



**THURSDAY, 29 November**

**Palm Cove Surf Club**

9:00am	<b>WELCOME</b>
9:10am	<b>KEYNOTE: Better Performance</b> <i>Brendan Forwood, Behaviour &amp; Leadership Expert</i> Venue = Main Room  <u>OR</u> <b>TAE Update 'Homework Workshop' – for Teachers enrolled in, but yet to complete, their TAE Update</b> <i>Aaron Bulow, Binnacle Training</i> Venue = Room 2
10:00am	<b>MORNING TEA</b>
10:30am	<b>Binnacle Lounge &amp; Key Program Updates – Experienced (Sport, Fitness, Business)</b> <i>Aaron Moore, Binnacle Training</i> Venue = Main Room  <u>OR</u> <b>Binnacle Lounge Support &amp; Resource Induction – Beginners (Sport, Fitness, Business)</b> <i>Mai Gregory, Binnacle Training</i> Venue = Room 2
11:30am	<b>Fitness Training Adaptations with Older Adult Clients (Practical)</b> <i>Angela Armstrong, Studio A Health and Fitness</i> Venue = Main Room  <u>OR</u> <b>Unpacking \$20 Boss Program for your Binnacle Program – Insights from Foundation for Young Australians</b> Venue = Room 2
12:30pm	<b>LUNCH</b>
1:15pm	<b>The Building of an Athlete</b> <i>Tom Maher, Cairns Total Physio</i> Venue = Main Room  <u>OR</u> <b>2019 – Your Best Year Yet</b> <i>Brendan Forwood, Behaviour &amp; Leadership Expert; Aaron Bulow, Binnacle Training</i> Venue = Room 2



<b>2:15pm</b>	<b>SOCIAL AND TEACHER AWARDS</b>
<b>2:45pm</b>	<b>CLOSE</b>