

# 2026 EDITION HLTAID011 PROVIDE FIRST AID

Binnacle Training (RTO Code 31319)

## HOW DOES IT WORK

Students learn to confidently manage emergency situations and provide first aid care to a casualty. It is suitable for both people in a workplace and members of the public who want first aid training.

Binnacle Training recommends, in line with Australian Resuscitation Council guidelines, that First Aid skills are recertified every 3 years, and CPR skills are recertified every 12 months.

Participants are required to undertake practical training and assessment at floor level which includes demonstrating CPR on a manikin for at least two minutes.

Participants must attend 100% of this first aid training and will also require suitable language, literacy and numeracy skills to complete the course.

## COURSE OVERVIEW

### Delivery Format:

This course has the following course duration options:

- › School Term Delivery: 12 x 70 min lessons
- › Two-Day Delivery: 10 hours (2 x 5-hour days).
- › One-Day Delivery: The practical can be completed in approximately 5 hours.
  - All knowledge assessments must be completed by participants prior to this one-day delivery.

### Suitable Year Level(s):

Year 9, 10, 11 and 12

### Study Mode:

Combination of Face-to-face and online

### Cost (Fee-For-Service):

\$75.00 per person

### QCE Outcome:

0 QCE Credits

## COURSE OUTLINE

### TOPICS COVERED

- › Emergency Management
- › Assessing the Scene
- › CPR and Defibrillation
- › Injuries and Trauma
- › Conditions
- › Bites and Stings

### UNITS OF COMPETENCY

- › HLTAID011 Provide First Aid
- › HLTAID010 Provide basic emergency life support
- › HLTAID009 Provide cardiopulmonary resuscitation

## WHAT DO STUDENTS ACHIEVE?

- › The nationally recognised First Aid competency - HLTAID011 Provide First Aid
  - Most workplaces require a specific number of people to hold this competency.

## SKILLS ACQUIRED

- › Performing CPR, including use of an Automated External Defibrillator (AED)
- › Providing initial treatment for injuries, trauma, bites and stings
- › Managing a range of conditions including Asthma, Anaphylaxis, Shock and Hypothermia

## QUALIFICATIONS THAT REQUIRE HLTAID011

- › SIS20122 Certificate II in Sport and Recreation
- › SIS20321 Certificate II in Sport Coaching
- › SIS30321 Certificate III in Fitness
- › SIS30122 Certificate III in Sport, Aquatics and Recreation

Please note this 2026 Course Schedule is current at the time of publishing and should be used as a guide only. This document is to be read in conjunction with Binnacle Training's Program Disclosure Statement (PDS). Please note that some training and assessment services are delivered by the School (as Third Party) and the PDS sets out the services and training products Binnacle Training as RTO provides and those services carried out by the School as Third Party (i.e. the facilitation of training and assessment services). To access Binnacle's PDS, please visit: [www.binnacletraining.com.au/rto](http://www.binnacletraining.com.au/rto)

FLEXIBLE DELIVERY

PRACTICAL-BASED LEARNING

RESOURCES PROVIDED



**Binnacle**  
Training

RTO CODE 31319



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