2025 COURSE SNAPSHOTS

SPORT, FITNESS & RECREATION

BUSINESS & TOURISM

FIRST AID & CPR







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OUR STORY

Since our inception, Binnacle Training has been 100% devoted to providing Secondary Schools and Colleges with the support and teaching resources required to 'Make Life Easier for Teachers'.

We have always been driven by one ethos, to make our programs easy to deliver, **ALLOWING TEACHERS TO TEACH.**

Our experience in the education field is what gives us the edge. We understand the daily challenges that teachers face and are single-minded about ensuring you have the space, resources, support and skills (through first-class professional development) to thrive.

We are proud to be partnering with over 250 Secondary Schools, working with 800+ teachers, and offering over 15 nationally recognised courses custom-built for schools, across five Program Areas: Sport and Recreation, Fitness, Business, Tourism and First Aid.

Our growing team occupies three office locations to best uphold our reputation for outstanding service and providing 'great teacher experiences'.

OUR MISSION

We are leaders in Vocational Education in Schools, enabling teachers with quality programs and support; equipping students with skills to navigate a successful future.

OUR VISION

To unlock the true potential of Australian Secondary Schools and provide quality Vocational Education to every student. 0

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SPORT, FITNESS & RECREATION PROGRAMS

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CERTIFICATE II & III COURSES



SIS20122 Certificate II in Sport and Recreation 1-Year Format



SIS20321 Certificate II in Sport Coaching 1-Year Format



SIS30321 Certificate III in Fitness + SIS20122 Certificate II in Sport and Recreation

2-Year Format



SIS30321 Certificate III in Fitness 2-Year Format



SIS30122 Certificate III in Sport, Aquatics and Recreation + SIS20122 Certificate II in Sport and Recreation

2-Year Format



SIS30122 Certificate III in Sport, Aquatics and Recreation 2-Year Format

The information in this 2025 Course Snapshot is current at the time of publishing and should be used as a guide only.

SIS20122 CERTIFICATE II IN SPORT AND RECREATION

Binnacle Training (RTO Code 31319)

HOW DOES IT WORK

This qualification reflects the role of individuals who assist with the delivery of sport and recreation activities and who complete a range of customer contact duties.

Students participate in the delivery of a range of sport and recreation activities and programs within the school.

Available with a 'General' or 'Sport Specialty' Coaching outcome - AFL, NRL, Netball, Rugby Union or Choose Your Own Sport!

WHAT DO STUDENTS ACHIEVE?

- SIS20122 Certificate II in Sport and Recreation (Maximum 4 QCE Credits)
- Community Coaching Essential Skills Course (nonaccredited), issued by Australian Sports Commission
- Direct pathway into SIS30122 Certificate III in Sport, Aquatics and Recreation (or SIS30321 Certificate III in Fitness)
- Recommended 'optional' additional training the nationally recognised First Aid competency -HLTAID011 Provide First Aid

CAREER PATHWAYS



SKILLS ACQUIRED

- Officiating games or school competitions
- Coaching beginner participants to develop fundamental skills
- Effective communication skills

FLEXIBLE PROGRAMS

> Providing quality service to participants

PRACTICAL-BASED LEARNING



Binnacle Training BTO CODE 31319



RESOURCES PROVIDED





SIS20122 CERTIFICATE II IN SPORT AND RECREATION

Registered Training Organisation: Binnacle Training (RTO 31319)

Delivery Format: 1-Year Format

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Timetable Requirements: 1-Timetabled Line

Units of Competency: 10 (6 Core Units, 4 Elective Units)

Suitable Year Level(s): Year 10 (or Year 11 or 12)

Study Mode:

Combination of classroom and projectbased learning, online learning (self-study) and practical work-related experience

Cost (Fee-For-Service):

\$265.00 per person (+ optional First Aid \$55.00)

QCE Outcome:

Maximum 4 QCE Credits

	TOPICS
TERM 1	 Introduction to the Sport, Fitness and Recreation (SFR) Industry Introduction to Coaching Programs, Laws and Legislation
	PROGRAMS
	 Assist with Delivering Coaching Sessions (Supervisor Delivery) Plan and Deliver Coaching Sessions (Student Delivery)
	TOPICS
	 Introduction to Community Programs Introduction to Conditioning Programs
TERM 2	PROGRAMS
	 Community SFR Program (Student Delivery) Participate in Conditioning Sessions (Supervisor Delivery)
	TOPICS
	 TOPICS Working in the SFR Industry - WHS and Provide Quality Service Introduction to Anatomy and Physiology - The Cardiovascular System
TERM 3	 Working in the SFR Industry - WHS and Provide Quality Service
TERM 3	 Working in the SFR Industry - WHS and Provide Quality Service Introduction to Anatomy and Physiology - The Cardiovascular System
TERM 3	 Working in the SFR Industry - WHS and Provide Quality Service Introduction to Anatomy and Physiology - The Cardiovascular System PROGRAMS Plan and Deliver Group Conditioning Sessions Plan and Deliver a One-on-one Cardio Program
TERM 3	 Working in the SFR Industry - WHS and Provide Quality Service Introduction to Anatomy and Physiology - The Cardiovascular System PROGRAMS Plan and Deliver Group Conditioning Sessions Plan and Deliver a One-on-one Cardio Program TOPICS
TERM 3 TERM 4	 Working in the SFR Industry - WHS and Provide Quality Service Introduction to Anatomy and Physiology - The Cardiovascular System PROGRAMS Plan and Deliver Group Conditioning Sessions Plan and Deliver a One-on-one Cardio Program
	 Working in the SFR Industry - WHS and Provide Quality Service Introduction to Anatomy and Physiology - The Cardiovascular System PROGRAMS Plan and Deliver Group Conditioning Sessions Plan and Deliver a One-on-one Cardio Program TOPICS Introduction to Anatomy and Physiology - The Musculoskeletal System
	 Working in the SFR Industry - WHS and Provide Quality Service Introduction to Anatomy and Physiology - The Cardiovascular System PROGRAMS Plan and Deliver Group Conditioning Sessions Plan and Deliver a One-on-one Cardio Program TOPICS Introduction to Anatomy and Physiology - The Musculoskeletal System First Aid Course: HLTAID011 Provide First Aid (Optional Additional)

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

UNITS OF COMPETENCY		
SISXIND011	Maintain sport, fitness and recreation knowledge	
BSBPEF202	Plan and apply time management	
BSBPEF301	Organise personal work priorities	
BSBSUS211	Participate in sustainable work practices	
SISSPAR009	Participate in conditioning for sport	
HLTWHS001	Participate in workplace health and safety	
SISXFAC006	Maintain activity equipment	
SISOFLD001	Assist in conducting recreation sessions	
SISXCCS004	Provide quality service	
SISXEMR003	Respond to emergency situations	
HLTAID011	Provide First Aid (Optional Additional)	

2025 EDITION SIS20321 CERTIFICATE II **IN SPORT COACHING**

Binnacle Training (RTO Code 31319)

HOW DOES IT WORK

This qualification provides a pathway to work in assistant coaching roles working or volunteering at communitybased sports clubs and organisations in the Australian sport industry.

Individuals with this qualification use a range of basic coaching skills to engage participants in a specific sport. They work under the supervision of a coach.

Available with a 'General' or 'Sport Specialty' Coaching outcome - AFL, NRL, Netball, Rugby Union or Choose Your Own Sport!

WHAT DO STUDENTS ACHIEVE?

- SIS20321 Certificate II in Sport Coaching (max. 4 QCE > Credits)
- The nationally recognised First Aid competency -HLTAID011 Provide First Aid
- Community Coaching Essential Skills Course (non-accredited), issued by Australian Sports Commission
- Direct pathway into SIS30321 Certificate III in Fitness > or SIS30122 Certificate III in Sport, Aquatics and Recreation in Year 11 and 12.

SKILLS ACQUIRED

- Planning coaching sessions >
- Coaching foundation level participants
- Officiating games and competitions >
- Work Safely in the Sport, Fitness and Recreation Industry

Binnacle

RTO CODE 31319

FLEXIBLE PROGRAMS

PRACTICAL-BASED LEARNING

RESOURCES PROVIDED

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CLUB LEVEL ASSISTANT COACH OR COACH **OFFICIAL***

CERTIFICATE III PATHWAYS

CAREER PATHWAYS

SPORT IN SCHOOLS

Certificate II in Sport Coaching



(NOAS/NCAS) technical requirements

SIS20321 CERTIFICATE II IN SPORT COACHING

Registered Training Organisation: Binnacle Training (RTO 31319)

Delivery Format: 1-Year Format

Timetable Requirements: 1-Timetabled Line

Units of Competency: 7 (3 Core Units, 4 Elective Units)

Suitable Year Level(s): Year 10 (or Year 11 or 12)

Study Mode:

Combination of classroom and projectbased learning, online learning (self-study) and practical work-related experience

Cost (Fee-For-Service): \$265 per person (+ First Aid \$55.00)

QCE Outcome: Maximum 4 QCE Credits

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

	TOPICS
	 Introduction to the Sport, Fitness and Recreation (SFR) Industry
	 Introduction to Coaching Programs, Laws and Legislation
TERM 1	PROGRAMS
	 Assist with Delivering Coaching Sessions (Supervisor Delivery)
	 Plan and Deliver Coaching Sessions (Student Delivery)
	TOPICS
	Introduction to Community Programs
TERM 2	 Introduction to Conditioning Programs
	PROGRAMS
	 Community SFR Program (Student Delivery) Participate in Conditioning Sessions (Supervisor Delivery)
	TOPICS
	 Working in the SFR Industry - Coaching Foundation Level Particiants Introduction to Anatomy and Physiology - The Cardiovascular System
TERM 3	
	PROGRAMS
	 Plan and Deliver Group Conditioning Sessions Plan and Deliver a One-on-one Cardio Program
	TOPICS
	Sport-Specific Coaching Sessions
	 Sport-Specific Coaching Sessions First Aid Course: HLTAID011 Provide First Aid
TERM 4	PROGRAMS
	Sport-Specific Coaching Program

UNITS OF COMPETENCY		
HLTAID011	Provide First Aid	
SIRXWHS001	Work safely	
SISSSCO002	Work in a community coaching role	
SISSSCO001	Conduct sport coaching sessions with foundation level participants	
SISXIND011	Maintain sport, fitness and recreation industry knowledge	
BSBPEF301	Organise personal work priorities	
SISXEMR001	Respond to emergency situations	

SIS30321 CERTIFICATE III IN FITNESS + SIS20122 CERTIFICATE II IN SPORT AND RECREATION

Binnacle Training (RTO Code 31319)

HOW DOES IT WORK

This qualification provides a pathway to work as a fitness instructor in settings such as fitness facilities, gyms, and leisure and community centres.

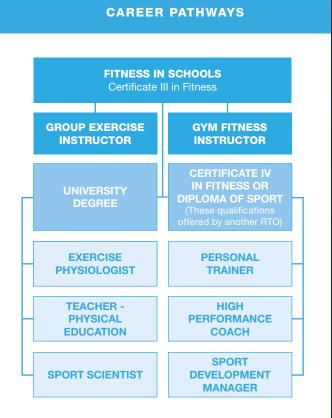
Students gain the entry-level skills required of a Fitness Professional (Group Exercise Instructor or Gym Fitness Instructor).

Students facilitate programs within their school community including:

- Community fitness programs
- Strength and conditioning for athletes and teams
- 1-on-1 and group fitness sessions with male adults, female adults and older adult clients

WHAT DO STUDENTS ACHIEVE?

- SIS30321 Certificate III in Fitness (max. 8 QCE Credits)
- Entry qualification: SIS20122 Certificate II in Sport and Recreation
- The nationally recognised First Aid competency -HLTAID011 Provide First Aid
- Community Coaching Essential Skills Course (nonaccredited), issued by Australian Sports Commission
- Successful completion of the Certificate III in Fitness may contribute towards a student's Australian Tertiary Admission Rank (ATAR)
- A range of career pathway options including pathway into SIS40221 Certificate IV in Fitness; or SIS50321 Diploma of Sport - These qualifications offered by another RTO.



SKILLS ACQUIRED

- > Client screening and health assessment
- Planning and instructing fitness programs
- > Deliver 1-on-1 and group fitness programs
- Exercise science and nutrition
- Anatomy and physiology

FLEXIBLE PROGRAMS



RESOURCES PROVIDED



Binnacle Training



Proud to be a Queensland Government subsidised training provider





SIS30321 CERTIFICATE III IN FITNESS + SIS20122 CERTIFICATE II IN SPORT AND RECREATION

(or as Standalone Qualification: SIS30321 Certificate III in Fitness)

Registered Training Organisation: Binnacle Training (RTO 31319)

Delivery Format: 2-Year Format

Timetable Requirements: 1-Timetabled Line

Units of Competency:

Standalone Qualification -15 Units Dual Qualification - Additional 4 Units*

Suitable Year Level(s): Year 11 and 12

Study Mode:

Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience

Cost (Fee-For-Service):

\$365.00 per person (Cert II entry qualification = \$265.00 + Cert III Gap Fee = \$100.00) (+ First Aid \$55.00)

QCE Outcome:

Maximum 8 QCE Credits

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

	TOPICS
TERM 1	 Introduction to the Sport, Fitness and Recreation (SFR) Industry Introduction to Coaching Programs, Laws and Legislation
TERM 1	PROGRAMS
	 Assist with Delivering Coaching Sessions (Supervisor Delivery) Plan and Deliver Coaching Sessions (Student Delivery)
	TOPICS
	 Introduction to Community Programs Introduction to Conditioning Programs
TERM 2	PROGRAMS
	 Community SFR Program (Student Delivery) Participate in Conditioning Sessions (Supervisor Delivery)
	TODIOS
	 Working in the SFR Industry - WHS and Provide Quality Service Introduction to Anatomy and Physiology - The Cardiovascular System
TERM 3	PROGRAMS
	 Plan and Deliver Group Conditioning Sessions
	Plan and Deliver a One-on-one Cardio Program
	TOPICS
	 Introduction to Anatomy and Physiology - The Musculoskeletal System First Aid Course: HLTAID011 Provide First Aid
TERM 4	PROGRAMS
	Recreational Group Exercise Program
	QUALIFICATION SCHEDULED FOR FINALISATION
	SIS20122 CERTIFICATE II IN SPORT AND RECREATION
	TOPICS
	 Anatomy and Physiology - Body Systems and Exercise Health and Nutrition Consultations
TERM 5	PROGRAMS

 One-on-One Gym Program (Adolescent Client) Plan and Conduct Sessions (Scenario Clients) 				
	TOPICS			
TERM 6	 Screening and Health Assessments Specific Population Clients (including Older Adults) 			
I ERIVI O	PROGRAMS			
	 Fitness Orientation Program: Client Orientation Group Training Program: Plan and Conduct a Group Session 			
	TOPICS			
	N/A (Practical Term)			
TERM 7	PROGRAMS			
	Group Exercise and Gym-based One-on-One and Group Sessions: Female and Male Adults aged 18+; and Older adults aged 55+ 			

UNITS OF COMPETENCY			
HLTWHS001	Participate in workplace health and safety	BSBPEF301	Organise personal work priorities
SISXIND011	Maintain sport, fitness and recreation industry knowledge	BSBOPS304	Deliver and monitor a service to customers
BSBSUS211	Participate in sustainable work practices	SISFFIT035	Plan group exercise sessions
BSBPEF202	Plan and apply time management*	SISFFIT036	Instruct group exercise sessions
SISSPAR009	Participate in conditioning for sport*	SISFFIT032	Complete pre-exercise screening and service orientation
SISXCCS004	Provide quality service	SISFFIT033	Complete client fitness assessments
SISXEMR001	Respond to emergency situations (SISXEMR003)	SISFFIT052	Provide healthy eating information
HLTAID011	Provide First Aid	SISFFIT040	Develop and instruct gym-based exercise programs for individual clients
SISOFLD001	Assist in conducting recreation sessions*	SISFFIT047	Use anatomy and physiology knowledge to support safe and effective exercise
SISXFAC006	Maintain activity equipment*	* For students not enrolled in entry qualification SIS20122 Certificate II in Sport and Recreation - these will be issued as a separate Statement of Attainment (Subject Only Training)	

SIS30321 CERTIFICATE III IN FITNESS

Binnacle Training (RTO Code 31319)

HOW DOES IT WORK

This qualification provides a pathway to work as a fitness instructor in settings such as fitness facilities, gyms, and leisure and community centres.

Students gain the entry-level skills required of a Fitness Professional (Group Exercise Instructor or Gym Fitness Instructor).

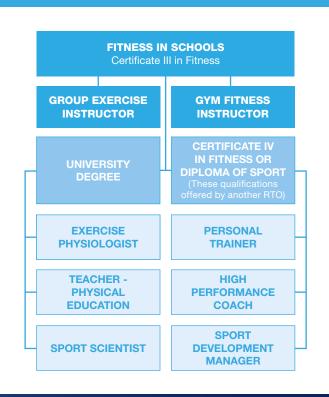
Students facilitate programs within their school community including:

- Community fitness programs
- > Strength and conditioning for athletes and teams
- 1-on-1 and group fitness sessions with male adults, female adults and older adult clients

WHAT DO STUDENTS ACHIEVE?

- > SIS30321 Certificate III in Fitness (max. 8 QCE Credits)
- The nationally recognised First Aid competency -HLTAID011 Provide First Aid
- Community Coaching Essential Skills Course (nonaccredited), issued by Australian Sports Commission
- A range of career pathway options including pathway into SIS40221 Certificate IV in Fitness; or SIS50321 Diploma of Sport - These qualifications offered by another RTO.
- Successful completion of the Certificate III in Fitness may contribute towards a student's Australian Tertiary Admission Rank (ATAR)

CAREER PATHWAYS



SKILLS ACQUIRED

- > Client screening and health assessment
- Planning and instructing fitness programs
- Deliver 1-on-1 and group fitness programs
- Exercise science and nutrition
- Anatomy and physiology

FLEXIBLE PROGRAMS

PRACTICAL-BASED LEARNING

RESOURCES PROVIDED









SIS30321 **CERTIFICATE III IN FITNESS**

Registered Training Organisation: Binnacle Training (RTO 31319)

		TOPICS	
		 Introduction to Community Programs Introduction to Conditioning Programs 	
Delivery Format:	TERM 2	PROGRAMS	
2-Year Format		 Community SFR Program (Student Delivery) 	
Timetable Requirements:		 Participate in Conditioning Sessions (Supervisor Delivery) 	
1-Timetabled Line		TOPICS	
Units of Competency:			
15 Units		 Working in the SFR Industry - WHS and Provide Quality Service Introduction to Anatomy and Physiology - The Cardiovascular System 	
Suitable Year Level(s):	TERM 3		
Year 11 and 12		PROGRAMS	
Study Mode:		Plan and Deliver Group Conditioning Sessions	
Combination of classroom and project-based learning, online learning (self-study) and practical		 Plan and Deliver a One-on-one Cardio Program 	
work-related experience			
·		TOPICS	
Cost (Fee-For-Service): \$365.00 per person (+ First Aid \$55.00)	TERM 4	 Anatomy and Physiology - The Musculoskeletal System First Aid Course: HLTAID011 Provide First Aid 	
QCE Outcome:		PROGRAMS	
Maximum 8 QCE Credits		 Recreational Group Exercise Program 	
		TOPICS	
		 Anatomy and Physiology - Body Systems and Exercise Health and Nutrition Consultations 	
	TERM 5		
		PROGRAMS	
		 One-on-One Gym Program (Adolescent Client) Plan and Conduct Sessions (Scenario Clients) 	
		TOPICS	
		 Screening and Health Assessments 	
	TERMO	 Specific Population Clients (including Older Adults) 	
	TERM 6	PROGRAMS	
		Fitness Orientation Program: Client Orientation	
		 Group Training Program: Plan and Conduct a Group Session 	
A Language Literacy and Numeracy			

TOPICS

PROGRAMS

> >

> >

TERM 1

Introduction to the Sport, Fitness and Recreation (SFR) Industry

Assist with Delivering Coaching Sessions (Supervisor Delivery) Plan and Deliver Coaching Sessions (Student Delivery)

Introduction to Coaching Programs, Laws and Legislation

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

	Group Training Program: Plan and Conduct a Group Session
	TOPICS > N/A (Practical Term)
TERM 7	PROGRAMS Group Exercise and Gym-based One-on-One and Group Sessions:
	 Female and Male Adults aged 18+; and Older adults aged 55+

UNITS OF COMPETENCY			
HLTAID011	Provide First Aid	SISFFIT035	Plan group exercise sessions
HLTWHS001	Participate in workplace health and safety	SISFFIT036	Instruct group exercise sessions
SISXEMR001	Respond to emergency situations	SISFFIT032	Complete pre-exercise screening and service orientation
SISXIND011	Maintain sport, fitness and recreation industry knowledge	SISFFIT033	Complete client fitness assessments
SISXCCS004	Provide quality service	SISFFIT052	Provide healthy eating information
BSBSUS211	Participate in sustainable work practices	SISFFIT040	Develop and instruct gym-based exercise programs for individual clients
BSBOPS304	Deliver and monitor a service to customers	SISFFIT047	Use anatomy and physiology knowledge to support safe and effective exercise
BSBPEF301	Organise personal work priorities		

2025 EDITION SIS30122 CERTIFICATE III **IN SPORT, AQUATICS AND RECREATION +** SIS20122 CERTIFICATE II **IN SPORT AND RECREATION**

Binnacle Training (RTO Code 31319)

HOW DOES IT WORK

This qualification reflects the role of individuals with welldeveloped skills and knowledge to deliver recreational services.

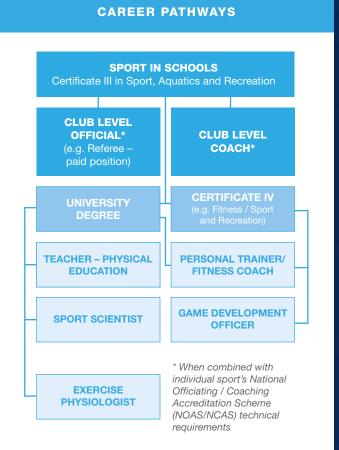
Students assist with facilitation of sport and recreation programs within their school community including:

- Officiating games
- Conducting coaching sessions
- Community sport, fitness and recreation programs

Available with a 'General' or 'Sport Specialty' Coaching and Officiating outcome - AFL, NRL, Netball, Rugby Union or Choose Your Own Sport!

WHAT DO STUDENTS ACHIEVE?

- SIS30122 Certificate III in Sport, Aquatics and Recreation (max. 6 QCE Credits). Completing the 'Term 7 Part 2 Add-On' as well can result in a maximum 8 **QCE** Credits
- Entry qualification: SIS20122 Certificate II in Sport and > Recreation (only in Dual Qualification)
- The nationally recognised First Aid competency -HLTAID011 Provide First Aid
- Community Coaching Essential Skills Course (nonaccredited), issued by Australian Sports Commission
- A range of career pathway options including Club Level Official and/or Coach
- Successful completion of the Certificate III in Sport, Aquatics and Recreation may contribute towards a student's Australian Tertiary Admission Rank (ATAR)



SKILLS ACQUIRED

- Officiating games or competitions
- Coaching beginner participants to develop fundamental skills
- Effective communication skills
- Use digital technologies in sports environments

FLEXIBLE PROGRAMS

PRACTICAL-BASED LEARNING

RESOURCES PROVIDED



Binnacle RTO CODE 31319









Binnacle Training 2025 Course Snapshot

SIS30122 CERTIFICATE III IN SPORT, AQUATICS AND RECREATION + SIS20122 CERTIFICATE II IN SPORT AND RECREATION

(or as Standalone Qualification: SIS30122 Certificate III in Sport, Aquatics and Recreation)

Registered Training Organisation: Binnacle Training (RTO 31319)

Delivery Format: 2-Year Format

Timetable Requirements: 1-Timetabled Line

Units of Competency:

Standalone Qualification -15 Units Dual Qualification - Additional 3 Units*

Suitable Year Level(s): Year 11 and 12

Study Mode:

Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience

Cost (Fee-For-Service):

\$335.00 per person (Cert II entry qualification = \$265.00 + Cert III Gap Fee = \$70.00) (+ First Aid \$55.00)

QCE Outcome:

Maximum 6 QCE Credits (Standalone Qualification) or 7 QCE Credits (Dual Qualification.

 Completing the Optional Term 7 Add-on as well can result in a maximum 8 QCE Credits

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

TERM 1	TOPICS > Introduction to the Sport, Fitness and Recreation (SFR) Industry > Introduction to Coaching Programs, Laws and Legislation PROGRAMS > Assist with Delivering Coaching Sessions (Supervisor Delivery) > Plan and Deliver Coaching Sessions (Student Delivery)			
TERM 2	TOPICS > Introduction to Community Programs > Introduction to Conditioning Programs PROGRAMS > Community SFR Program (Student Delivery) > Participate in Conditioning Sessions (Supervisor Delivery)			
TERM 3	TOPICS > Working in the SFR Industry - WHS and Provide Quality Service > Introduction to Anatomy and Physiology - The Cardiovascular System PROGRAMS > Plan and Deliver Group Conditioning Sessions > Plan and Deliver a One-on-one Cardio Program			
TERM 4	TOPICS > Anatomy and Physiology - The Musculoskeletal System > First Aid Course: HLTAID011 Provide First Aid PROGRAMS > Recreation Group Exercise Program			

QUALIFICATION SCHEDULED FOR FINALISATION SIS20122 CERTIFICATE II IN SPORT AND RECREATION

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	Deliver Outdoor Recreation Sessions
TERM 5	PROGRAMS
	Deliver Outdoor Recreation Sessions
	TOPICS
TERMO	 > Sport-Specific Coaching Program > Developing Self-Awareness
TERM 6	PROGRAMS
	 Plan and Deliver a Sport Development Program Plan and Deliver a Community Recreation Session for Children
	TOPICS
TERM 7 PART 1	 Round-Robin Tournaments Working Effectively with Others Responding to Interpersonal Conflict
(Compulsory)	PROGRAMS
(Compaisory)	PROGRAMS
(Compaisory)	 Plan and Deliver a Round-Robin Tournament Role-play Conflict Scenarios
	Plan and Deliver a Round-Robin Tournament
TERM 7 PART 2	 Plan and Deliver a Round-Robin Tournament Role-play Conflict Scenarios
TERM 7	 Plan and Deliver a Round-Robin Tournament Role-play Conflict Scenarios TOPICS

	UNITS	OF COMPETENC	Y
HLTAID011	Provide First Aid	BSBPEF302	Develop self-awareness
SISXIND011	Maintain sport, fitness and recreation knowledge	BSBTWK201	Work effectively with others
BSBPEF301	Organise personal work priorities	SISSSCO001	Conduct sport coaching sessions with foundation level participants
SISSPAR009	Participate in conditioning for sport	SISOFLD001	Assist in conducting recreation sessions*
BSBPEF202	Plan and apply time management*	SISXPLD004	Facilitate groups
BSBSUS211	Participate in sustainable work practices*	BSBWHS308	Participate in WHS hazard identification, risk assessment and risk control processes
HLTWHS001	Participate in workplace health and safety	SISXIND009	Respond to interpesonal conflict
SISXFAC006	Maintain activity equipment	SISXPLD002	Deliver recreation sessions
SISXCCS004	Provide quality service		TERM 7 ADD-ON UNITS OF COMPETENCY
SISXEMR003	Respond to emergency situations	SIRXWHS001	Work safely
* For students not enrolled in entry qualification SIS20122 Certificate II in		SISXEMR001	Respond to emergency situations
Sport and Reci	eation - these will be issued as a separate Statement of oject Only Training)	e will be issued as a separate Statement of HLTAID010 Provide basic emergency life support	

Binnacle Training 2025 Course Snapsho

FIRST AI & CPR SHORT COURSE

STRENGTH TRAINING FOR THE SHOULDE

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FIRST AID & CPR SHORT COURSES



HLTAID011 Provide First Aid Flexible Delivery Options



HLTAID009 Provide cardiopulmonary resuscitation Flexible Delivery Options

VISIT PROGRAMS FOR SCHOOLS $\$

The information in this 2025 Course Snapshot is current at the time of publishing and should be used as a guide only.

HLTAID011 PROVIDE FIRST AID

Binnacle Training (RTO Code 31319)

HOW DOES IT WORK

Students learn to confidently manage emergency situations and provide first aid care to a casualty. It is suitable for both people in a workplace and members of the public who want first aid training.

Binnacle Training recommends, in line with Australian Resuscitation Council guidelines, that First Aid skills are recertified every 3 years, and CPR skills are recertified every 12 months.

Participants are required to undertake practical training and assessment at floor level which includes demonstrating CPR on a manikin for at least two minutes.

Participants must attend 100% of this first aid training and will also require suitable language, literacy and numeracy skills to complete the course.

COURSE OVERVIEW

Delivery Format:

This course has the following course duration options:

- School Term Delivery: 12 x 70 min lessons
- > Two-Day Delivery: 10 hours (2 x 5-hour days).
- One-Day Delivery: The practical can be completed in approximately 5 hours.
- All knowledge assessments must be completed by participants prior to this one-day delivery.

Suitable Year Level(s):

Year 9, 10, 11 and 12

Study Mode: Combination of Face-to-face and online

Cost (Fee-For-Service): \$55.00 per person

QCE Outcome: 0 QCE Credits

COURSE OUTLINE

TOPICS COVERED

- Emergency Management
- > Assessing the Scene
- CPR and Defibrillation
- Injuries and Trauma
- Conditions
- Bites and Stings

UNITS OF COMPETENCY

- > HLTAID011 Provide First Aid
- HLTAID010 Provide basic emergency life support
- > HLTAID009 Provide cardiopulmonary resuscitation

WHAT DO STUDENTS ACHIEVE?

- The nationally recognised First Aid competency -HLTAID011 Provide First Aid
 - Most workplaces require a specific number of people to hold this competency.

SKILLS ACQUIRED

- Performing CPR, including use of an Automated External Defibrillator (AED)
- Providing initial treatment for injuries, trauma, bites and stings
- Managing a range of conditions including Asthma, Anaphylaxis, Shock and Hypothermia

QUALIFICATIONS THAT REQUIRE HLTAID011

- > SIS20122 Certificate II in Sport and Recreation
- SIS20321 Certificate II in Sport Coaching
- SIS30321 Certificate III in Fitness
- SIS30122 Certificate III in Sport, Aquatics and Recreation

Please note this 2025 Course Schedule is current at the time of publishing and should be used as a guide only. This document is to be read in conjunction with Binnacle Training's Program Disclosure Statement (PDS). Please note that some training and assessment services are delivered by the School (as Third Party) and the PDS sets out the services and training products Binnacle Training as RTO provides and those services carried out by the School as Third Party (i.e. the facilitation of training and assessment services). To access Binnacle's PDS, please visit: www.binnacletraining.com.au/rto

FLEXIBLE DELIVERY

PRACTICAL-BASED LEARNING

RESOURCES PROVIDED





HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATION

Binnacle Training (RTO Code 31319)

HOW DOES IT WORK

Students learn the skills to recognise and manage a casualty who is unconscious and not breathing. CPR is a lifesaving technique which can sustain life until an ambulance arrives.

Binnacle Training recommends, in line with Australian Resuscitation Council guidelines, that CPR skills are recertified every 12 months.

Participants are required to undertake practical training and assessment at floor level which includes demonstrating CPR on a manikin for at least two minutes.

Participants must attend 100% of this first aid training and will also require suitable language, literacy and numeracy skills to complete the course.

COURSE OVERVIEW

Delivery Format:

This course has the following course duration options:

- School Term Delivery: 4 x 70 min lessons
- > One-Day Delivery: Approximately 5 hours.
- Half-Day Delivery: The practical may be completed in approximately 3 hours.
- All knowledge assessments must be completed by participants prior to this one-day delivery.

Suitable Year Level(s): Year 9, 10, 11 and 12

Study Mode: Combination of Face-to-face and online

Cost (Fee-For-Service): \$40.00 per person

QCE Outcome: 0 QCE Credits

COURSE OUTLINE

TOPICS COVERED

- Emergency Management
- Assessing the Scene CPR and Defibrillation
 - UNIT OF COMPETENCY
- > HLTAID009 Provide cardiopulmonary resuscitation

WHAT DO STUDENTS ACHIEVE?

- The nationally recognised competency HLTAID009 Provide cardiopulmonary resuscitation
 - Most workplaces require a specific number of people to hold this competency.

SKILLS ACQUIRED

 Performing CPR, including use of an Automated External Defibrillator (AED)

Please note this 2025 Course Schedule is current at the time of publishing and should be used as a guide only. This document is to be read in conjunction with Binnacle Training's Program Disclosure Statement (PDS). Please note that some training and assessment services are delivered by the School (as Third Party) and the PDS sets out the services and training products Binnacle Training as RTO provides and those services carried out by the School as Third Party (i.e. the facilitation of training and assessment services). To access Binnacle's PDS, please visit: www.binnacletraining.com.au/rto

FLEXIBLE DELIVERY

PRACTICAL-BASED LEARNING

RESOURCES PROVIDED



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BUSINESS & TOURISM PROGRAMS



CERTIFICATE II & III COURSES



BSB20120 Certificate II in Workplace Skills 1-Year Format



SIT20122 Certificate II in Tourism 1-Year Format



BSB30120 Certificate III in Business + SIT20122 Certificate II in Tourism 2-Year Format



BSB30120 Certificate III in Business 2-Year Format

BSB20120 CERTIFICATE II IN WORKPLACE SKILLS

Binnacle Training (RTO Code 31319)

HOW DOES IT WORK

This qualification reflects the role of individuals in a variety of entry-level Business Services job roles.

The program will be delivered through class-based tasks as well as both simulated and real business environments at the school - involving the delivery of a range of projects and activities within the school community.

An excellent work readiness program where students develop a range of essential workplace skills.

SKILLS ACQUIRED

- Personal effectiveness
- Communication in the workplace
- > Using digital technologies in business environments
- Critical thinking and problem solving
- Time management
- Teamwork
- Self-awareness
- Workplace health and safety
- Sustainability

CAREER PATHWAYS



WHAT DO STUDENTS ACHIEVE?

- BSB20120 Certificate II in Workplace Skills (max. 4 QCE Credits)
- A range of career pathway options including pathway into BSB30120 Certificate III in Business

FLEXIBLE PROGRAMS

PROJECT-BASED LEARNING







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RTO CODE 31319

BSB20120 CERTIFICATE II IN WORKPLACE SKILLS

Registered Training Organisation: Binnacle Training (RTO 31319)

Delivery Format: 1-Year Format

Timetable Requirements: 1-Timetabled Line

Units of Competency: 10 (5 Core Units, 5 Elective Units)

Suitable Year Level(s): Year 10 (or Year 11 or 12)

Study Mode:

Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience

Cost (Fee-For-Service): \$225.00 per person

QCE Outcome:

Maximum 4 QCE Credits

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

	TOPICS
TERM 1	 Introduction to the Business Services Industry Introduction to Entrepreneurship and Business Introduction to Personal Finances
	PROJECTS
	Research Business Topics
	TOPICS
TERM 2	 Research Topics and Group Presentation Workplace Health and Safety Sustainable Work Practices
	PROJECTS
	 Group Presentation WHS Processes at the 'Go! Regional' Travel Expo
	TOPICS
TERM 3	 Working in a Business Environment Time Management
	PROJECTS
	Developing Teamwork in the Workplace
	TOPICS
TERM 4	Inclusive Work PracticesWorkplace Communication
	PROJECTS
	 Inclusivity and Communication in the Workplace

	UNITS OF COMPETENCY
BSBPEF202	Plan and apply time management
BSBPEF201	Support personal wellbeing in the workplace
BSBWHS211	Contribute to the health and safety of self and others
BSBSUS211	Participate in sustainable work practices
BSBCMM211	Apply communication skills
BSBTEC201	Use business software applications
BSBTEC203	Research using internet
BSBOPS201	Work effectively in business environments
BSBTWK201	Work effectively with others
BSBWHS311	Assist with maintaining workplace safety

SIT20122 CERTIFICATE II IN TOURISM

Binnacle Training (RTO Code 31319)

HOW DOES IT WORK

This qualification provides a pathway to work in many tourism and travel industry sectors including travel agencies, holiday parks and resorts, attractions, and any small tourism business.

The program will be delivered through class-based tasks as well as both simulated and real business and tourism environments at the school - involving the delivery of a range of projects and activities within the school community.

This program also includes the following:

Participation in a Tourism-related Industry Discovery

SKILLS ACQUIRED

- Communication
- Customer service
- > Safe and sustainable work practices
- Source and present information
- Social and cultural sensitivity
- > Digital technologies and software applications
- > Working effectively in business environments

CAREER PATHWAYS



WHAT DO STUDENTS ACHIEVE?

> SIT20122 Certificate II in Tourism (max. 4 QCE Credits)

 A range of career pathway options including pathway into BSB30120 Certificate III in Business

FLEXIBLE PROGRAMS

PROJECT-BASED LEARNING









SIT20122 CERTIFICATE II IN TOURISM

Registered Training Organisation: Binnacle Training (RTO 31319)

Delivery Format: 1-Year Format

Timetable Requirements: 1-Timetabled Line

Units of Competency: 11 (5 Core Units, 6 Elective Units)

Suitable Year Level(s): Year 10 (or Year 11 or 12)

Study Mode:

Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience

Cost (Fee-For-Service): \$225.00 per person

QCE Outcome: Maximum 4 QCE Credits

	TOPICS
TERM 1	 Introduction to the Tourism and Travel Industry Introduction to Entrepreneurship and Business Introduction to the Business Services Industry
	PROJECTS
	Research Business Topics
	TOPICS
TERMO	 Source, Use and Present Information on the Tourism and Travel Industry Public Activities and Events Business Software Applications and Research
TERM 2	PROJECTS
	 Business Start-Up Research Tourism Industry Research Present Information at an Industry Event
	TOPICS
	 Provide Information to Visitor and Custoners Interacting with Customers Show Social and Cultural Sensitivity in the Tourism Industry

	TOPICS
TEDM 4	Workplace Health and Safety
TERM 4	PROJECTS
	 WHS Processes at the 'Go! Regional" Travel Expo

A Language, Literacy and Numeracy
(LLN) Screening process is undertaken
at the time of initial enrolment (or
earlier) to ensure students have the
capacity to effectively engage with
the content and to identify support
measures as required.

	UNITS OF COMPETENCY
SITTIND003	Source and use information on the tourism and travel industry
SITXCOM006	Source and present information
CUAEVP211	Assist with the staging of public activities or events
BSBTEC201	Use business software applications
BSBTEC203	Research using the internet
SITXWHS005	Participate in safe work practices
SITXCOM008	Provide a briefing or scripted commentary
SITXCOM007	Show social and cultural sensitivity
SITXCCS010	Provide visitor information
SITXCCS009	Provide customer information and assistance
SITXCCS011	Interact with customers

Binnacle Training 2025 Course Snapsho

BSB30120 CERTIFICATE III IN BUSINESS + SIT20122 CERTIFICATE II IN TOURISM

Binnacle Training (RTO Code 31319)

HOW DOES IT WORK

The Certificate II in Tourism entry qualification provides a pathway to work in many tourism and travel industry sectors including travel agencies, holiday parks and resorts, attractions, and any small tourism business. The Certificate III in Business qualification reflects the role of individuals in a variety of Business Services job roles.

The program will be delivered through class-based tasks as well as both simulated and real business and tourism environments at the school - involving the delivery of a range of projects and services within the school community.

This program also includes the following:

- Student opportunities to design for a new product or service as part of our (non-accredited) Entrepreneurship Project - Binnacle Boss
- Participation in a Tourism-related industry discovery

CAREER PATHWAYS



SKILLS ACQUIRED

- Customer service
- Source and present information
- > Personal and teamwork effectiveness
- Critical and creative thinking
- Inclusivity and effective communication
- WHS and sustainability
- Business technology and documentation
- Source and present information

WHAT DO STUDENTS ACHIEVE?

- BSB30120 Certificate III in Business + SIT20122 Certificate II in Tourism (max. 10 QCE Credits)
- Successful completion of the Certificate III in Business may contribute towards a student's Australian Tertiary Admission Rank (ATAR)

FLEXIBLE PROGRAMS

PROJECT-BASED LEARNING

RESOURCES PROVIDED







BSB30120 CERTIFICATE III IN BUSINESS + SIT20122 CERTIFICATE II IN TOURISM

Registered Training Organisation: Binnacle Training (RTO 31319)

Delivery Format: 2-Year Format
Timetable Requirements: 1-Timetable Line
Units of Competency: Dual Qualification - 21 Units (plus 2 Optional Additional Units*)
Suitable Year Level(s): Year 11 and 12
Study Mode: Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience
Cost (Fee-For-Service): \$265.00 per person (Cert II qualification = \$225 + Cert III Gap Fee = \$40)
QCE Outcome: Maximum 10 QCE Credits

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

	TOPICS
TERM 1	 Introduction to the Business Services Industry
	 Introduction to Entrepreneurship and Business
	Introduction to Tourism
	PROJECTS
	Research Business Topics
	TOPICS
	 Source, Use and Present Information on the Tourism and Travel Industry Public Activities and Events
	 Business Software Applications and Research
TERM 2	PROJECTS
	 Business Start-Up Research
	Tourism Industry Research
	Present Information at an Industry Event
	TOPICS
	 Providing Information to Visitors and Customers
	 Interacting with Customers Showing Social and Cultural Sensitivity in the Tourism Industry
TERM 3	PROJECTS
	Go! Travel 'VIP' Information Evening
	 Interact with Customers at the Go! Travel Agency
	 Show Social and Cultural Sensitivity in the Tourism Industry
	TOPICS
	Workplace Health and Safety
TERM 4	Sustainable Work Practices
	PROJECTS
	WHS Processes at the 'Go! Regional' Travel Expo
	QUALIFICATION SCHEDULED FOR FINALISATION
	SIT20122 CERTIFICATE II IN TOURISM
	TOPICS
	Inclusive Work Practices
TERM 5	Engage in Workplace Communication
	PROJECTS
	 Inclusivity and Communication in the Workplace
	TOPICS
	 Work in a Team Critical Thinking Skills
TERM 6	
	PROJECTS
	Critical Thinking at Go! Travel
	TOPICS
TERM 7 PART 1	Producing Simple Documents
	PROJECTS
	 Binnacle Boss - Business Proposal
TERM 7	TOPICS
PART 2 (Optional)	Designing and Producing Presentations
	PROJECTS
	> Deliver a Focus Group Presentation

UNITS OF COMPETENCY SITTIND003 Source and use information on the tourism and travel industry BSBPEF301 Organise personal work priorities CUAEVP211 Assist with the staging of public activities or events BSBPEF201 Support personal wellbeing in the workplace SITXCOM006 Source and present information BSBWHS311 Assist with maintaining workplace safety BSBTEC201 Use business software applications BSBSUS211 Participate in sustainable work practices BSBTEC203 BSBTWK301 Use inclusive work practices Research using the internet SITXCCS009 BSBXCM301 Provide customer information and assistance Engage in workplace communication SITXWHS005 Participate in safe work practices BSBXTW301 Work in a team Show social and cultural sensitivity SITXCOM007 BSBCRT311 Apply critical thinking skills in a team environment SITXCCS011 Interact with customers BSBTEC301 Design and produce business documents BSBWRT311 SITXCCS010 Write simple documents Provide visitor information SITXCOM008 Provide a briefing or scripted commentary **OPTIONAL ADDITIONAL UNITS OF COMPETENCY** BSBPEF402 Develop personal work priorities* BSBCMM411 Make presentations*

2025 EDITION BSB30120 CERTIFICATE III IN BUSINESS

HOW DOES IT WORK

This qualification reflects the role of individuals in a variety of Business Services job roles.

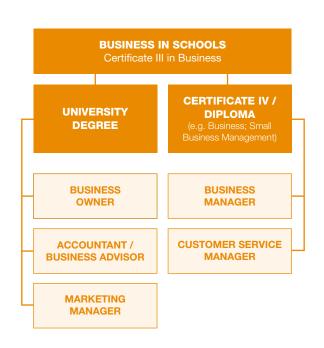
The program will be delivered through class-based tasks as well as both simulated and real business environments at the school - involving the delivery of a range of projects and services within the school community.

This program also includes the following:

- > Student opportunities to design for a new product or service as part of our (non-accredited) Entrepreneurship Project - Binnacle Boss
- Students examine business opportunities and > participate in an Industry discovery

An excellent work readiness program where students develop a range of essential workplace skills.

CAREER PATHWAYS



SKILLS ACQUIRED

- Leadership, innovation and creative thinking
- Customer service and teamwork
- Inclusivity and effective communication
- WHS and sustainability `
- Financial literacy
- **Business documentation**

WHAT DO STUDENTS ACHIEVE?

- BSB30120 Certificate III in Business (max. 8 QCE Credits)
- Successful completion of the Certificate III in Business > may contribute towards a student's Australian Tertiary Admission Rank (ATAR)

FLEXIBLE PROGRAMS

PROJECT-BASED LEARNING

RESOURCES PROVIDED









BSB30120 CERTIFICATE III IN BUSINESS

Registered Training Organisation: Binnacle Training (RTO 31319)

Delivery Format: 2-Year Format

Timetable Requirements:

1-Timetable Line Please consult Binnacle Training to discuss Fast-Track options.

Units of Competency:

13 (6 Core Units, 7 Elective Units) plus 2 Optional Additional Units*

Suitable Year Level(s): Year 11 and 12

Study Mode:

Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience

Cost (Fee-For-Service): \$265.00 per person

QCE Outcome: Maximum 8 QCE Credits

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

	TOPICS			
TERM 1	 Introduction to the Business Services Industry Introduction to Entrepreneurship and Business Introduction to Personal Finances 			
	PROJECTS PResearch Business Topics			
TERM 2	TOPICS Research Topics and Create a Group Presentation PROJECTS Group Presentation 			
TERM 3	TOPICS Vorkplace Health and Safety Sustainable Work Practices PROJECTS			
	WHS Processes at the 'Go! Regional' Travel Expo			
TERM 4	TOPICS > Inclusive Work Practices > Engage in Workplace Communication PROJECTS			
	 Inclusivity and Communication in the Workplace 			
TERM 5	TOPICS > Develop and Apply Knowledge of Personal Finances PROJECTS > Personal Budget for the Future			
TERM 6	TOPICS > Work in a Team > Critical Thinking Skills PROJECTS > Critical Thinking at Go! Travel			
	-			
TERM 7 PART 1	TOPICS Producing Simple Documents PROJECTS Binnacle Boss - Business Proposal			
	TOPICS			
TERM 7 PART 2 (OPTIONAL)	Designing and Producing Presentations PROJECTS Deliver a Focus Group Presentation			

UNITS OF COMPETENCY				
BSBPEF201	Support personal wellbeing in the workplace	BSBXTW301	Work in a team	
BSBPEF301	Organise personal work priorities	BSBCRT311	Apply critical thinking skills in a team environment	
FNSFLT311	Develop and apply knowledge of personal finances	BSBTEC301	Design and produce business documents	
BSBWHS311	Assist with maintaining workplace safety	BSBWRT311	Write simple documents	
BSBSUS211	Participate in sustainable work practices	BSBTEC201	Use business software applications	
BSBXCM301	Engage in workplace communication	BSBTEC203	Research using the internet	
BSBTWK301	Use inclusive work practices			
OPTIONAL ADDITIONAL UNITS OF COMPETENCY				
BSBCMM411	Make presentations*	BSBPEF402	Develop personal work priorities*	



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