

TRAINING AND ASSESSMENT STRATEGY

Name of RTO	Binnacle Training College Pty Ltd
RTO Number	31319

Binnacle Program	2024 SFR Short Courses - Introduction to Sport (1 Term) Introduction to Fitness (1 Term) Introduction to Sport and Fitness (2 Terms)			
Training Product	SIS30321 Certificate III in Fitness (Partial Completion)			
Training Package	Code	SIS	Title	Sport, Fitness and Recreation
	PACKAGING RULES: N/A - Subject Only Training. Delivered as 4 standalone units of competency in <u>partial completion</u> of SIS30321 Certificate III in Fitness.			
Training Package Location	Training Package Release #	6.0	Release Date	13 Dec 2022
	Go to details of certificate packaging rules on TGA: https://training.gov.au/Training/Details/SIS30321 Download Training Package from TGA: http://training.gov.au/Training/Details/SIS Download Companion Volume implementation guide: https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b			
	1	Code: SIS30321 Title: Certificate III in Fitness Qualification Release #: 1 Release Date: 10/11/2021		

UNIT CODE	UNIT TITLE	SIS30321 Certificate III in Fitness	Scheduled for Finalisation	Qualified Trainer and Assessor	Evidence Gathering Techniques	Training Arrangements	
BSBTWK201	Work effectively with others	Elective - Listed	Term 1	Teacher (T-P)	A, C, D	Sole trainer and assessor (Teacher facilitated face-to-face delivery) – under the support of the Binnacle Program Management (PM) Team.	
BSBPEF201	Support personal wellbeing in the workplace	Core	Term 1	Teacher (T-P)	A, B, C, D		
SISSSCO001	Conduct sport coaching sessions with foundation level participants	Elective - Imported	Term 2	Teacher (T-P)	A, C, D		
BSBPEF302	Develop self-awareness	Elective - Imported	Term 2	Teacher (T-P)	A, B, C, D		
<u>EVIDENCE GATHERING TECHNIQUES</u> The following matrix identifies the type of evidence that may be collected to enable judgements to be made about a student's success in units of competency. Evidence gathering techniques may be adjusted to best suit the unit of competency requirements. Students may submit evidence to gain RPL for competencies.						EVIDENCE KEY	
						A	Quiz and short answer
						B	Case studies and scenarios
						C	Project tasks
						D	Major programs and practicals

<p>Binnacle-School Third-Party Arrangement</p>	<p>This Binnacle Training Program is delivered via a third-party arrangement with individual partner schools.</p> <p>Binnacle Training (Lead RTO) – Responsibilities:</p> <ul style="list-style-type: none"> ☐ Provision of all requisite training and assessment resources, plus online learning – via Learning Management System (Binnacle Lounge). ☐ Ongoing program support, including dedicated Program Manager and Administration Officer. ☐ Outcomes of training and assessment. <p>School (Third-Party) Responsibilities:</p> <ul style="list-style-type: none"> ☐ Human Resources (Program Deliverer and at least one nominated back-up deliverer) ☐ Physical Resources (equipment and facilities) ☐ Facilitation of training and assessment services, on behalf of Binnacle Training as the RTO. <p>School and cohort-specific information, required by Binnacle Training (as per the Standards for RTOs 2015 - Clauses 1.1 to 1.4 and 2.2 – Implementing, monitoring and evaluating training and assessment strategies and practices), is collected via the Binnacle Training Third-Party Agreement (Fillable) as completed by the Third-Party (School) and approved by Binnacle Training.</p>
<p>Target Group</p>	<p>This program is offered to senior high school students (commencing in Year 10 or Year 11) wanting to:</p> <ul style="list-style-type: none"> ● seek skills and entry-level units of competency for the Sport, Fitness & Recreation (SFR) industry; and ● use the qualification as an articulation into a higher certification (e.g. Certificate III in Sport, Aquatics and Recreation or Certificate III in Fitness). <p><u>QLD SCHOOLS</u></p> <p>Upon successful completion of the Short Course, these 4 units of competency will be reported as partial completion of SIS30321 Certificate III in Fitness. Students are certified with a maximum 2 Queensland Certificate of Education (QCE) credits.</p>
<p>Entry Requirements</p>	<p>There are no formal training package entry requirements for this qualification, however a Language, Literacy & Numeracy (LLN) Screening process is undertaken at the time of initial enrolment to ensure students have the capacity to effectively engage with the content.</p> <p>Students require AQF level 3 written and spoken English and numeracy skills to be able to meet the Foundation Skill requirements within the units of the Short Course.</p> <p>The Introduction to Sport and Fitness short course is delivered as a ‘Fee for Service’ offering only as per the Binnacle-School invoicing arrangement.</p> <p>Students must have access to all physical resources (either individually or through resources supplied by the school) as outlined in the section ‘Physical Resource Requirements’ below.</p>
<p>Learning and Assessment Arrangements</p>	<p><u>DURATION</u></p> <p>The program content has been packaged into <u>2 terms</u> [based on delivery across one line on the timetable (minimum 3 lessons per week, i.e. 210 minutes per week) over 2 terms].</p> <p>A blended-delivery model will be used whereby students will have access to:</p> <ul style="list-style-type: none"> ● Trainer-led classroom delivery of content. ● Online modules that house learning content (within the Binnacle Lounge). ● Assessment activities to be completed online within the Binnacle Lounge. ● Assessment activities and projects to be completed in the classroom and/or student-led environment. <p>This program uses single unit and clustered assessment.</p>

Assessment and training will be conducted at the school. Assessment methodologies will vary according to specific requirements of the Units of Competency. A range of methods will be used, including:

- Knowledge quizzes, short answer questions and other project/case study reports.
- Skills demonstrations, reports, documents, observations.
- Simulated assessment environment (Fitness-related and Sport-related industry) – located at the school - for demonstration of skills (practical observations).

Under supervision, students will instruct a range of fitness programs as well as completing practical experience (may be outside of their timetabled subject) to deliver a range of sport activities and fitness activities to members of the school community (students).

'VOLUME OF LEARNING' AND 'AMOUNT OF TRAINING'

Volume of Learning (VoL)* per the Australian Qualifications Framework volume of learning indicators:

Certificate III = 1 – 2 years (1200 – 2400 hours)

** VoL describes how long a learner who does not hold any of the competencies identified in the relevant units of competency or modules would take to develop all of the required skills and knowledge. Further, the VoL includes all teaching, learning and assessment activities that are required to be undertaken by the typical student to achieve the learning outcomes. These activities may include some or all of the following: guided learning (such as classes, lectures, tutorials, online study or self-paced study guides), individual study, research, learning activities in the workplace and assessment activities. (AQF, Volume of Learning).*

Amount of Training (AoT) for this program consists of classroom learning, self-study and practical work-related experience.

Classroom learning = 70 hours (1 study line over 2 Terms - 3.5 hours x 20 weeks).

There is also an element of self-study (formative activities scheduled for students to undertake outside of class time). These activities are used by students to enhance their understanding of the content and are undertaken prior to assessment for that particular module or topic of study. Across this 2-year program, Binnacle has devoted an additional 70 minutes per week (the equivalent of one additional lesson per week) for these formative activities.

Self-Study (Formative Activities) Hours = 23 hours (i.e. 1.17 hours x 20 weeks)

An additional 40 hours of practical work-related experience is undertaken by students across the program. While some of these hours may be achieved during devoted class lessons, due to the nature of client fitness training some practical experience will be undertaken outside of these class hours.

Practical Work-related Experience = 10 hours

TOTAL AMOUNT OF TRAINING (AoT) = 103 hours (70 + 23 + 10)

Binnacle rationalises the VoL hours gap (i.e. VoL 1800 hours LESS AoT 395 hours = 1405 hours) by:

- Students entering the subject with a large base of foundational skills and knowledge from prior and concurrent learning (e.g. Years 9-10 HPE and other sporting/fitness involvement, including as an athlete/player).
- There is a large amount of overlap (clustering) of units across the terms.
- There is an element of self-study that students may undertake to deepen their own understanding of the content.

Learning and Assessment Arrangements

ORGANISATION

The program will be delivered using class-based learning as well as a real sport and fitness environments located at the school which involves delivering a range of sport and fitness programs to clients.

A range of teaching and learning strategies will be used to deliver the competencies including:

<p>Learning and Assessment Arrangements</p>	<ul style="list-style-type: none"> ● Practical tasks ● Client interactions ● Group work ● Sport and Fitness programs within the school ● Practical experience within the school fitness centre (i.e. group exercise, outdoor fitness, one-on-one gym programs) <p>Evidence contributing towards each competency will be collected throughout the program. This evidence will be used to make judgements of competency that are aligned with, and reflect, the requirements of each unit of competency.</p>
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<p>Learning and Assessment Arrangements</p>	<p><u>LANGUAGE, LITERACY AND NUMERACY ASSISTANCE</u></p> <p>Support is available to all students and can be organised - through the deliverer - on a case-by-case and as needed basis throughout the program.</p> <p>‘Reasonable adjustment’ is offered for most assessment items. This is indicated in the assessment table at the top of each assessment and is allocated based on the unit of competency requirements.</p>
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<p>Learning and Assessment Arrangements</p>	<p><u>OPPORTUNITY FOR RPL AND CREDIT TRANSFER</u></p> <p>Recognition of Prior Learning (RPL) is an assessment process that evaluates an individual’s informal learning to determine the extent to which that individual has achieved the required competency outcomes.</p> <p>Credit Transfer is applying credit for a unit of competency that has previously been completed (successfully) by a student. Credit Transfer is offered both at enrolment and throughout the training program. A verified copy of the student’s Qualification and/or Statement of Attainment listing the units of competency that have previously been completed is required as evidence for Credit Transfer.</p> <p>Both RPL and Credit Transfer are available to students. Due to students being of high school age, usually with limited prior qualifications or work history, students typically undergo a train-to-assess pathway. An RPL assessment pathway will require verifiable evidence of a student’s prior learning (e.g. Statement of Attainment for previously completed superseded units).</p>
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<p>Learning and Assessment Arrangements</p>	<p>COURSE STRUCTURE</p>
<p>TERM 1 (Intro to Fitness)</p>	<p><u>Topics:</u></p> <ul style="list-style-type: none"> ● Introduction to Fitness ● Working Effectively with Others ● Introduction to Body-Weight Exercises ● Personal Wellbeing in the Workplace <p><u>Programs:</u></p> <ul style="list-style-type: none"> ● Plan and Deliver an Adolescent Fitness Program ● Develop a Wellbeing Plan
<p>TERM 2 (Intro to Sport)</p>	<p><u>Topics:</u></p> <ul style="list-style-type: none"> ● Introduction to Sport ● Conducting Sport-Specific Coaching Sessions ● Personal Development and Self-Awareness <p><u>Programs:</u></p> <ul style="list-style-type: none"> ● Plan and Deliver Sport-Specific Coaching Sessions ● Create a Self-Awareness Action Plan

<p>Learning Resources</p>	<p>Students are provided with a full Course Content kit that is specific to each term of study which includes:</p> <ul style="list-style-type: none"> ● Unit Plan ● Lectures ● Online Activities ● Exercise Bank ● Videos
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	<ul style="list-style-type: none"> • Work templates and other work-related documents (e.g. policy manuals)
Practical Experience	<p>Students will undertake a range of sport and fitness related activities across the program.</p>
Consultation with Industry	<p>Key industry partners consulted in the development and ongoing refinement of this strategy are listed below. Binnacle meets with each of the listed industry partners for regular advice, ongoing program support and guidance. These industry engagement activities focus on Training and Assessment Strategy, resources, and current industry skills of trainers and assessors.</p> <p><u>Industry Partners</u></p> <ul style="list-style-type: none"> • Redcliffe Dolphins Rugby League Club • Renegade Conditioning • Fit College • Andrew Rickertt - Job Skills Queensland • National Institute of First Aid Trainers (NIFAT) <p>Consultation/engagement approaches include:</p> <ul style="list-style-type: none"> • Regular meetings (e.g. weekly consultation meetings) • Teleconferences • Program development/validation meetings • Program development projects
Assessment Validation Process	<p>The processes used to validate assessment in this course are:</p> <p>1. Validation by Industry:</p> <ul style="list-style-type: none"> • An internal review conducted annually with an industry representative to check that the standards expected of students are consistent with current industry practice. • The internal review will examine the learning and assessment strategy and identify areas for improvement. • The internal review will also evaluate all assessment instruments to ensure that they are appropriate for the units of competency and reflect the unit requirements (i.e. elements, performance criteria, performance evidence, knowledge evidence and assessment conditions). • Validation for each unit of competency includes: <ul style="list-style-type: none"> Pre-assessment validation (to confirm assessment process and instruments meet the requirements of the Principles of Assessment); completed every 24 months (minimum); and Post-assessment validation (to confirm assessment evidence provided by the students and the judgement of that evidence meets the requirements of the Rules of Evidence). Completed every 3 years (minimum). <p>2. Assessment Instrument Review:</p> <ul style="list-style-type: none"> • A Binnacle Program Development Specialist and an industry expert will review all assessment instruments to ensure that they are appropriate for the units of competency and reflect the unit requirements (i.e. elements, performance criteria, performance evidence, knowledge evidence and assessment conditions) with improvements noted and acted upon. Completed annually.
School Physical Resource Requirements	<p><u>Refer to:</u> School Physical Resource Requirements</p> <p>Available at Binnacle Support Centre (Select: Resource Requirements)</p>

<p>Teacher Human Resource Requirements</p>	<p><u>Refer to:</u> Teacher Human Resource Requirements</p> <p>Available at Binnacle Support Centre (Select: Resource Requirements)</p> <p>Nominated trainer/s are listed against each unit of competency required to be completed in order for the student to achieve the short course units of competency. Binnacle Training's Schools and Teacher Information Register records all trainer and assessor details.</p>
<p>Pathways</p>	<p>This Program will be used predominantly by students seeking to enter the Sport, Fitness and Recreation Industry and/or as a pathway to a higher-level qualification.</p> <p>Students may choose to continue their study by completing the Certificate III in Sport, Aquatics and Recreation or the Certificate III in Fitness through Binnacle Training or another Registered Training Organisation.</p>
<p>Foundation Skills</p>	<p>Foundation Skills are the combination of communication skills and generic, non-technical skills and capabilities considered essential to meet the complexities of life in a modern society. 'Communication' skills included in Foundation Skills are English language, literacy and numeracy (LLN).</p> <p>All units of competency within new streamlined Training Packages have Foundation Skills either embedded in the unit performance requirements or listed explicitly.</p> <p>Each unit of competency selected to comprise this program has Foundation Skills that are relevant to the context of the learning outcomes and are applicable to work and life situations.</p>
<p>Student Feedback</p>	<p>Student feedback is collected and analysed. Feedback from students in relation to assessment processes, methods and instruments will be collated, analysed and improvements made in the light of student suggestions. Formal surveys/questionnaires as well as informal processes at the end of each unit of work will be used to gather data. Throughout the course, data is collected in relation to Quality Indicators. Binnacle Training also has a published Complaints and Appeals Policy which provides students and others with avenues to make a complaint or to appeal a decision (including assessment decisions) directly with Binnacle Administration.</p> <p>Date for data analysis: December (annually)</p>
<p>AVETMISS Reporting</p>	<p>Students are enrolled in the relevant units of competency and the results are forwarded at the end of each term (as a minimum) to the Queensland Department of Employment, Small Business and Training (DESBT) indicating if competency has been attained or is continuing. Binnacle Program Management and Administration staff verify that accurate and up-to-date information is recorded.</p> <p>QLD SCHOOLS: Permission is provided to DESBT for student results to be forwarded to the Queensland Curriculum & Assessment Authority (QCAA).</p>
<p>Student Records</p>	<p>Student results show the unit code, title and date achieved. The final assessment outcome for each unit of competency will be retained for a period of 30 years. Once all units are recorded as competent, a qualification or a statement of attainment will be issued.</p> <p>All completed assessment items - demonstrating sufficient evidence of how assessment decisions were made - for individual students will be retained for whichever is the longer period:</p> <ul style="list-style-type: none"> • until the appeal period ends; or • for a period of six months from the date on which the judgement of competence for the student was made; or • the duration of the student's enrolment. <p>A master copy of all versions of the assessment tools will be retained for seven years.</p>