# SIS30122 CERTIFICATE III IN SPORT, AQUATICS AND RECREATION + SIS20122 CERTIFICATE II IN SPORT AND RECREATION

Binnacle Training (RTO Code 31319)

# **HOW DOES IT WORK**

This qualification reflects the role of individuals with well-developed skills and knowledge to deliver recreational services.

Students assist with facilitation of sport and recreation programs within their school community including:

- Officiating games
- Conducting coaching sessions
- > Community sport, fitness and recreation programs

Available with a 'General' or 'Sport Specialty' Coaching and Officiating outcome - AFL, NRL, Netball, Rugby Union or Choose Your Own Sport!

# WHAT DO STUDENTS ACHIEVE?

- SIS30122 Certificate III in Sport, Aquatics and Recreation (max. 7 QCE Credits). Completing the 'Term 7 Add-On' as well can result in a maximum 8 QCE Credits
- Entry qualification: SIS20122 Certificate II in Sport and Recreation (only in Dual Qualification)
- The nationally recognised First Aid competency -HLTAID011 Provide First Aid
- Community Coaching Essential Skills Course (nonaccredited), issued by Australian Sports Commission
- A range of career pathway options including Club Level Official and/or Coach
- Successful completion of the Certificate III in Sport, Aquatics and Recreation may contribute towards a student's Australian Tertiary Admission Rank (ATAR)

# **CAREER PATHWAYS**



# **SKILLS ACQUIRED**

- Officiating games or competitions
- Coaching beginner participants to develop fundamental skills
- > Effective communication skills
- Use digital technologies in sports environments

**FLEXIBLE PROGRAMS** 

PRACTICAL-BASED LEARNING

RESOURCES PROVIDED











# SIS30122 CERTIFICATE III **IN SPORT, AQUATICS AND RECREATION + SIS20122 CERTIFICATE II** IN SPORT AND RECREATION

(or as Standalone Qualification: SIS30122 Certificate III in Sport, **Aquatics and Recreation)** 

Registered Training Organisation: Binnacle Training (RTO 31319)

# **Delivery Format:**

2-Year Format

# **Timetable Requirements:**

1-Timetabled Line

# **Units of Competency:**

Standalone Qualification -15 Units Dual Qualification - Additional 3 Units\*

# Suitable Year Level(s):

Year 11 and 12

# Study Mode:

Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience

# Cost (Fee-For-Service):

\$335.00 per person (Cert II entry qualification = \$265.00 + Cert III Gap Fee = \$70.00) (+ First Aid \$55.00)

# **QCE Outcome:**

Maximum 7 QCE Credits.

> Completing the Term 7 Add-on as well can result in a maximum 8 QCE Credits

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

# **TOPICS**

- Introduction to Training Programs
- > Introduction to the Sport, Fitness and Recreation (SFR) Industry

# TERM 1

TERM 2

TERM 3

- Coaching Program (Student Delivery): Plan and Deliver Coaching Sessions SFR Coaching Program (Supervisor): Assist with Delivering Coaching Sessions

- Research Topics and Create a Group Presentation
- Participate in a Conditioning Program

# **PROGRAMS**

- Group Nutrition Presentation: Create and Deliver a Presentation to your Peers
- Conditioning Program: Participate in Conditioning Sessions

- Cardio and Conditioning Programs
- Anatomy and Physiology
  The SFR Industry

- One-on-One Cardio Program
- Group Conditioning Sessions for Adolescent Participants
- Respond to an Emergency Situation: Fire Evacuation Drill

- Anatomy and Physiology Provide First Aid

# **TERM 4**

- Recreation Program (Teacher Facilitated): Assist with Recreation Sessions
- Sports Program: Plan and Conduct Sport Sessions for Participants

# **QUALIFICATION SCHEDULED FOR FINALISATION**

# SIS20122 CERTIFICATE II IN SPORT AND RECREATION

# **TOPICS**

- Plan and Conduct Sports Programs
- Apply Knowledge of Officiating Practices

# TERM 5

- Group Sports Program (Teacher Facilitated) Use and Maintain Business Technology (Additional Project)
- Community Officiating General Principles (Online Course)
- **TOPICS**

- Plan and Deliver a Sports Competition
- Community SFR Program

# **TERM 6**

- Community SFR Program #2: Plan and Conduct Community SFR Sessions for Participants
- Round Robin Tournament

# **TERM 7**

- Sport-Specific Coaching Sessions
- Personal Development
- Workplace Performance

> Sport-Specific Coaching Program

UNITS OF COMPETENCY			
HLTAID011	Provide First Aid	BSBPEF302	Develop self-awareness
SISXIND011	Maintain sport, fitness and recreation knowledge	BSBTWK201	Work effectively with others
BSBPEF301	Organise personal work priorities	SISSSCO001	Conduct sport coaching sessions with foundation level participants
SISSPAR009	Participate in conditioning for sport	SISOFLD001	Assist in conducting recreation sessions*
BSBPEF202	Plan and apply time management*	SISXPLD004	Facilitate groups
BSBSUS211	Participate in sustainable work practices*	BSBWHS308	Participate in WHS hazard identification, risk assessment and risk control processes
HLTWHS001	Participate in workplace health and safety	SISXIND009	Respond to interpesonal conflict
SISXFAC006	Maintain activity equipment	SISXPLD002	Deliver recreation sessions
SISXCCS004	Provide quality service	TERM 7 ADD-ON UNITS OF COMPETENCY	
SISXEMR003	Respond to emergency situations	BSBPEF201	Support personal wellbeing in the workplace
* For students not enrolled in entry qualification SIS20122 Certificate II in Sport and Recreation - these will be issued as a separate Statement of Attainment (Subject Only Training)		HLTAID009	Provide cardiopulmonary resuscitation (Completed as part of Provide First Aid - HLTAID011)

Please note this 2024 Course Schedule is current at the time of publishing and should be used as a guide only. This document is to be read in conjunction with Binnacle Training's Program Disclosure Statement (PDS). The PDS sets out the services and training products Binnacle Training as RTO provides and those services carried out by the School as Third Party (i.e. the facilitation of training and assessment services). To access Binnacle's PDS, please visit: www.binnacletraining.com.au/rto