

# TRAINING AND ASSESSMENT STRATEGY

Name of RTO	Binnacle Training College Pty Ltd					
RTO Number	31319					
Binnacle Program	2023 Certificate III Sport and Recreation (6 Terms)					
Training Product	SIS30115 Certificate III in Sport and Recreation (Standalone Qualification)					
Training Package	Code	Code SIS		Title	Sport, Fitness and	Recreation
	PACKAGING RULES:  SIS30115 CERTIFICATE III IN SPORT AND RECREATION  15 units must be completed, as follows:  • 9 core units  • 6 elective units, consisting of:  • 3 units from the listed elective units  • 3 units from the listed elective units, elsewhere in the SIS Training Package, or from any other current training package or accredited course.					
Training Package Location	Training Package Release # 5.2 Release Date  Go to details of certificate packaging rules on TGA: https://training.gov.au/Training/Details/SIS30115				4 Apr 2022	
	Download Training Package from TGA: https://training.gov.au/Training/Details/SIS  Download Companion Volume implementation guide: https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b  Code: SIS30115					

UNIT CODE	UNIT TITLE	SIS30115 Certificate III in Sport and Recreation	Scheduled for Finalisation	Qualified Trainer and Assessor	Evidence Gathering Techniques	Training & Assessment Arrangements (Fee for Service)
SISXCAI002	Assist with activity sessions	Imported Elective	Term 4	Teacher (T-P)	A, C, D	
SISXCCS001	Provide quality service	Core	Term 4	Teacher (T-P)	A, B, C, D	
HLTAID011	Provide First Aid	Core	Term 4	Teacher (T-P)	A, B, D	
HLTWHS001	Participate in workplace health and safety	Core	Term 3	Teacher (T-P)	A, C	
SISXEMR001	Respond to emergency situations	Core	Term 4	Teacher (T-P)	A, C	
SISXIND001	Work effectively in sport, fitness and recreation environments	Imported Elective	Term 4	Teacher (T-P)	A, C, D	
SISXIND002	Maintain sport, fitness and recreation industry knowledge	Imported Elective	Term 4	Teacher (T-P)	A, C	Sole trainer and assessor (Teacher-led delivery) –
BSBWOR204	Use business technology	General Elective	Term 6	Teacher (T-P)	A, B, C, D	under the support of the Binnacle Program
BSBWHS303	Participate in WHS hazard identification, risk assessment and risk control	Core	Term 6	Teacher (T-P)	A, C, D	Management (PM) Team.
SISXCAI003	Conduct non-instructional sport, fitness or recreation sessions	Core	Term 6	Teacher (T-P)	A, D	
ICTWEB201	Use social media tools for collaboration and engagement	Core	Term 6	Teacher (T-P)	A, B, C	
SISXCAI006	Facilitate groups	General Elective	Term 6	Teacher (T-P)	A, B, D	
BSBWOR301	Organise personal work priorities and development	Core	Term 6	Teacher (T-P)	A, C, D	
BSBADM307	Organise schedules	General Elective	Term 6	Teacher (T-P)	A, C, D	
SISXCAI004	Plan and conduct programs	Core	Term 6	Teacher (T-P)	A, D	
BSBWOR202	Organise and complete daily work activities		Term 2	Teacher (T-P)	A, C, D	
BSBTEC201	Use business software applications		Term 2	Teacher (T-P)	A, C, D	
BSBTEC202	Use digital technologies to communicate in a work environment	Additional units	Term 2	Teacher (T-P)	A, C	Online delivery – Introduction to the Sport,
BSBTEC203	Research using the internet	available - Subject Only Training	Term 2	Teacher (T-P)	A, C	Fitness & Recreation Industry.
ICTICT203	Operate application software packages		Term 2	Teacher (T-P)	A, C, D	]
BSBSUS201	Participate in environmentally sustainable work practices		Term 2	Teacher (T-P)	A, C, D	



OPTIONAL TERM 7 ADD-ON								
SISSSCO001	Conduct sport coaching sessions with foundation level participants		Term 7	Teacher (T-P)	Α, [	)		
BSBPEF302	SBPEF302 Develop self-awareness			Term 7	Teacher (T-P)	A, C,	D	
BSBTWK201	Work effectively with others		Term 7	Teacher (T-P)	Α, [	)	Sole trainer and assessor	
Binnacle HLTA	Binnacle HLTAID011 Provide First Aid course. These four units will be reported to the qualification: SIS30321 Certificate III in Fitness (partial completion only) to be eligible for an additional 2  Binnacle P							under the support of the Binnacle Program Management (PM) Team.
HLTAID009	9 Provide cardiopulmonary resuscitation			Term 4	Teacher (T-P)	A, B,	D	-
HLTAID011 EVID			HERING TECHNIQUES			EV	IDENCE	KEY
			The following matrix identifies the type of evidence that may be collected to enable			<b>Q</b> ui	Quiz and short answer	
an external provider as arranged by individual schools. HLTAID011 delivered as gathering			be made about a student's success in units of competency. Evidence iniques may be adjusted to best suit the unit of competency requirements. It is submit evidence to gain RPL for competencies.			3 Cas	Case studies and scenarios	
						C	Pro	Project tasks
							<b>)</b> Maj	or programs and practicals

# Binnacle-School Third-Party Arrangement

This Binnacle Training Program is delivered via a third-party arrangement with individual partner schools.

Binnacle Training (Lead RTO) - Responsibilities:

- ☑ Provision of all requisite training and assessment resources, plus online learning via Learning Management System (Binnacle Lounge).
- ☑ Ongoing program support, including dedicated Program Manager and Administration Officer.
- ☑ Outcomes of training and assessment.

School (Third-Party) Responsibilities:

- ☑ Human Resources (Program Deliverer and at least one nominated back-up deliverer)
- ☑ Physical Resources (equipment and facilities)
- Facilitation of training and assessment services, on behalf of Binnacle Training as the RTO.

School and cohort-specific information, required by Binnacle Training (as per the Standards for RTOs 2015 - Clauses 1.1 to 1.4 and 2.2 — Implementing, monitoring and evaluating training and assessment strategies and practices), is collected via the Binnacle Training Third-Party Agreement (Fillable) as completed by the Third-Party (School) and approved by Binnacle Training.

#### **Target Group**

This program is offered to senior high school students (commencing in Year 10 or Year 11) wanting to:

- seek skills and an entry-level qualification for the Sport, Fitness & Recreation (SFR) industry; and
- use the qualification as an articulation into:
  - a higher certification (e.g. Diploma of Sport); or
  - University (e.g. Bachelor of Sport & Exercise Science).

## **QLD SCHOOLS**

This Program is packaged into a 6-Term format plus an optional 'Term 7 Add-On'. The qualification SIS30115 Certificate III in Sport and Recreation derives a maximum 7 credits towards the Queensland Certificate of Education (QCE).

**8 QCE credits can be derived if the 'Term 7 Add-On' is completed.** The 'Term 7 Add-On' comprises 3 units of competency (new learning), which when combined with the nested first aid unit (also new learning), total 4 additional units of competency. These 4 units will be reported towards the separate qualification: SIS30321 Certificate III in Fitness (partial completion only). For students who successfully complete the Certificate III in Sport and Recreation (Terms 1-6) plus the 'Term 7 Add-On' as 'new learning', this will derive the **maximum 8 QCE credits from the same training package**.

# **Entry** Requirements

There are no formal training package entry requirements for this qualification, however a Language, Literacy & Numeracy (LLN) Screening process is undertaken at the time of initial enrolment to ensure students have the capacity to effectively engage with the content.

Students require <u>AQF level 3</u> written and spoken English and numeracy skills to be able to meet the Foundation Skill requirements within the units of the Certificate III qualification.

The Certificate III in Sport and Recreation qualification is delivered as a 'Fee for Service' offering only as per the Binnacle-School invoicing arrangement.

Students must have access to all physical resources (either individually or through resources supplied by the school) as outlined in the section 'Physical Resource Requirements' below.

## Learning and Assessment Arrangements

#### **DURATION**

The program content has been packaged into <u>6 terms</u> [based on delivery across **one line on the timetable (minimum 3 lessons per week, i.e. 210 minutes per week) over 2 years**].

A blended-delivery model will be used whereby students will have access to:

- Trainer-led classroom delivery of content.
- Online modules that house learning content (within the Binnacle Lounge).
- Assessment activities to be completed online within the Binnacle Lounge.
- Assessment activities and projects to be completed in the classroom and/or student-led environment.

 Participation in an Industry Discovery – at a SFR-related workplace (recommended, however, not compulsory).

This program uses single unit and clustered assessment.

Assessment and training will be conducted at the school. Assessment methodologies will vary according to specific requirements of the Units of Competency. A range of methods will be used, including:

- Knowledge quizzes, short answer questions and other project/case study reports.
- Skills demonstrations, reports, documents, observations.
- Simulated assessment environment (SFR-related industry) located at the school for demonstration of skills (practical observations).

Under supervision, students will instruct a range of SFR programs members of the school community (peers and other students e.g. lower year levels).

#### 'VOLUME OF LEARNING' AND 'AMOUNT OF TRAINING'

# Volume of Learning (VoL)\* per the Australian Qualifications Framework volume of learning indicators:

Certificate III = 1 - 2 years (1200 - 2400 hours)

\* VoL describes how long a learner who does not hold any of the competencies identified in the relevant units of competency or modules would take to develop all of the required skills and knowledge. Further, the VoL includes all teaching, learning and assessment activities that are required to be undertaken by the typical student to achieve the learning outcomes. These activities may include some or all of the following: guided learning (such as classes, lectures, tutorials, online study or self-paced study guides), individual study, research, learning activities in the workplace and assessment activities.

(AQF, Volume of Learning).

Amount of Training (AoT) for this program consists of classroom learning, self-study and practical work-related experience.

#### Classroom learning = 266 hours (1 study line over 2 years - 3.5 hours x 76 weeks).

There is also an element of self-study (formative activities scheduled for students to undertake outside of class time). These activities are used by students to enhance their understanding of the content and are undertaken prior to assessment for that particular module or topic of study. Across this 2-year program, Binnacle has devoted an additional 70 minutes per week (the equivalent of one additional lesson per week) for these formative activities.

## **Self-Study (Formative Activities) Hours = 89 hours** (i.e. 1.17 hours x 76 weeks)

An additional 40 hours of practical work-related experience is undertaken by students across the program. While some of these hours may be achieved during devoted class lessons, due to the nature of SFR programs some practical experience may be undertaken outside of these class hours.

#### Practical Experience (Industry Discovery) = 6 hours

#### TOTAL AMOUNT OF TRAINING (AoT) = 361 hours (266 + 89 + 6)

Binnacle rationalises the VoL hours gap (i.e. VoL 1200 hours LESS AoT 361 hours = 839 hours) by:

- Students entering the subject with a large base of foundational skills and knowledge from prior and concurrent learning (e.g. Years 8-10 HPE and other sporting/fitness involvement, including as an athlete/player).
- There is a large amount of overlap (clustering) of units across the terms.
- There is an element of self-study that students may undertake to deepen their own understanding
  of the content.

# Learning and Assessment Arrangements

#### **ORGANISATION**

The program will be delivered using class-based learning as well as a real SFR environment located at the school which involves delivering a range of SFR programs to adolescent and child participants.

A range of teaching and learning strategies will be used to deliver the competencies including:

- Practical tasks
- Client interactions
- Group work

- Programs within the school (generally a minimum of two different SFR programs per term)
- Practical experience within the school and outside of the school

Evidence contributing towards each competency will be collected throughout the program. This evidence will be used to make judgements of competency that are aligned with, and reflect, the requirements of each unit of competency.

# Learning and Assessment Arrangements

### LANGUAGE, LITERACY AND NUMERACY ASSISTANCE

Support is available to all students and can be organised - through the deliverer - on a case-by-case and as needed basis throughout the program.

'Reasonable adjustment' is offered for most assessment items. This is indicated in the assessment table at the top of each assessment and is allocated based on the unit of competency requirements.

## Learning and Assessment Arrangements

#### OPPORTUNITY FOR RPL AND CREDIT TRANSFER

**Recognition of Prior Learning (RPL)** is an assessment process that evaluates an individual's informal learning to determine the extent to which that individual has achieved the required competency outcomes.

**Credit Transfer** is applying credit for a unit of competency that has previously been completed (successfully) by a student. Credit Transfer is offered both at enrolment and throughout the training program. A verified copy of the student's Qualification and/or Statement of Attainment listing the units of competency that have previously been completed is required as evidence for Credit Transfer.

Both RPL and Credit Transfer are available to students. Due to students being of high school age, usually with limited prior qualifications or work history, students typically undergo a train-to-assess pathway. An RPL assessment pathway will require verifiable evidence of a student's prior learning (e.g. Statement of Attainment for previously completed superseded units).

Learning and Assessment		COURSE STRUCTURE			
Arrangements	TERM 1	Topics:  Binnacle Lounge Induction The Sport, Fitness & Recreation (SFR) Industry Apply Knowledge of Coaching Practices  Programs: Coaching Program (Student Delivery): Plan & Deliver Coaching Sessions SFR Coaching Program (Supervisor): Assist with Delivering Coaching Sessions			
	TERM 2	Topics:  Perform Research & Create a Group Presentation  Organise & Complete Work Tasks  Programs:  Group Nutrition Presentation: Create & Deliver a Presentation to your Peers  Community SFR Program #1: Plan and Conduct Community SFR Sessions for Participants			
	TERM 3	Topics:  Cardio & Conditioning Programs  Anatomy & Physiology  The SFR Industry  Programs:  One-on-One Cardio Program  Group Conditioning Sessions for Adolescent Participants			
	TERM 4	Topics:  Anatomy & Physiology First Aid Course: HLTAID011 Provide First Aid  Programs: Coaching Program (Teacher Facilitated): Assist with Delivering Coaching Sessions Sports Program: Plan and Conduct Sport Sessions for Participants			

Learning and Assessment Arrangements	TERM 5	Topics:  Plan & Conduct Sports Programs Apply Knowledge of Officiating Practices  Programs: Group Sports Program (Teacher Facilitated) Community Officiating General Principles (Online Course)
	TERM 6	Topics:  Plan & Deliver a Sports Competition Community SFR Program  Programs: Community SFR Program #2: Plan & Conduct Community SFR Sessions for Participants Round Robin Tournament Online Learning (Online Courses)  The Certificate III in Sport and Recreation (SIS30115) is scheduled to be finalised at the end of Term 6.
	OPTIONAL TERM 7 ADD-ON	Topics:  Sport-Specific Coaching Sessions Personal Development Workplace Performance  Programs: Sport-Specific Coaching Program Self-Awareness Action Plan  The 'Term 7 Add-On' contains three units of competency (as new learning) and will be combined with the nationally recognised CPR unit (HLTAID009) that is nested within the HLTAID011 Provide First Aid course. These four units will be reported to the qualification: SIS30321 Certificate III in Fitness (partial completion only).

# Learning Resources

Students are provided with a full Course Content kit that is specific to each term of study which includes:

- Unit Plan
- Lectures
- Online Activities
- Exercise Bank
- Videos
- Work templates and other work-related documents (e.g. policy manuals)

# Consultation with Industry

Key industry partners consulted in the development and ongoing refinement of this strategy are listed below. Binnacle meets with each of the listed industry partners for regular advice, ongoing program support and guidance. These industry engagement activities focus on Training and Assessment Strategy, resources, and current industry skills of trainers and assessors.

### **Industry Partners**

- Redcliffe Dolphins Rugby League Club
- Renegade Conditioning
- Fit College
- Andrew Rickertt Job Skills Queensland
- National Institute of First Aid Trainers (NIFAT)

Consultation/engagement approaches include:

- Regular meetings (e.g. weekly consultation meetings)
- Teleconferences
- Program development/validation meetings
- Program development projects

# Assessment Validation Process

#### The processes used to validate assessment in this course are:

- 1. Validation by Industry:
  - An internal review conducted annually with an industry representative to check that the standards expected of students are consistent with current industry practice.
  - The internal review will examine the learning and assessment strategy and identify areas for improvement.

- The internal review will also evaluate all assessment instruments to ensure that they are appropriate for the units of competency and reflect the unit requirements (i.e. elements, performance criteria, performance evidence, knowledge evidence and assessment conditions).
- Validation for each unit of competency includes:
  - Pre-assessment validation (to confirm assessment process and instruments meet the requirements of the Principles of Assessment); completed every 24 months (minimum); and
  - Post-assessment validation (to confirm assessment evidence provided by the students and the judgement of that evidence meets the requirements of the Rules of Evidence).
     Completed every 3 years (minimum).

#### 2. Assessment Instrument Review:

A Binnacle Program Development Specialist and an industry expert will review all assessment
instruments to ensure that they are appropriate for the units of competency and reflect the unit
requirements (i.e. elements, performance criteria, performance evidence, knowledge evidence
and assessment conditions) with improvements noted and acted upon.
 Completed annually.

## School Physical Resource Requirements

Refer to: 2023 Certificate III in Sport and Recreation – Resource Requirements

Available at Binnacle Support Centre (Select: Resource Requirements)

## Teacher Human Resource Requirements

Refer to: 2023 Certificate III in Sport and Recreation - Resource Requirements

Available at Binnacle Support Centre (Select: Resource Requirements)

#### **Pathways**

The Certificate III in Sport and Recreation will be used predominantly by students seeking to enter the SFR industry and/or as an alternative entry into University.

**QLD SCHOOLS:** Graduates may be able to use their Certificate III in Sport and Recreation to improve their chances of gaining tertiary entrance. Students eligible for an Australian Tertiary Admission Rank (ATAR) may be able to use their completed Certificate III to contribute towards their ATAR. For further information please visit <a href="https://www.qcaa.qld.edu.au/parents-carers/senior-secondary">https://www.qcaa.qld.edu.au/parents-carers/senior-secondary</a>

Students may also choose to continue their study by completing a higher-level SFR qualification (e.g. Diploma of Sport) through another Registered Training Organisation.

## Foundation Skills

Foundation Skills are the combination of communication skills and generic, non-technical skills and capabilities considered essential to meet the complexities of life in a modern society. 'Communication' skills included in Foundation Skills are English language, literacy and numeracy (LLN).

All units of competency within new streamlined Training Packages have Foundation Skills either embedded in the unit performance requirements or listed explicitly.

Each unit of competency selected to comprise this program has Foundation Skills that are relevant to the context of the learning outcomes and are applicable to work and life situations.

# Student Feedback

Student feedback is collected and analysed. Feedback from students in relation to assessment processes, methods and instruments will be collated, analysed and improvements made in the light of student suggestions. Formal surveys/questionnaires as well as informal processes at the end of each unit of work will be used to gather data. Throughout the course, data is collected in relation to Quality Indicators. Binnacle Training also has a published Complaints and Appeals Policy which provides students and others with avenues to make a complaint or to appeal a decision (including assessment decisions) directly with Binnacle Administration.

Date for data analysis: December (annually)

# AVETMISS Reporting

Students are enrolled in the relevant units of competency and the results are forwarded at the end of each term (as a minimum) to the Queensland Department of Employment, Small Business and Training

(DESBT) indicating if competency has been attained or is continuing. Binnacle Program Management and Administration staff verify that accurate and up-to-date information is recorded.

**QLD SCHOOLS**: Permission is provided to DESBT for student results to be forwarded to the Queensland Curriculum & Assessment Authority (QCAA).

### **Student Records**

Student results show the unit code, title and date achieved. The final assessment outcome for each unit of competency will be retained for a period of 30 years. Once all units are recorded as competent, a qualification or a statement of attainment will be issued.

All completed assessment items - demonstrating sufficient evidence of how assessment decisions were made - for individual students will be retained for whichever is the longer period:

- until the appeal period ends; or
- for a period of six months from the date on which the judgement of competence for the student was made; or
- the duration of the student's enrolment.

A master copy of all versions of the assessment tools will be retained for seven years.