

SPORT, FITNESS & RECREATION COURSES

VET AND INDUSTRY QUALIFICATION REQUIREMENTS

Each Program Deliverer must have the following evidence requirements in place prior to the commencement of delivery:



	SIS30321 CERTIFICATE III IN FITNESS (STANDALONE AND DUAL QUALIFICATION)	SIS30115 CERTIFICATE III IN SPORT AND RECREATION (STANDALONE AND DUAL QUALIFICATION)	SIS20115 CERTIFICATE II IN SPORT AND RECREATION	SIS20321 CERTIFICATE II IN SPORT COACHING	SFR SHORT COURSES
Certificate IV in Training and Assessment	<p>Hold the Certificate IV in Training and Assessment (TAE40122, TAE40116 or TAE40110*) qualification:</p> <p>* If using the TAE40110 qualification, two core units must also be held:</p> <ol style="list-style-type: none"> 1. TAEASS502 Design and develop assessment tools (or equivalent); and 2. TAELLN411 Address adult language, literacy and numeracy (LLN) skills (or equivalent). <p>Or Hold a diploma or higher qualification in 'adult' education.</p>				
Industry Qualification	<p>Hold a Certificate IV in Fitness with a collective period of two years working in fitness instruction (or be a registered/ accredited practising exercise professional with a degree and experience).</p>	<p>Hold a Sport, Fitness and Recreation (SFR)-related VET qualification (Certificate III or higher) and/or Degree in a Sport, Fitness and Recreation (SFR) industry area.</p>			
Vocational Competence	<p>Demonstrate vocational competence in each unit of competency.</p> <p>Binnacle's free, non-accredited Vocational Competence Update (VCU) is used to demonstrate current vocational competence specific to each unit of competency within the qualification(s) being delivered. Deliverers will need to either hold the unit of competency, OR demonstrate equivalence (demonstrate vocational competence) using verifiable evidence for each unit.</p>				

SPORT, FITNESS AND RECREATION PROGRAMS

SCHOOL PHYSICAL RESOURCE REQUIREMENTS

REQUIREMENTS

SCHOOL PHYSICAL RESOURCE REQUIREMENTS	2024 SPORT, FITNESS AND RECREATION PROGRAMS				
	SHORT COURSES	CERTIFICATE PROGRAMS			
	Introduction to Sport + Introduction to Fitness	SIS20115 Certificate II in Sport and Recreation	SIS20321 Certificate II in Sport Coaching	SIS30115 Certificate III in Sport and Recreation (with optional SIS20115 Certificate II in Sport and Recreation)	SIS30321 Certificate III in Fitness (with optional SIS20115 Certificate II in Sport and Recreation)
Sport and Recreation facilities and equipment – located at the school.					
A sport-specific training or competition environment.	✓	✓	✓	✓	✓
Facilities where a sport-specific range of officiating and coaching activities can be conducted.	✓	✓	✓	✓	✓
Equipment and resources appropriate for one or more specific sports.	✓	✓	✓	✓	✓
Organisational safety, emergency response and first aid procedures for the specific sport.	✓	✓	✓	✓	✓
Access to athletes and novice/beginner participants.	✓	✓	✓	✓	✓
Key health and safety equipment and/or aids.	✓	✓	✓	✓	✓
First aid kit.	✓	✓	✓	✓	✓
Personal computers with office software and internet access.	✓	✓	✓	✓	✓
Repair equipment and maintenance resources (e.g. ball pumps, cleaning equipment).	N/A	✓	✓	✓	✓
Maintenance storage facilities (e.g. storeroom).	N/A	✓	✓	✓	✓
Sport Specialty (NRL, Netball, Rugby Union, Other) schools: Must also have access to events, games or competitions where students will assist as officials (e.g. Gala Days).	N/A	✓	✓	✓	✓
Access to social media tools and applications (e.g. blogs, wikis, social media sites).	N/A	N/A	N/A	✓	N/A
Access to participant groups (other than peers) for the purpose of gaining experience delivering sessions to real participants (e.g. primary school or junior secondary school students). The venue/facility for these SFR programs must include a range of SFR activities and equipment.	N/A	✓	✓	✓	✓

SPORT, FITNESS AND RECREATION PROGRAMS

SCHOOL PHYSICAL RESOURCE

REQUIREMENTS (CONT'D)

SCHOOL PHYSICAL RESOURCE REQUIREMENTS SIS30321 CERTIFICATE III IN FITNESS <u>ONLY</u>	
A Fitness (Gym) Facility – located on the school premises.	Fitness assessment equipment – located on the school premises. If you require items from the list below, click on the following link to source many of these items at discount prices. VISIT BINNACLE SHOP
A variety of exercise modes (including with and without equipment).	Tape measures (such as a stadiometer to measure height)
A range of exercise equipment including cardiovascular, resistance and flexibility.	Sit and reach tools
A variety of exercise areas including resistance, cardio, flexibility, circuit and outdoor.	Stationary bicycle, treadmill or rowing ergometer
Adequate space to cater for groups/multiple trainers.	Heart rate monitors
Key health and safety equipment and/or aids.	Blood pressure monitor
A range of programs and services.	Body weight scales
A first aid kit.	Stop watches
Access to Adult (age 18+ years) and Older Adult (age 55+ years) Clients - Term 6 & 7* The School (Third-Party) must have access to the following adult and older adult clients – with all 9 sessions, instructed by each student, undertaken on school premises (or an external fitness facility as arranged by the School) - for practical assessment purposes and assessed by the Binnacle Program Deliverer.	
6 x 1-ON-1 GYM-BASED SESSIONS: Each student is required to instruct six gym-based sessions (minimum session duration of 30 minutes) for the following individual clients in Term 6 & 7*:	
<ul style="list-style-type: none"> ✓ 1 x female adult (age 18+ years) – minimum of 2 sessions ✓ 1 x male adult (age 18+ years) – minimum of 2 sessions ✓ 1 x older adult (age 55+ years) – minimum of 2 sessions 	
3 x GROUP EXERCISE SESSIONS: Each student is required to instruct three group exercise sessions (minimum session duration of 45 minutes) for the following client groups (with a minimum of 6 participants in each group) in Term 6 & 7*:	
<ul style="list-style-type: none"> ✓ A group that is predominantly comprised of female adults – minimum of 1 session (i.e. a minimum of 6 participants with at least 4 x female adults aged 18 years or over) ✓ A group that is predominantly comprised of male adults – minimum of 1 session (i.e. a minimum of 6 participants with at least 4 x male adults aged 18 years or over) ✓ A group that is predominantly comprised of older adults – minimum of 1 session (i.e. a minimum of 6 participants with at least 4 x older adults aged 55 years or over) 	

FIRST AID & CPR COURSES

VET AND INDUSTRY QUALIFICATION REQUIREMENTS

Each Program Deliverer must have the following evidence requirements in place prior to the commencement of delivery:



	HLTAID011 PROVIDE FIRST AID	HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATION
Certificate IV in Training and Assessment	<p>Hold the Certificate IV in Training and Assessment (TAE40122, TAE40116 or TAE40110*) qualification:</p> <p>* If using the TAE40110 qualification, two core units must also be held:</p> <ol style="list-style-type: none"> 1. TAEASS502 Design and develop assessment tools (or equivalent); and 2. TAELLN411 Address adult language, literacy and numeracy (LLN) skills (or equivalent). <p>Or Hold a diploma or higher qualification in ‘adult’ education.</p>	
Industry Qualification	<p>Hold a current Provide First Aid Certificate (within 3 years) and CPR Certificate (within 12 months). These must remain current for each new class being delivered.</p>	
Statement of Service	<p>Complete a ‘Statement of Service – First Aid Officer’ (every two years).</p> <p>Verified by their Head of Department or line manager and is used to demonstrate First Aid related recent work history using verifiable evidence.</p>	

FIRST AID & CPR

SCHOOL PHYSICAL RESOURCE REQUIREMENTS

SCHOOL PHYSICAL RESOURCE REQUIREMENTS	2024 SPORT, FITNESS AND RECREATION PROGRAMS				
	SHORT COURSES	CERTIFICATE PROGRAMS			
	Introduction to Sport + Introduction to Fitness	SIS20115 Certificate II in Sport and Recreation	SIS20321 Certificate II in Sport Coaching	SIS30115 Certificate III in Sport and Recreation (with optional SIS20115 Certificate II in Sport and Recreation)	SIS30321 Certificate III in Fitness (with optional SIS20115 Certificate II in Sport and Recreation)
First Aid training equipment					
If the First Aid competency will be delivered via the Binnacle Program – refer to mandatory items in table below.	N/A	✓	✓	✓	✓

FIRST AID & CPR SCHOOL PHYSICAL RESOURCE REQUIREMENTS			
First Aid training equipment – located at the school:			
MANDATORY EQUIPMENT	MINIMUM (*Suggested) QTY	MANDATORY EQUIPMENT	MINIMUM (*Suggested) QTY
Adult CPR Manikin	1 manikin per 4 students*	Asthma Spacers	1 trainer per 4 students*
Infant CPR Manikin	1 manikin per 4 students*	Asthma Spacer Mouthpieces	1 per student
CPR Face shield or Clean Face	1 per student for each manikin	Triangular Bandage	1 per student (new)*
Alcohol Wipes	Tub	Roller Bandage	1 per student (new)*
AED Trainer	1 trainer per 4 students*	Spare Clean Bandages/Slings	Assortment
Gloves (S, M, L)	Box of each size	Workplace Compliant First Aid Kit – stocked	1 per class*
EpiPen Trainers	1 trainer per 4 students*	Pillows and Blankets	Assortment
Asthma Puffers (Placebo)	1 trainer per 4 students*	Simulated Hazards	As per workplace
If you require any of the First Aid training equipment above, click on the following link to source these items at discount prices. VISIT BINNACLE SHOP			

VOCATIONAL COMPETENCE UPDATE

Binnacle's method for retaining evidence of Vocational Competence for 'Trainers and Assessors' (i.e. Teachers)

THE STANDARDS FOR RTOS SPECIFY THAT THE RTO'S TRAINING AND ASSESSMENT IS DELIVERED ONLY BY PERSONS WHO HAVE:

1. Vocational competencies at least to the level being delivered and assessed.
2. Current industry skills directly relevant to the training and assessment being provided.
3. Current knowledge and skills in vocational training and learning that informs their training and assessment.

A GUIDE TO COMPLIANCE:

Evidence relating to Trainers' and Assessors' industry skills can take many forms. If a 'Trainer and Assessor' (i.e. Teacher) holds the qualification they are delivering and has recent extensive industry experience, this may be sufficient to demonstrate they hold both current industry skills and vocational competencies. In the circumstance that the trainer and assessor does not hold the qualification, the RTO needs to analyse the skills and knowledge they deliver and compare this to their industry skills and knowledge. They must consider all Units of Competency (including electives) in this analysis to ensure that trainers and assessors are meeting the requirements specified in the training package.

DURATION

This VCU program is estimated to take approximately two hours and must be completed and verified by your Third-Party Verifier by the 1st of April (within the first year of the program if required).

VOCATIONAL COMPETENCE UPDATE (VCU)

All intended Trainer and Assessors (i.e. Teachers) are required to complete a (free) non-accredited Vocational Competence Update (VCU). These custom VCU's allow our 'Trainer and Assessors' to demonstrate current knowledge and skills specific to each unit of competency within the qualifications being delivered. Deliverers will need to either hold the unit of competency OR demonstrate equivalence (in skills and knowledge) using verifiable evidence (third-party verification from a nominated supervisor). Upon successful completion, you will gain a (non-accredited) Certificate of Completion which recognises your vocational competence as a Binnacle Program Deliverer.

EVIDENCE REQUIRED

You will be required to upload evidence in your Profile and complete the: Evidence, Unit List and Third Party tabs prior to the assessor unlocking the units tabs.

THIRD-PARTY VERIFICATION REQUIRED

You will be required to nominate a Third-Party person to verify your knowledge and skills related to each unit of competency within this qualification (if you do not hold the unit of competency). The Third-Party person must have an understanding of the industry expectations in relation to the knowledge and skills being performed. We encourage you to discuss the requirements with your nominated Third-Party prior to proceeding. Your VCU can not be successfully completed until an electronic email verification is received from the Third-Party nominee and approved by Binnacle Training.

Assessments

Course: 2023 VCU: SIS30321 Certificate III in Fitness

Class: Completed 2023 VCU: SIS30321 Certificate III in Fitness

Cert III Fitness VCU 100%

Course: 2023 VCU: SFR Essentials

Class: Completed 2023 VCU: SFR Essentials

VCU 100%