal, educational and employment goals.</p>
AVETMISS Reporting	<p>Students are enrolled in the relevant units of competency and the results are forwarded at the end of each term (as a minimum) to the Queensland Department of Trade, Employment and Training (DTET) indicating if competency has been attained or is continuing. Binnacle Program Management and Administration staff verify that accurate and up-to-date information is recorded.</p> <p>QLD SCHOOLS: Permission is provided to DTET for student results to be forwarded to the Queensland Curriculum & Assessment Authority (QCAA).</p>