2024 EDITION

SIS20122 CERTIFICATE II IN SPORT AND RECREATION

Binnacle Training (RTO Code 31319)

HOW DOES IT WORK

This qualification reflects the role of individuals who assist with the delivery of sport and recreation activities and who complete a range of customer contact duties.

Students participate in the delivery of a range of sport and recreation activities and programs within the school.

Available with a 'General' or 'Sport Specialty' Coaching outcome - AFL, NRL, Netball, Rugby Union or Choose Your Own Sport!

WHAT DO STUDENTS ACHIEVE?

› SIS20122 Certificate II in Sport and Recreation (Maximum 4 QCE Credits)

› Community Coaching - Essential Skills Course (non-accredited), issued by Australian Sports Commission

› Direct pathway into SIS30122 Certificate III in Sport, Aquatics and Recreation (or SIS30321 Certificate III in Fitness)

› Recommended 'optional' additional training - the nationally recognised First Aid competency - HLTAID011 Provide First Aid

SKILLS ACQUIRED

› Officiating games or school competitions

› Coaching beginner participants to develop fundamental skills

› Effective communication skills

› Providing quality service to participants

CAREER PATHWAYS

SPORT IN SCHOOLS
Certificate II in Sport and Recreation

CLUB LEVEL OFFICIAL*
(e.g. Referee – paid position)

CLUB LEVEL COACH*

CERTIFICATE III PATHWAYS

CERTIFICATE III IN SPORT, AQUATICS AND RECREATION

CERTIFICATE III IN FITNESS

SPORTS COACH

GYM INSTRUCTOR

GAME DEVELOPMENT OFFICER

GROUP FITNESS INSTRUCTOR

RECREATION OFFICER

* When combined with individual sport's National Officiating / Coaching Accreditation Scheme (NOAS/NCAS) technical requirements

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FLEXIBLE PROGRAMS

PRACTICAL-BASED LEARNING

RESOURCES PROVIDED

Binnacle Training

RTO CODE 31319

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SIS20122 CERTIFICATE II IN SPORT AND RECREATION

Registered Training Organisation:
Binnacle Training (RTO 31319)

Delivery Format:
1-Year Format

Timetable Requirements:
1-Timetabled Line

Units of Competency:
10 (6 Core Units, 4 Elective Units)

Suitable Year Level(s):
Year 10 (or Year 11 or 12)

Study Mode:
Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience

Cost (Fee-For-Service):
$265.00 per person **(+ optional First Aid $55.00)**

QCE Outcome:
Maximum 4 QCE Credits

TERM 1	**TOPICS**
	› Introduction to Coaching Programs › Introduction to the Sport, Fitness and Recreation (SFR) Industry
	PROGRAMS
	› Coaching Program (Student Delivery): Plan and Deliver Coaching Sessions › SFR Coaching Program (Supervisor): Assist with Delivering Coaching Sessions

TERM 2	**TOPICS**
	› Research Topics and Create a Group Presentation › Participate in a Conditioning Program
	PROGRAMS
	› Group Nutrition Presentation: Create and Deliver a Presentation to your Peers › Conditioning Program: Participate in Conditioning Sessions

TERM 3	**TOPICS**
	› Cardio and Conditioning Programs › Anatomy and Physiology › The SFR Industry
	PROGRAMS
	› One-on-One Cardio Program › Group Conditioning Sessions for Adolescent Participants › Respond to an Emergency Situation: Fire Evacuation Drill

TERM 4	**TOPICS**
	› Anatomy and Physiology › First Aid Course: HLTAID011 Provide First Aid (Optional Additional Training)
	PROGRAMS
	› Recreation Program (Teacher Facilitated): Assist with Delivering Recreation Sessions

A Language, Literacy and Numeracy (LLN) Screening process is undertaken at the time of initial enrolment (or earlier) to ensure students have the capacity to effectively engage with the content and to identify support measures as required.

UNITS OF COMPETENCY	
SISXIND011	Maintain sport, fitness and recreation knowledge
BSBPEF202	Plan and apply time management
BSBPEF301	Organise personal work priorities
BSBSUS211	Participate in sustainable work practices
SISSPAR009	Participate in conditioning for sport
HLTWHS001	Participate in workplace health and safety
SISXFAC006	Maintain activity equipment
SISOFLD001	Assist in conducting recreation sessions
SISXCCS004	Provide quality service
SISXEMR003	Respond to emergency situations
HLTAID011	Provide First Aid (Optional Additional)