# BOARDING SCHOOLS BROCHURE

Making Boarders' Lives Better

Proudly working with:

⊞⊞

⊞ ⊞

**SPORT, FITNESS & RECREATION** 

**USTRALIAN OARDING CHOOLS** 

**SSOCIATION** 

FIRST AID & CPR













1300 303 715 admin@binnacletraining.com.au binnacletraining.com.au

# GONTENTS

OUR STORY	3
WHY STUDY WITH BINNACLE TRAINING?	4
REQUIREMENTS OF A TRAINER AND ASSESSOR	6
VET AND INDUSTRY QUALIFICATION REQUIREMENTS	7
SPORT, FITNESS & RECREATION PROGRAMS	10
SIS20122 Certificate II in Sport and Recreation	12
SIS20321 Certificate II in Sport Coaching	14
SIS30122 Certificate III in Sport, Aquatics and Recreation + SIS20122 Certificate II in Sport and Recreation	16

# OUR STORY

Since our inception, Binnacle Training has been 100% devoted to providing Secondary Schools and Colleges with the support and teaching resources required to 'Make Life Easier for Teachers'.

We have always been driven by one ethos, to make our programs easy to deliver, **ALLOWING TEACHERS TO TEACH.** 

Our experience in the education field is what gives us the edge. We understand the daily challenges that teachers face and are single-minded about ensuring you have the space, resources, support and skills (through first-class professional development) to thrive.

We are proud to be partnering with over 250 Secondary Schools, working with 800+ teachers, and offering over 15 nationally recognised courses custom-built for schools, across five Program Areas: Sport and Recreation, Fitness, Business, Tourism and First Aid.

Our growing team occupies three office locations to best uphold our reputation for outstanding service and providing 'great teacher experiences'.

### **OUR MISSION**

We are leaders in Vocational Education in Schools, enabling teachers with quality programs and support; equipping students with skills to navigate a successful future.

### **OUR VISION**

To unlock the true potential of Australian Secondary Schools and provide quality Vocational Education to every student.

# WHY STUDY WITH BINNACLE TRAINING?

Binnacle Training are leaders in VET in Schools, enabling teachers with quality programs and support, equipping students with skills to navigate a successful future. We are united in our commitment to 'raising the bar' with the following highlights showcasing our impressive record to date:

# MORE THAN 19 YEARS

Of experience delivering VET in Schools as a company

# OVER 250 BINNACLE PARTNER

Secondary Schools

# **5** PROGRAM AREAS

Sport and Recreation, Fitness, Business, Tourism and First Aid

# **15,000** ACTIVE STUDENTS

Approximately each year

# **91%**COMPLETION RATE

Of Student courses

# **MORE THAN 500**ACTIVE CLASSES

Across Queensland and the ACT

### **OVER 15**

NATIONALLY RECOGNISED COURSES

Offered each year

### **22 COLLECTIVE**

### YEARS DELIVERING BINNACLE PROGRAMS

Our Program Managers have firsthand experience delivering our programs in Secondary Schools

# 4 OFFICE LOCATIONS

Brisbane, Ipswich, Rockhampton and Townsville

# **OVER 800**TEACHERS SERVING

Secondary Schools across Queensland and the ACT

# REAL SKILLS FOR REAL CAREERS

# CUSTOM-BUILT STUDENT & TEACHER FRIENDLY

Online Learning Management System (LMS)

# PROFESSIONAL DEVELOPMENT

**FOR TEACHERS** 

Workshops, Industry Workplace Visits, Webinars, Masterclasses and ViSC Conference

# TEACHER SUPPORT TEAM

Direct access to your dedicated Program Management & Administration Support Team

# TEACHING & ASSESSMENT

RESOURCES PROVIDED
Within the Binnacle
Lounge

FLEXIBLE & STUDENT

# FRIENDLY PROGRAMS

1, 2 and 3-Year Pathways

**CERTIFICATE PROGRAMS** 

# PURPOSE BUILT FOR SCHOOLS

For Secondary Schools (Years 10-12) by Industry and Education Experts

# STUDENT & TEACHER FRIENDLY BINNACLE LOUNGE

# PROJECT BASED LEARNING

Assisting students to acquire key enterprise skills for the future world of work

# LIVE & REAL-TIME PROGRESS REPORTING

Student Feedback and Progress Reporting - take the stress out of teacher marking

# REQUIREMENTS OF A

# TRAINER AND ASSESSOR

As the nominated Trainer and Assessor, each Binnacle Program Deliverer (i.e. Teacher) must hold a current Certificate IV in Training and Assessment (TAE), or approved Skill Set for registered Secondary School Teahers; the relevant industry qualification (e.g. Certificate III or higher such as an Industry-related degree); and demonstrate vocational competence

specific to EACH unit within the qualification(s) they are set to deliver.

Binnacle has developed a customised Vocational Competence Update (or VCU) which streamlines the process for our teachers to demonstrate their vocational competence.

**TAE** 

### **INDUSTRY QUALIFICATION**

**VCU** 

### TAE REQUIREMENT

Hold the Certificate IV in Training and Assessment (TAE40116 or its successor TAE40122), or an Approved Skill Set (for Secondary School Teachers)

Hold the TAE40110 Certificate IV in Training and Assessment, plus the 2 core units from the TAE40116:

- Address adult language, literacy and numeracy (LLN) skills (TAELLN411 or equivalent);
- Design and develop assessment tools (TAEASS502 or equivalent)

Or hold a diploma or higher qualification in 'adult' education

TAE must be uploaded to your Binnacle Profile

### INDUSTRY QUALIFICATION AND VCU REQUIREMENT:

Have vocational competencies (skills and knowledge) at least to the level being delivered and assessed. **Must:** 

- > Hold each unit of competency (including electives); OR
- Demonstrate 'equivalence' to each unit of competency
   by obtaining Third Party Verification from a nominated workplace supervisor (per unit)

Vocational Competence Update – demonstration of vocational competence specific to each unit comprising the qualification(s) being delivered

- Free, 100% online, provided by Binnacle
- Industry Qualification required prior to VCU
- Used to support your 'demonstration of equivalence'
- > Must be at the same, or higher qualification level
- Some qualifications e.g. Certificate III in Fitness require the Assessor to hold a higher qualification (i.e. Certificate IV in Fitness)

Industry Qualification must be uploaded to your Binnacle Profile prior to commencement of the VCU

### **SPORT, FITNESS & RECREATION COURSES**

# VET AND INDUSTRY QUALIFICATION REQUIREMENTS

SIS30122 CERTIFICATE III IN SPORT, AQUATICS AND RECREATION (STANDALONE AND DUAL QUALIFICATION)
SIS20122 CERTIFICATE II IN SPORT AND RECREATION
SIS20321 CERTIFICATE II IN SPORT COACHING

### All Binnacle program deliverers must meet one of the following trainer and assessor requirements prior to the commencement of delivery: 1. Minimum Requirement: Holds a teaching degree (which enables registration as a secondary school teacher) plus holds one of the following TAE Skill Sets (cluster of units in partial completion of TAE40122): TAESS00019 Assessor Skill Set; or TAESS00024 VET Delivered to Secondary Students Teacher Enhancement Skill Set Certificate IV in 2. Holds a full Certificate IV in Training and Assessment (TAE40122, TAE40116 or TAE40110\*) Training and \* If using the TAE40110 qualification, two core units must also be held: **Assessment** TAEASS502 Design and develop assessment tools (or equivalent); and TAELLN411 Address adult language, literacy and numeracy (LLN) skills (or equivalent) 3. Holds a Diploma (or higher qualification) in 'adult' education. Specific to 'New Deliverers': If you are not currently a qualified Trainer and Assessor but hold a secondary teaching degree, you may be able to 'Work Under Supervision' if enrolled in, and working towards completion of, a Certificate IV in Training and Assessment. The program deliverer must hold an industry qualification (at the qualification level or higher) Industry and/or degree in that industry area. (Education Degree with Physical Education major can Qualification suffice) Program deliverers are required to complete a (free) non-accredited Vocational Competence Update (VCU) which is used to demonstrate current knowledge and skills specific to each unit of competency within the qualifications being delivered. Deliverers will need to either hold the unit of competency OR demonstrate equivalence (in skills and knowledge) using verifiable evidence (third Vocational party verification from a nominated supervisor). Certificate II in Sport Coaching ONLY - Hold a sport-specific or Community Coaching Certificate Competence (minimum level 1) provided by either an accredited or non-accredited training provider (must have been issued in the previous 3 years). Certificate II in Sport and Recreation ONLY - Demonstrate you have a collective period of at least 3 years' experience as a recreational activities leader, guide or instructor; the 3 years' experience can incorporate full and/or part time experience.

### **FIRST AID & CPR COURSES**

# VET AND INDUSTRY QUALIFICATION REQUIREMENTS

	HLTAID011 PROVIDE FIRST AID	HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATION		
	All Binnacle program deliverers must meet <u>one</u> of the following trainer and assessor requirements prior to the commencement of delivery:			
	Minimum Requirement: Holds a teaching degree (which enables registration as a secondary school teacher) plus holds one of the following TAE Skill Sets (cluster of units in partial completion of TAE40122):     TAESS00019 Assessor Skill Set; or     TAESS00024 VET Delivered to Secondary Students Teacher Enhancement Skill Set			
Certificate IV in Training and Assessment	<ul> <li>2. Holds a full Certificate IV in Training and Assessment (TAE40122, TAE40116 or TAE40110*)</li> <li>* If using the TAE40110 qualification, two core units must also be held:</li> <li>TAEASS502 Design and develop assessment tools (or equivalent); and</li> <li>TAELLN411 Address adult language, literacy and numeracy (LLN) skills (or equivalent)</li> </ul>			
	3. Holds a Diploma (or higher qualification) in 'adult' education.			
	Specific to 'New Deliverers': If you are not currently a qualified Trainer and Assessor but hold a secondary teaching degree, you may be able to 'Work Under Supervision' if enrolled in, and working towards completion of, a Certificate IV in Training and Assessment.			
Industry Qualification	The program deliverer must hold a current Provide First Aid Certificate (within 3 years) and CPR Certificate (within 12 months).			
	First Aid program deliverers are required to complete a (free) non-accredited Vocational Competence Update (VCU) each year, specific to the nationally recognised First Aid unit of competency: HLTAID011 Provide First Aid.			
Vocational Competence	The First Aid VCU is designed so that Binnacle program deliverers can demonstrate their recent First Aid work history using a Statement of Service which is verified electronically by a nominated third party (person).			
	This VCU will also include PD to satisfy Binnacle Training's annual Industry and VET PD requirements for First Aid program deliverers.			

### **SPORT, FITNESS AND RECREATION PROGRAMS**

# SCHOOL PHYSICAL RESOURCE REQUIREMENTS

SCHOOL PHYSICAL RESOURCE REQUIREMENTS		CERTIFICATE PROGRAMS		
		SIS20321 Certificate II in Sport Coaching	SIS30122 Certificate III in Sport. Aquatics and Recreation (with optional SIS20122 Certificate II in Sport and Recreation)	
Sport and Recreation facilities and equipment – located at the school.				
Personal computers with word processing software (e.g. Microsoft Office - documents, spreadsheets, and presentations), internet access and browser, PDF reader, email application, ability to record/upload photo and video evidence.	<b>√</b>	<b>√</b>	<b>√</b>	
Activity-specific resources and equipment appropriate for: one or more specific sports plus one or more specific recreation (non-sporting) activities	<b>√</b>	<b>√</b>	<b>✓</b>	
Repair equipment and maintenance tools, equipment, and consumable resources (e.g. ball pumps, cleaning equipment); including access to: manufacturer instructions for repair and maintenance of activity equipment, template repair and maintenance records, reports and fault.	<b>√</b>	N/A	<b>√</b>	
Workplace Health and Safety (WHS) equipment and resources, including Personal Protective Equipment (PPE) relevant to the workplace.	<b>√</b>	<b>√</b>	<b>√</b>	
Communication equipment (e.g.mobile phone,two-way radio) for emergency response.	<b>√</b>	<b>√</b>	<b>✓</b>	
First aid kit - equipment and consumables suitable to replicate industr ystandards of operation.	<b>√</b>	<b>✓</b>	<b>✓</b>	
Emergency and rescue equipment specific to the recreation activity and invironment, includiing, but not limited to, communication equipment, PPE, whistles/torches.	<b>√</b>	N/A	N/A	
Sport-specific training or competition environment e.g.facilities such as sporting fields, sports halls.	<b>√</b>	<b>√</b>	<b>√</b>	
Facilities and events where a range of sport-specific officiating and coaching activities can be conducted by students.	<b>√</b>	<b>✓</b>	<b>√</b>	
Access to individuals (these individuals may be class peers who participate in simulated activities, set up for the purpose of assessment) with whom the student will interact to respond to conflict.	N/A	N/A	N/A	
Access to 'coach supervisors and foundational level participants'.	<b>√</b>	<b>√</b>	<b>✓</b>	
Access to 'primary school (or junior secondary) participants' for the two consecutive community sessions.	N/A	N/A	<b>√</b>	
Access to 'coach supervisors and intermediate level participants'.	N/A	<b>√</b>	N/A	
Workplace Health and Safety (WHS) emergency response and first aid procedures for one or more specific sports.	<b>√</b>	<b>√</b>	<b>✓</b>	



# CERTIFICATE II & III **COURSES**



SIS20122 Certificate II in Sport and Recreation

1-Year Format



SIS20321 Certificate II in Sport Coaching

1-Year Format



SIS30122 Certificate III in Sport, Aquatics and Recreation + SIS20122 **Certificate II in Sport and Recreation** 

2-Year Format

# SIS20122 CERTIFICATE II IN SPORT AND RECREATION

Proudly working with:



Binnacle Training (RTO Code 31319)

### **HOW DOES IT WORK**

This qualification reflects the role of individuals who assist with the delivery of sport and recreation activities and who complete a range of customer contact duties.

Students participate in the delivery of a range of sport and recreation activities and programs within the school.

Available with a 'General' or 'Sport Specialty' Coaching outcome - AFL, NRL, Netball, Rugby Union or Choose Your Own Sport!

### WHAT DO STUDENTS ACHIEVE?

- SIS20122 Certificate II in Sport and Recreation (Maximum 4 QCE Credits)
- Community Coaching Essential Skills Course (nonaccredited), issued by Australian Sports Commission
- Direct pathway into SIS30122 Certificate III in Sport, Aquatics and Recreation (or SIS30321 Certificate III in Fitness)
- Recommended 'Optional' Additional Training The nationally recognised First Aid competency -HLTAID011 Provide First Aid

### SKILLS ACQUIRED

- Officiating games or school competitions
- Coaching beginner participants to develop fundamental skills
- Effective communication skills
- > Providing quality service to participants

### **CAREER PATHWAYS SPORT IN SCHOOLS CLUB LEVEL OFFICIAL\* CLUB LEVEL** COACH\* (e.g. Referee paid position) **CERTIFICATE III PATHWAYS CERTIFICATE III** CERTIFICATE III IN FITNESS **GYM INSTRUCTOR SPORTS COACH GAME GROUP FITNESS** DEVELOPMENT **INSTRUCTOR OFFICER** \* When combined with individual sport's National Officiating / **RECREATION** Coaching Accreditation Scheme **OFFICER** (NOAS/NCAS) technical requirements

FLEXIBLE PROGRAMS

PRACTICAL-BASED LEARNING

RESOURCES PROVIDED





subsidised training provider







### SIS20122 CERTIFICATE II IN SPORT AND RECREATION

Registered Training Organisation: Binnacle Training (RTO 31319)

### **Delivery Format:**

1-Year Format

### **Timetable Requirements:**

1-Timetabled Line

### **Units of Competency:**

10 (6 Core Units, 4 Elective Units)

### Suitable Year Level(s):

Year 10 (or Year 11 or 12)

### **Study Mode:**

Combination of classroom and projectbased learning, online learning (self-study) and practical work-related experience

### Cost (Fee-For-Service):

\$395.00 per person (+ optional First Aid \$75.00)

### **QCE Outcome:**

Maximum 4 QCE Credits

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

### **TOPICS**

- > Introduction to the Sport, Fitness and Recreation (SFR) Industry
- > Introduction to Coaching Programs, Laws and Legislation

### TERM 1 PROGRAMS

- > Assist with Delivering Coaching Sessions (Supervisor Delivery)
- > Plan and Deliver Coaching Sessions (Student Delivery)

### **TOPICS**

- > Introduction to Community Programs
- > Introduction to Conditioning Programs

- **PROGRAMS**
- > Community SFR Program (Student Delivery)
- > Participate in Conditioning Sessions (Supervisor Delivery)

### **TOPICS**

**PROGRAMS** 

### ...

### Working in the SFR Industry - WHS and Provide Quality Service Introduction to Anatomy and Physilogy - The Cardiovascular System

### The odd off to Anatomy and Thyonogy The o

### TERM 3

TERM 2

- Plan and Deliver Group Conditioning SessionsPlan and Deliver a One-on-one Cardio Program

### **TOPICS**

### TERM 4

- > Introduction to Anatomy and Physiology The Musculoskeltal System
- First Aid Course: HLTAID011 Provide First Aid (Optional Additional)

### **PROGRAMS**

> Recreational Group Exercise Program

	UNITS OF COMPETENCY
SISXIND011	Maintain sport, fitness and recreation knowledge
BSBPEF202	Plan and apply time management
BSBPEF301	Organise personal work priorities
BSBSUS211	Participate in sustainable work practices
SISSPAR009	Participate in conditioning for sport
HLTWHS001	Participate in workplace health and safety
SISXFAC006	Maintain activity equipment
SISOFLD001	Assist in conducting recreation sessions
SISXCCS004	Provide quality service
SISXEMR003	Respond to emergency situations
HLTAID011	Provide First Aid (Optional Additional)

## SIS20321 CERTIFICATE II IN SPORT COACHING

Proudly working with:



Binnacle Training (RTO Code 31319)

### **HOW DOES IT WORK**

This qualification provides a pathway to work in assistant coaching roles working or volunteering at community-based sports clubs and organisations in the Australian sport industry.

Individuals with this qualification use a range of basic coaching skills to engage participants in a specific sport. They work under the supervision of a coach.

Available with a 'General' or 'Sport Specialty' Coaching outcome - AFL, NRL, Netball, Rugby Union or Choose Your Own Sport!

### WHAT DO STUDENTS ACHIEVE?

- SIS20321 Certificate II in Sport Coaching (max. 4 QCE Credits)
- The nationally recognised First Aid competency -HLTAID011 Provide First Aid
- Community Coaching Essential Skills Course (non-accredited), issued by Australian Sports Commission
- Direct pathway into SIS30321 Certificate III in Fitness or SIS30122 Certificate III in Sport, Aquatics and Recreation in Year 11 and 12.

### **SKILLS ACQUIRED**

- > Planning coaching sessions
- Coaching foundation level participants
- Officiating games and competitions
- > Work Safely in the Sport, Fitness and Recreation Industry

### **CAREER PATHWAYS SPORT IN SCHOOLS** Certificate II in Sport Coaching **CLUB LEVEL ASSISTANT COACH OR** COACH **OFFICIAL\* CERTIFICATE III PATHWAYS** CERTIFICATE III **SPORTS COACH GYM INSTRUCTOR GAME DEVELOPMENT GROUP FITNESS OFFICER INSTRUCTOR** \* When combined with individual sport's National Officiating / Coaching RECREATION **OFFICER** Accreditation Scheme (NOAS/NCAS) technical requirements

FLEXIBLE PROGRAMS

PRACTICAL-BASED LEARNING

**RESOURCES PROVIDED** 











# SIS20321 CERTIFICATE II IN SPORT COACHING

Registered Training Organisation: **Binnacle Training (RTO 31319)** 

### **Delivery Format:**

1-Year Format

### **Timetable Requirements:**

1-Timetabled Line

### **Units of Competency:**

7 (3 Core Units, 4 Elective Units)

### Suitable Year Level(s):

Year 10 (or Year 11 or 12)

### **Study Mode:**

Combination of classroom and projectbased learning, online learning (self-study) and practical work-related experience

### Cost (Fee-For-Service):

\$395.00 per person (+ First Aid \$75.00)

### **QCE Outcome:**

Maximum 4 QCE Credits

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

### **TOPICS**

- > Introduction to the Sport, Fitness and Recreation (SFR) Industry
- > Introduction to Coaching Programs, Laws and Legislation

### TERM 1

### **PROGRAMS**

- Assist with Delivering Coaching Sessions (Supervisor Delivery)
- > Plan and Deliver Coaching Sessions (Student Delivery)

### **TOPICS**

- > Introduction to Community Programs
- Introduction to Conditioning Programs

### TERM 2

### **PROGRAMS**

- > Community SFR Program (Student Delivery)
- Participate in Conditioning Sessions (Supervisor Delivery)

### TOPICS

- > Working in the SFR Industry Coaching Foundation Level Participants
- > Introduction to Anatomy and Physilogy The Cardiovascular System

### TERM 3

- PROGRAMSPlan and Deliver Group Conditioning Sessions
- > Plan and Deliver a One-on-one Cardio Program

### TOPICS

### TERM 4

- > Sport-specific Coaching Sessions
- > First Aid Course: HLTAID011 Provide First Aid

### PROGRAMS

Sport-specific Coaching Program

UNITS OF COMPETENCY			
HLTAID011	Provide First Aid		
SIRXWHS001	Work safely		
SISSSCO002	Work in a community coaching role		
SISSSCO001	Conduct sport coaching sessions with foundation level participants		
SISXIND011	Maintain sport, fitness and recareation industry knowledge		
BSBPEF301	Organise personal work priorities		
SISXEMR003	Respond to emergency situations		

# SIS30122 CERTIFICATE III IN SPORT, AQUATICS AND RECREATION + SIS20122 CERTIFICATE II IN SPORT AND RECREATION

Proudly working with:



Binnacle Training (RTO Code 31319)

### **HOW DOES IT WORK**

This qualification reflects the role of individuals with well-developed skills and knowledge to deliver recreational services.

Students assist with facilitation of sport and recreation programs within their school community including:

- Officiating games
- Conducting coaching sessions
- > Community sport, fitness and recreation programs

Available with a 'General' or 'Sport Specialty' Coaching and Officiating outcome - AFL, NRL, Netball, Rugby Union or Choose Your Own Sport!

### WHAT DO STUDENTS ACHIEVE?

- SIS30122 Certificate III in Sport, Aquatics and Recreation (max. 6 QCE Credits). Completing the 'Term 7 Add-On' as well can result in a maximum 8 QCE Credits
- Entry qualification: SIS20122 Certificate II in Sport and Recreation (only in Dual Qualification)
- The nationally recognised First Aid competency -HLTAID011 Provide First Aid
- Community Coaching Essential Skills Course (nonaccredited), issued by Australian Sports Commission
- A range of career pathway options including Club Level Official and/or Coach
- Successful completion of the Certificate III in Sport, Aquatics and Recreation may contribute towards a student's Australian Tertiary Admission Rank (ATAR)

### CAREER PATHWAYS



### **SKILLS ACQUIRED**

- > Officiating games or competitions
- Coaching beginner participants to develop fundamental skills
- > Effective communication skills
- > Using digital technologies in sport environments

**FLEXIBLE PROGRAMS** 

PRACTICAL-BASED LEARNING

**RESOURCES PROVIDED** 









### SIS30122 CERTIFICATE III **IN SPORT, AQUATICS AND RECREATION + SIS20122 CERTIFICATE II** IN SPORT AND RECREATION

(or as Standalone Qualification: SIS30122 Certificate III in Sport, **Aquatics and Recreation)** 

Registered Training Organisation: Binnacle Training (RTO 31319)

### **Delivery Format:**

2-Year Format

### **Timetable Requirements:**

1-Timetabled Line

### **Units of Competency:**

Standalone Qualification -15 Units Dual Qualification - Additional 3 Units\*

### Suitable Year Level(s):

Year 11 and 12

### Study Mode:

Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience

### Cost (Fee-For-Service):

\$495.00 per person (Cert II entry qualification = \$395.00 + Cert III Gap Fee = \$100.00) (+ First Aid \$75.00)

### **QCE Outcome:**

Maximum 7 QCE Credits (Dual Qualification) or 6 QCE Credits (Standalone Qualification).

Completing the Term 7 Part 2 Add-on as well can result in a maximum 8 QCE Credits

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

### **TOPICS**

TERM 1

TERM 3

**TERM 4** 

- Introduction to the Sport, Fitness and Recreation (SFR) Industry
- Introduction to Coaching Programs, Laws and Legislation

- Assist with Delivering Coaching Sessions (Supervisor Delivery)
- Plan and Deliver Coaching Sessions (Student Delivery)

- Introduction to Community Programs
- > Introduction to Conditioning Programs TERM 2

- Community SFR Program (Student Delivery)
- Participate in Conditioning Sessions (Supervisor Delivery)

- > Working in the SFR Industry WHS and Provide Quality Service
- Introduction to Anatomy and Physiology The Cardiovascular System

### **PROGRAMS**

- Plan and Deliver Group Conditioning Sessions
- Plan and Deliver a One-on-one Cardio Program

- Anatomy and Physiology The Musculoskeletal System
   First Aid Course: HLTAID011 Provide First Aid

### **PROGRAMS**

> Recreational Group Exercise Program

### **QUALIFICATION SCHEDULED FOR FINALISATION**

SIS20122 CERTIFICATE II IN SPORT AND RECREATION

### **TOPICS**

### TERM 5

Deliver Outdoor Recreation Sessions

### **PROGRAMS**

> Deliver Outdoor Recreation Sessions

### **TERM 6**

- Sport-specific Coaching Program
- > Developing Self-Awareness

- Plan and Deliver a Sport Development Program
- Plan and Deliver a Community Recreation Session for Children

### **TOPICS**

### **TERM 7** PART 1

> Roubd-Robin Tournaments

- Working Effectively with Others
- > Responding to Interpersonal Conflict

### **PROGRAMS**

- Plan and Deliver a Round-Robin Tournament
- Role-play Conflict Scenarios

### TERM 7

> Officiating Sports

### PART 2

### **PROGRAMS**

> Officiate Modified Games

UNITS OF COMPETENCY				
HLTAID011	Provide First Aid	BSBPEF302	Develop self-awareness	
SISXIND011	Maintain sport, fitness and recreation industry knowledge	BSBTWK201	Work effectively with others	
BSBPEF301	Organise personal work priorities	SISSSCO001	Conduct sport coaching sessions with foundation level participants	
SISSPAR009	Participate in conditioning for sport	SISOFLD001	Assist in conducting recreation sessions*	
BSBPEF202	Plan and apply time management*	BSBWHS308	Participate in WHS hazard identification, risk assessment and risk control processes	
BSBSUS211	Participate in sustainable work practices*	SISXPLD004	Facilitate groups	
HLTWHS001	Participate in workplace health and safety	SISXIND009	Respond to interpersonal conflict	
SISXFAC006	Maintain activity equipment	SISXPLD002	Deliver recreation sessions	
SISXCCS004	Provide quality service	TERM 7 ADD-ON UNITS OF COMPETENCY		
SISXEMR003	Respond to emergency situations	SIRXWHS001	Work safely	
*For students not enrolled in entry qualification SIS20122 Certificate II in Sport and Recreation - these will be issued as a separate Statement of Attainment (Subject Only Training)		SISXEMR001	Respond to emergency situations	
		HLTAID010 HLTAID009	Provide basic emergency life support Provide cardiopulmonary resuscitation (Completed as part of Provide First Aid - HLTAID011)	

Please note this 2026 Course Schedule is current at the time of publishing and should be used as a guide only. This document is to be read in conjunction with Binnacle Training's Program Disclosure Statement (PDS). Please note that some training and assessment services are delivered by the School (as Third Party) and the PDS sets out the services and training products Binnacle Training as RTO provides and those services carried out by the School as Third Party (i.e. the facilitation of training and assessment services). To access Binnacle's PDS, please visit: www.binnacletraining.com.au/rto





1300 303 715 admin@binnacletraining.com.au binnacletraining.com.au







Allowing Teachers to Teach