



# 2026 BOARDING SCHOOLS BROCHURE

Proudly working with:



SPORT, FITNESS & RECREATION

FIRST AID & CPR



**Binnacle  
Training**  
RTO CODE 31319



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# CONTENTS

<b>OUR STORY</b>	3
<b>WHY STUDY WITH BINNACLE TRAINING?</b>	4
<b>REQUIREMENTS OF A TRAINER AND ASSESSOR</b>	6
<b>VET AND INDUSTRY QUALIFICATION REQUIREMENTS</b>	7
<b>SPORT, FITNESS &amp; RECREATION PROGRAMS</b>	10
SIS20122 Certificate II in Sport and Recreation	12
SIS20321 Certificate II in Sport Coaching	14
SIS30122 Certificate III in Sport, Aquatics and Recreation + SIS20122 Certificate II in Sport and Recreation	16

# OUR STORY

Since our inception, Binnacle Training has been 100% devoted to providing Secondary Schools and Colleges with the support and teaching resources required to 'Make Life Easier for Teachers'.

We have always been driven by one ethos, to make our programs easy to deliver, **ALLOWING TEACHERS TO TEACH.**

Our experience in the education field is what gives us the edge. We understand the daily challenges that teachers face and are single-minded about ensuring you have the space, resources, support and skills (through first-class professional development) to thrive.

We are proud to be partnering with over 250 Secondary Schools, working with 800+ teachers, and offering over 15 nationally recognised courses custom-built for schools, across five Program Areas: Sport and Recreation, Fitness, Business, Tourism and First Aid.

Our growing team occupies three office locations to best uphold our reputation for outstanding service and providing 'great teacher experiences'.

## OUR MISSION

We are leaders in Vocational Education in Schools, enabling teachers with quality programs and support; equipping students with skills to navigate a successful future.

## OUR VISION

To unlock the true potential of Australian Secondary Schools and provide quality Vocational Education to every student.



# WHY STUDY WITH BINNACLE TRAINING?

Binnacle Training are leaders in VET in Schools, enabling teachers with quality programs and support, equipping students with skills to navigate a successful future. We are united in our commitment to 'raising the bar' with the following highlights showcasing our impressive record to date:

MORE THAN  
**19 YEARS**

Of experience  
delivering VET in  
Schools as a company

OVER 250  
**BINNACLE  
PARTNER**

Secondary Schools

**5**  
**PROGRAM AREAS**

Sport and Recreation,  
Fitness, Business,  
Tourism and First Aid

**15,000**  
**ACTIVE STUDENTS**  
Approximately each year

**OVER 15**  
**NATIONALLY  
RECOGNISED COURSES**  
Offered each year

**22 COLLECTIVE  
YEARS DELIVERING  
BINNACLE PROGRAMS**

Our Program Managers  
have firsthand experience  
delivering our programs in  
Secondary Schools

**91%**  
**COMPLETION RATE**  
Of Student courses

**4 OFFICE  
LOCATIONS**

Brisbane, Ipswich,  
Rockhampton and  
Townsville

**OVER 800  
TEACHERS SERVING**

Secondary Schools  
across Queensland  
and the ACT

**MORE THAN 500  
ACTIVE CLASSES**

Across Queensland  
and the ACT

# REAL SKILLS FOR REAL CAREERS

## **CUSTOM-BUILT STUDENT & TEACHER FRIENDLY**

Online Learning  
Management System  
(LMS)

## **FIRST-CLASS PROFESSIONAL DEVELOPMENT FOR TEACHERS**

Workshops, Industry  
Workplace Visits, Webinars,  
Masterclasses and ViSC  
Conference

## **DEDICATED TEACHER SUPPORT TEAM**

Direct access to your  
dedicated Program  
Management & Administration  
Support Team

## **ALL TEACHING & ASSESSMENT**

RESOURCES PROVIDED  
Within the Binnacle  
Lounge

## **FLEXIBLE & STUDENT FRIENDLY PROGRAMS**

1, 2 and 3-Year  
Pathways

## **CERTIFICATE PROGRAMS PURPOSE BUILT FOR SCHOOLS**

For Secondary Schools  
(Years 10-12) by Industry and  
Education Experts

## **CUSTOM-BUILT STUDENT & TEACHER FRIENDLY BINNACLE LOUNGE**

## **PRACTICAL AND PROJECT BASED LEARNING**

Assisting students to  
acquire key enterprise skills  
for the future world of work

## **LIVE & REAL-TIME PROGRESS REPORTING**

Student Feedback and  
Progress Reporting - take the  
stress out of teacher marking

# REQUIREMENTS OF A TRAINER AND ASSESSOR

As the nominated Trainer and Assessor, each Binnacle Program Deliverer (i.e. Teacher) must hold a current Certificate IV in Training and Assessment (TAE), or approved Skill Set for registered Secondary School Teachers; the relevant industry qualification (e.g. Certificate III or higher such as an Industry-related degree); and demonstrate vocational competence

specific to EACH unit within the qualification(s) they are set to deliver.

Binnacle has developed a customised Vocational Competence Update (or VCU) which streamlines the process for our teachers to demonstrate their vocational competence.

TAE

INDUSTRY QUALIFICATION

VCU

## TAE REQUIREMENT

Hold the Certificate IV in Training and Assessment (TAE40116 or its successor TAE40122), or an Approved Skill Set (for Secondary School Teachers)

### Hold the TAE40110 Certificate IV in Training and Assessment, plus the 2 core units from the TAE40116:

- › Address adult language, literacy and numeracy (LLN) skills (TAELLN411 or equivalent);
- › Design and develop assessment tools (TAEASS502 or equivalent)

**Or hold a diploma or higher qualification in 'adult' education**

TAE must be uploaded to your Binnacle Profile

## INDUSTRY QUALIFICATION AND VCU REQUIREMENT:

Have vocational competencies (skills and knowledge) at least to the level being delivered and assessed. **Must:**

- › Hold each unit of competency (including electives); **OR**
- › Demonstrate 'equivalence' to each unit of competency - by obtaining Third Party Verification from a nominated workplace supervisor (per unit)

Vocational Competence Update – demonstration of vocational competence specific to each unit comprising the qualification(s) being delivered

**- Free, 100% online, provided by Binnacle**

**- Industry Qualification required prior to VCU**

- › Used to support your 'demonstration of equivalence'
- › Must be at the same, or higher qualification level
- › Some qualifications e.g. Certificate III in Fitness require the Assessor to hold a higher qualification (i.e. Certificate IV in Fitness)

Industry Qualification must be uploaded to your Binnacle Profile prior to commencement of the VCU

## SPORT, FITNESS &amp; RECREATION COURSES

# VET AND INDUSTRY QUALIFICATION REQUIREMENTS

SIS30122 CERTIFICATE III IN SPORT, AQUATICS AND RECREATION (STANDALONE AND DUAL QUALIFICATION)  
 SIS20122 CERTIFICATE II IN SPORT AND RECREATION  
 SIS20321 CERTIFICATE II IN SPORT COACHING

<b>Certificate IV in Training and Assessment</b>	<p><b>All Binnacle program deliverers must meet <u>one</u> of the following trainer and assessor requirements prior to the commencement of delivery:</b></p> <ol style="list-style-type: none"> <li>1. <u>Minimum Requirement:</u> Holds a teaching degree (which enables registration as a secondary school teacher) plus holds <u>one</u> of the following TAE Skill Sets (cluster of units in partial completion of TAE40122):           <ul style="list-style-type: none"> <li>• TAESS00019 Assessor Skill Set; or</li> <li>• TAESS00024 VET Delivered to Secondary Students Teacher Enhancement Skill Set</li> </ul> </li> <li>2. Holds a full Certificate IV in Training and Assessment (TAE40122, TAE40116 or TAE40110*)            * If using the TAE40110 qualification, two core units must also be held:           <ul style="list-style-type: none"> <li>• TAEASS502 Design and develop assessment tools (or equivalent); and</li> <li>• TAEELN411 Address adult language, literacy and numeracy (LLN) skills (or equivalent)</li> </ul> </li> <li>3. Holds a Diploma (or higher qualification) in 'adult' education.</li> </ol> <p><b>Specific to 'New Deliverers':</b> If you are not currently a qualified Trainer and Assessor but hold a secondary teaching degree, you may be able to 'Work Under Supervision' if enrolled in, and working towards completion of, a Certificate IV in Training and Assessment.</p>
<b>Industry Qualification</b>	<p><b>The program deliverer must hold an industry qualification (at the qualification level or higher) and/or degree in that industry area. (Education Degree with Physical Education major can suffice)</b></p>
<b>Vocational Competence</b>	<p>Program deliverers are required to complete a (free) non-accredited Vocational Competence Update (VCU) which is used to demonstrate current knowledge and skills specific to each unit of competency within the qualifications being delivered. Deliverers will need to either hold the unit of competency OR demonstrate equivalence (in skills and knowledge) using verifiable evidence (third party verification from a nominated supervisor).</p> <p><b>Certificate II in Sport Coaching ONLY</b> - Hold a sport-specific or Community Coaching Certificate (minimum level 1) provided by either an accredited or non-accredited training provider (must have been issued in the previous 3 years).</p> <p><b>Certificate II in Sport and Recreation ONLY</b> - Demonstrate you have a collective period of at least 3 years' experience as a recreational activities leader, guide or instructor; the 3 years' experience can incorporate full and/or part time experience.</p>

## FIRST AID &amp; CPR COURSES

# VET AND INDUSTRY QUALIFICATION REQUIREMENTS

	HLTAID011 PROVIDE FIRST AID	HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATION
<b>Certificate IV in Training and Assessment</b>	<p><b>All Binnacle program deliverers must meet <u>one</u> of the following trainer and assessor requirements prior to the commencement of delivery:</b></p> <ol style="list-style-type: none"> <li>1. <u>Minimum Requirement:</u> Holds a teaching degree (which enables registration as a secondary school teacher) plus holds <u>one</u> of the following TAE Skill Sets (cluster of units in partial completion of TAE40122): <ul style="list-style-type: none"> <li>• TAESS00019 Assessor Skill Set; or</li> <li>• TAESS00024 VET Delivered to Secondary Students Teacher Enhancement Skill Set</li> </ul> </li> <li>2. Holds a full Certificate IV in Training and Assessment (TAE40122, TAE40116 or TAE40110*) <ul style="list-style-type: none"> <li>* If using the TAE40110 qualification, two core units must also be held: <ul style="list-style-type: none"> <li>• TAEASS502 Design and develop assessment tools (or equivalent); and</li> <li>• TAEELN411 Address adult language, literacy and numeracy (LLN) skills (or equivalent)</li> </ul> </li> </ul> </li> <li>3. Holds a Diploma (or higher qualification) in 'adult' education.</li> </ol> <p><b>Specific to 'New Deliverers':</b> If you are not currently a qualified Trainer and Assessor but hold a secondary teaching degree, you may be able to 'Work Under Supervision' if enrolled in, and working towards completion of, a Certificate IV in Training and Assessment.</p>	
<b>Industry Qualification</b>	<p><b>The program deliverer must hold a current Provide First Aid Certificate (within 3 years) and CPR Certificate (within 12 months).</b></p>	
<b>Vocational Competence</b>	<p>First Aid program deliverers are required to complete a (free) non-accredited Vocational Competence Update (VCU) each year, specific to the nationally recognised First Aid unit of competency: HLTAID011 Provide First Aid.</p> <p>The First Aid VCU is designed so that Binnacle program deliverers can demonstrate their recent First Aid work history using a Statement of Service which is verified electronically by a nominated third party (person).</p> <p><b>This VCU will also include PD to satisfy Binnacle Training's annual Industry and VET PD requirements for First Aid program deliverers.</b></p>	



## SPORT, FITNESS AND RECREATION PROGRAMS

# SCHOOL PHYSICAL RESOURCE REQUIREMENTS

SCHOOL PHYSICAL RESOURCE REQUIREMENTS	CERTIFICATE PROGRAMS		
	SIS20122 Certificate II in Sport and Recreation	SIS20321 Certificate II in Sport Coaching	SIS30122 Certificate III in Sport, Aquatics and Recreation (with optional SIS20122 Certificate II in Sport and Recreation)
<b>Sport and Recreation facilities and equipment – located at the school.</b>			
Personal computers with word processing software (e.g. Microsoft Office - documents, spreadsheets, and presentations), internet access and browser, PDF reader, email application, ability to record/upload photo and video evidence.	✓	✓	✓
Activity-specific resources and equipment appropriate for: one or more specific sports plus one or more specific recreation (non-sporting) activities	✓	✓	✓
Repair equipment and maintenance tools, equipment, and consumable resources (e.g. ball pumps, cleaning equipment); including access to: manufacturer instructions for repair and maintenance of activity equipment, template repair and maintenance records, reports and fault.	✓	N/A	✓
Workplace Health and Safety (WHS) equipment and resources, including Personal Protective Equipment (PPE) relevant to the workplace.	✓	✓	✓
Communication equipment (e.g. mobile phone, two-way radio) for emergency response.	✓	✓	✓
First aid kit - equipment and consumables suitable to replicate industry standards of operation.	✓	✓	✓
Emergency and rescue equipment specific to the recreation activity and environment, including, but not limited to, communication equipment, PPE, whistles/torches.	✓	N/A	N/A
Sport-specific training or competition environment e.g. facilities such as sporting fields, sports halls.	✓	✓	✓
Facilities and events where a range of sport-specific officiating and coaching activities can be conducted by students.	✓	✓	✓
Access to individuals (these individuals may be class peers who participate in simulated activities, set up for the purpose of assessment) with whom the student will interact to respond to conflict.	N/A	N/A	N/A
Access to 'coach supervisors and foundational level participants'.	✓	✓	✓
Access to 'primary school (or junior secondary) participants' for the two consecutive community sessions.	N/A	N/A	✓
Access to 'coach supervisors and intermediate level participants'.	N/A	✓	N/A
Workplace Health and Safety (WHS) emergency response and first aid procedures for one or more specific sports.	✓	✓	✓

# SPORT, FITNESS & RECREATION PROGRAMS

**1, 2 AND 3-YEAR PATHWAYS  
(YEAR 10, 11 AND 12)**



**Binnacle**  
Training

RTO CODE 31319

# CERTIFICATE II & III COURSES



## **SIS20122 Certificate II in Sport and Recreation**

1-Year Format



## **SIS20321 Certificate II in Sport Coaching**

1-Year Format



## **SIS30122 Certificate III in Sport, Aquatics and Recreation + SIS20122 Certificate II in Sport and Recreation**

2-Year Format

**VISIT PROGRAMS FOR SCHOOLS** 

The information in this 2026 Course Snapshot is current at the time of publishing and should be used as a guide only.



## 2026 EDITION

# SIS20122 CERTIFICATE II IN SPORT AND RECREATION

Binnacle Training (RTO Code 31319)

Proudly working with:



## HOW DOES IT WORK

This qualification reflects the role of individuals who assist with the delivery of sport and recreation activities and who complete a range of customer contact duties.

Students participate in the delivery of a range of sport and recreation activities and programs within the school.

Available with a 'General' or 'Sport Specialty' Coaching outcome - AFL, NRL, Netball, Rugby Union or Choose Your Own Sport!

## WHAT DO STUDENTS ACHIEVE?

- › SIS20122 Certificate II in Sport and Recreation (Maximum 4 QCE Credits)
- › Community Coaching - Essential Skills Course (non-accredited), issued by [Australian Sports Commission](#)
- › Direct pathway into SIS30122 Certificate III in Sport, Aquatics and Recreation (or SIS30321 Certificate III in Fitness)
- › Recommended 'Optional' Additional Training - The nationally recognised First Aid competency - HLTAID011 Provide First Aid

## SKILLS ACQUIRED

- › Officiating games or school competitions
- › Coaching beginner participants to develop fundamental skills
- › Effective communication skills
- › Providing quality service to participants

## CAREER PATHWAYS



## FLEXIBLE PROGRAMS

## PRACTICAL-BASED LEARNING

## RESOURCES PROVIDED



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# SIS20122 CERTIFICATE II IN SPORT AND RECREATION

Registered Training Organisation:  
**Binnacle Training (RTO 31319)**

## Delivery Format:

1-Year Format

## Timetable Requirements:

1-Timetabled Line

## Units of Competency:

10 (6 Core Units, 4 Elective Units)

## Suitable Year Level(s):

Year 10 (or Year 11 or 12)

## Study Mode:

Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience

## Cost (Fee-For-Service):

**\$395.00** per person (+ optional First Aid **\$75.00**)

## QCE Outcome:

Maximum 4 QCE Credits

TERM 1	TOPICS
	› Introduction to the Sport, Fitness and Recreation (SFR) Industry
TERM 2	PROGRAMS
	› Assist with SFR Programs (Supervisor Delivery)
TERM 3	TOPICS
	› Introduction to Community Programs › Introduction to Conditioning Programs
TERM 4	PROGRAMS
	› Community SFR Program (Student Delivery) › Participate in Conditioning Sessions (Supervisor Delivery)
TERM 3	TOPICS
	› Working in the SFR Industry - WHS and Provide Quality Service › Introduction to Anatomy and Physiology - The Cardiovascular System
TERM 4	PROGRAMS
	› Plan and Deliver Group Conditioning Sessions › Plan and Deliver a One-on-one Cardio Program
TERM 4	TOPICS
	› Introduction to Anatomy and Physiology - The Musculoskeletal System › First Aid Course: HLTAID011 Provide First Aid (Optional Additional)
TERM 4	PROGRAMS
	› Recreational Group Exercise Program

The school has entered a Third Party Agreement and will be recruiting prospective VET students, providing student support services, and conducting training and assessment on behalf of Binnacle Training.

A Language, Literacy, Numeracy and Digital Literacy (LLND) screening process is undertaken as part of pre-enrolment in order to provide advice to students on the suitability of the training product.

UNITS OF COMPETENCY	
SISXIND011	Maintain sport, fitness and recreation knowledge
BSBPEF202	Plan and apply time management
BSBPEF301	Organise personal work priorities
BSBSUS211	Participate in sustainable work practices
SISSPAR009	Participate in conditioning for sport
HLTWHS001	Participate in workplace health and safety
SISXFAC006	Maintain activity equipment
SISOFLD001	Assist in conducting recreation sessions
SISXCCS004	Provide quality service
SISXEMR003	Respond to emergency situations
HLTAID011	Provide First Aid (Optional Additional)

## 2026 EDITION

# SIS20321 CERTIFICATE II IN SPORT COACHING

Binnacle Training (RTO Code 31319)

Proudly working with:



## HOW DOES IT WORK

This qualification provides a pathway to work in assistant coaching roles working or volunteering at community-based sports clubs and organisations in the Australian sport industry.

Individuals with this qualification use a range of basic coaching skills to engage participants in a specific sport. They work under the supervision of a coach.

Available with a 'General' or 'Sport Specialty' Coaching outcome - AFL, NRL, Netball, Rugby Union or Choose Your Own Sport!

## WHAT DO STUDENTS ACHIEVE?

- › SIS20321 Certificate II in Sport Coaching (max. 4 QCE Credits)
- › The nationally recognised First Aid competency - HLTAID011 Provide First Aid
- › Community Coaching - Essential Skills Course (non-accredited), issued by [Australian Sports Commission](#)
- › Direct pathway into SIS30321 Certificate III in Fitness or SIS30122 Certificate III in Sport, Aquatics and Recreation in Year 11 and 12.

## SKILLS ACQUIRED

- › Planning coaching sessions
- › Coaching foundation level participants
- › Officiating games and competitions
- › Work Safely in the Sport, Fitness and Recreation Industry

## CAREER PATHWAYS



## FLEXIBLE PROGRAMS

## PRACTICAL-BASED LEARNING

## RESOURCES PROVIDED



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# SIS20321 CERTIFICATE II IN SPORT COACHING

Registered Training Organisation:  
**Binnacle Training (RTO 31319)**

## Delivery Format:

1-Year Format

## Timetable Requirements:

1-Timetabled Line

## Units of Competency:

7 (3 Core Units, 4 Elective Units)

## Suitable Year Level(s):

Year 10 (or Year 11 or 12)

## Study Mode:

Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience

## Cost (Fee-For-Service):

**\$395.00** per person (+ First Aid \$75.00)

## QCE Outcome:

Maximum 4 QCE Credits

The school has entered a Third Party Agreement and will be recruiting prospective VET students, providing student support services, and conducting training and assessment on behalf of Binnacle Training.

A Language, Literacy, Numeracy and Digital Literacy (LLND) screening process is undertaken as part of pre-enrolment in order to provide advice to students on the suitability of the training product.

TERM 1	TOPICS
	› Introduction to the Sport, Fitness and Recreation (SFR) Industry
	PROGRAMS
	› Assist with SFR Programs (Supervisor Delivery)

TERM 2	TOPICS
	› Introduction to Community Programs › Introduction to Conditioning Programs
	PROGRAMS
	› Community SFR Program (Student Delivery) › Participate in Conditioning Sessions (Supervisor Delivery)

TERM 3	TOPICS
	› Working in the SFR Industry - Coaching Foundation Level Participants › Introduction to Anatomy and Physiology - The Cardiovascular System
	PROGRAMS
	› Plan and Deliver Group Conditioning Sessions › Plan and Deliver a One-on-one Cardio Program

TERM 4	TOPICS
	› Sport-specific Coaching Sessions › First Aid Course: HLTAID011 Provide First Aid
	PROGRAMS
	› Sport-specific Coaching Program

UNITS OF COMPETENCY	
HLTAID011	Provide First Aid
SIRXWHS001	Work safely
SISSSCO002	Work in a community coaching role
SISSSCO001	Conduct sport coaching sessions with foundation level participants
SISXIND011	Maintain sport, fitness and recreation industry knowledge
BSBPEF301	Organise personal work priorities
SISXEMR003	Respond to emergency situations

**2026 EDITION**

# SIS30122 CERTIFICATE III IN SPORT, AQUATICS AND RECREATION + SIS20122 CERTIFICATE II IN SPORT AND RECREATION

Binnacle Training (RTO Code 31319)

Proudly working with:

**HOW DOES IT WORK**

This qualification reflects the role of individuals with well-developed skills and knowledge to deliver recreational services.

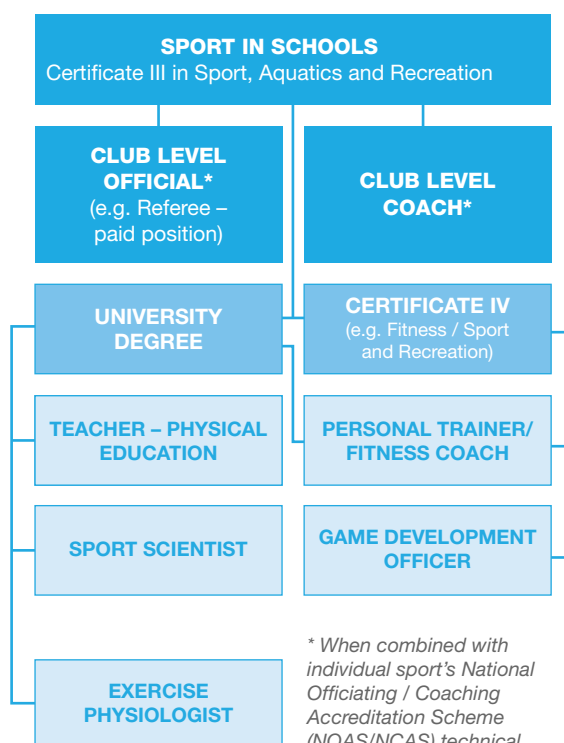
Students assist with facilitation of sport and recreation programs within their school community including:

- › Officiating games
- › Conducting coaching sessions
- › Community sport, fitness and recreation programs

Available with a 'General' or 'Sport Specialty' Coaching and Officiating outcome - AFL, NRL, Netball, Rugby Union or Choose Your Own Sport!

**WHAT DO STUDENTS ACHIEVE?**

- › SIS30122 Certificate III in Sport, Aquatics and Recreation (max. 6 QCE Credits). Completing the 'Term 7 Add-On' as well can result in a maximum 8 QCE Credits
- › Entry qualification: SIS20122 Certificate II in Sport and Recreation (only in Dual Qualification)
- › The nationally recognised First Aid competency - HLTAID011 Provide First Aid
- › Community Coaching - Essential Skills Course (non-accredited), issued by [Australian Sports Commission](#)
- › A range of career pathway options including Club Level Official and/or Coach
- › Successful completion of the Certificate III in Sport, Aquatics and Recreation may contribute towards a student's Australian Tertiary Admission Rank (ATAR)

**CAREER PATHWAYS****SKILLS ACQUIRED**

- › Officiating games or competitions
- › Coaching beginner participants to develop fundamental skills
- › Effective communication skills
- › Using digital technologies in sport environments

**FLEXIBLE PROGRAMS****PRACTICAL-BASED LEARNING****RESOURCES PROVIDED**

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## SIS30122 CERTIFICATE III IN SPORT, AQUATICS AND RECREATION + SIS20122 CERTIFICATE II IN SPORT AND RECREATION

(or as Standalone Qualification:  
SIS30122 Certificate III in Sport,  
Aquatics and Recreation)

Registered Training Organisation:  
**Binnacle Training (RTO 31319)**

**Delivery Format:**  
2-Year Format

**Timetable Requirements:**  
1-Timetabled Line

**Units of Competency:**  
Standalone Qualification -15 Units  
Dual Qualification - Additional 3 Units\*

**Suitable Year Level(s):**  
Year 11 and 12

**Study Mode:**  
Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience

**Cost (Fee-For-Service):**  
**\$495.00** per person (Cert II entry qualification = \$395.00 + Cert III Gap Fee = \$100.00)  
(+ **First Aid \$75.00**)

**QCE Outcome:**  
Maximum 7 QCE Credits (Dual Qualification) or 6 QCE Credits (Standalone Qualification).  
\* Completing the Term 7 Part 2 Add-on as well can result in a maximum 8 QCE Credits

The school has entered a Third Party Agreement and will be recruiting prospective VET students, providing student support services, and conducting training and assessment on behalf of Binnacle Training.

A Language, Literacy, Numeracy and Digital Literacy (LLND) screening process is undertaken as part of pre-enrolment in order to provide advice to students on the suitability of the training product.

TERM 1	<b>TOPICS</b>
	› Introduction to the Sport, Fitness and Recreation (SFR) Industry
	<b>PROGRAMS</b>
	› Assist with SFR Programs (Supervisor Delivery)
TERM 2	<b>TOPICS</b>
	› Introduction to Community Programs › Introduction to Conditioning Programs
	<b>PROGRAMS</b>
	› Community SFR Program (Student Delivery) › Participate in Conditioning Sessions (Supervisor Delivery)
TERM 3	<b>TOPICS</b>
	› Working in the SFR Industry - WHS and Provide Quality Service › Introduction to Anatomy and Physiology - The Cardiovascular System
	<b>PROGRAMS</b>
	› Plan and Deliver Group Conditioning Sessions › Plan and Deliver a One-on-one Cardio Program
TERM 4	<b>TOPICS</b>
	› Anatomy and Physiology - The Musculoskeletal System › First Aid Course: HLTAID011 Provide First Aid
	<b>PROGRAMS</b>
	› Recreational Group Exercise Program
<b>QUALIFICATION SCHEDULED FOR FINALISATION</b>	
<b>SIS20122 CERTIFICATE II IN SPORT AND RECREATION</b>	
TERM 5	<b>TOPICS</b>
	› Deliver Outdoor Recreation Sessions
	<b>PROGRAMS</b>
	› Deliver Outdoor Recreation Sessions
TERM 6	<b>TOPICS</b>
	› Sport-specific Coaching Program › Developing Self-Awareness
	<b>PROGRAMS</b>
	› Plan and Deliver a Sport Development Program › Plan and Deliver a Community Recreation Session for Children
TERM 7 PART 1 Compulsory	<b>TOPICS</b>
	› Round-Robin Tournaments › Working Effectively with Others › Responding to Interpersonal Conflict
	<b>PROGRAMS</b>
	› Plan and Deliver a Round-Robin Tournament › Role-play Conflict Scenarios
TERM 7 PART 2 OPTIONAL ADD-ON	<b>TOPICS</b>
	› Officiating Sports
	<b>PROGRAMS</b>
	› Officiate Modified Games

### UNITS OF COMPETENCY

HLTAID011	Provide First Aid	BSBPEF302	Develop self-awareness
SISXIND011	Maintain sport, fitness and recreation industry knowledge	BSBTWK201	Work effectively with others
BSBPEF301	Organise personal work priorities	SISSCO001	Conduct sport coaching sessions with foundation level participants
SISSPAR009	Participate in conditioning for sport	SISOFLD001	Assist in conducting recreation sessions*
BSBPEF202	Plan and apply time management*	BSBWHS308	Participate in WHS hazard identification, risk assessment and risk control processes
BSBSUS211	Participate in sustainable work practices*	SISXPLD004	Facilitate groups
HLTWHS001	Participate in workplace health and safety	HLTAID009	Provide cardiopulmonary resuscitation
SISXFAC006	Maintain activity equipment	SISXPLD002	Deliver recreation sessions
SISXCCS004	Provide quality service	<b>TERM 7 ADD-ON UNITS OF COMPETENCY</b>	
SISXEMR003	Respond to emergency situations	SIRXWHS001	Work safely
*For students not enrolled in entry qualification SIS20122 Certificate II in Sport and Recreation - these will be issued as a separate Statement of Attainment (Subject Only Training)		SISXIND009	Respond to interpersonal conflict
		BSBOPS304	Deliver and monitor a service to customers
		HLTAID010	Provide basic emergency life support (Completed as part of Provide First Aid - HLTAID011)

Please note this 2026 Course Schedule is current at the time of publishing and should be used as a guide only. This document is to be read in conjunction with Binnacle Training's Program Disclosure Statement (PDS). The PDS sets out the services and training products Binnacle Training as RTO provides and those services carried out by the School as Third Party (i.e. the facilitation of training and assessment services). [Access Binnacle's Product Disclosure Statement here.](#)



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