

2026 EDITION

# SIS20321 CERTIFICATE II IN SPORT COACHING

Binnacle Training (RTO Code 31319)

## HOW DOES IT WORK

This qualification provides a pathway to work in assistant coaching roles working or volunteering at community-based sports clubs and organisations in the Australian sport industry.

Individuals with this qualification use a range of basic coaching skills to engage participants in a specific sport. They work under the supervision of a coach.

Available with a 'General' or 'Sport Specialty' Coaching outcome - AFL, NRL, Netball, Rugby Union or Choose Your Own Sport!

## WHAT DO STUDENTS ACHIEVE?

- › SIS20321 Certificate II in Sport Coaching (max. 4 QCE Credits)
- › The nationally recognised First Aid competency - HLTAID011 Provide First Aid
- › Community Coaching - Essential Skills Course (non-accredited), issued by [Australian Sports Commission](#)
- › Direct pathway into SIS30321 Certificate III in Fitness or SIS30122 Certificate III in Sport, Aquatics and Recreation in Year 11 and 12.

## SKILLS ACQUIRED

- › Planning coaching sessions
- › Coaching foundation level participants
- › Officiating games and competitions
- › Work Safely in the Sport, Fitness and Recreation Industry

## CAREER PATHWAYS



FLEXIBLE PROGRAMS

PRACTICAL-BASED LEARNING

RESOURCES PROVIDED



**Binnacle**  
Training

RTO CODE 31319



1300 303 715  
admin@binnacletraining.com.au  
binnacletraining.com.au



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Registered Training Organisation:  
**Binnacle Training (RTO 31319)**

**Delivery Format:**

1-Year Format

**Timetable Requirements:**

1-Timetabled Line

**Units of Competency:**

7 (3 Core Units, 4 Elective Units)

**Suitable Year Level(s):**

Year 10 (or Year 11 or 12)

**Study Mode:**

Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience

**Cost (Fee-For-Service):**

**\$395.00** per person (+ First Aid \$75.00)

**QCE Outcome:**

Maximum 4 QCE Credits

TERM 1	<b>TOPICS</b>
	<ul style="list-style-type: none"> <li>› Introduction to the Sport, Fitness and Recreation (SFR) Industry</li> <li>› Introduction to Coaching Programs, Laws and Legislation</li> </ul>
	<b>PROGRAMS</b>
	<ul style="list-style-type: none"> <li>› Assist with Delivering Coaching Sessions (Supervisor Delivery)</li> <li>› Plan and Deliver Coaching Sessions (Student Delivery)</li> </ul>

TERM 2	<b>TOPICS</b>
	<ul style="list-style-type: none"> <li>› Introduction to Community Programs</li> <li>› Introduction to Conditioning Programs</li> </ul>
	<b>PROGRAMS</b>
	<ul style="list-style-type: none"> <li>› Community SFR Program (Student Delivery)</li> <li>› Participate in Conditioning Sessions (Supervisor Delivery)</li> </ul>

TERM 3	<b>TOPICS</b>
	<ul style="list-style-type: none"> <li>› Working in the SFR Industry - Coaching Foundation Level Participants</li> <li>› Introduction to Anatomy and Physiology - The Cardiovascular System</li> </ul>
	<b>PROGRAMS</b>
	<ul style="list-style-type: none"> <li>› Plan and Deliver Group Conditioning Sessions</li> <li>› Plan and Deliver a One-on-one Cardio Program</li> </ul>

TERM 4	<b>TOPICS</b>
	<ul style="list-style-type: none"> <li>› Sport-Specific Coaching Sessions</li> <li>› First Aid Course: HLTAID011 Provide First Aid</li> </ul>
	<b>PROGRAMS</b>
	<ul style="list-style-type: none"> <li>› Sport-Specific Coaching Program</li> </ul>

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

UNITS OF COMPETENCY	
HLTAID011	Provide First Aid
SIRXWHS001	Work safely
SISSCO002	Work in a community coaching role
SISSCO001	Conduct sport coaching sessions with foundation level participants
SISXIND011	Maintain sport, fitness and recreation industry knowledge
BSBPEF301	Organise personal work priorities
SISXEMR003	Respond to emergency situations