



Binnacle
Sport & Fitness

Sport, Fitness and Recreation 2023 Course Offerings



Real Skills for Real Careers



Our Binnacle Certificate Courses are suitable for students in Years 10-12.

Choose from a variety of **Certificate II**, **Certificate III** and Short Course programs from a range of study areas including:

Fitness, Sport and Recreation, Business, Tourism, Workplace Skills and First Aid.

Learn more about us:

P: 1300 303 715

W: www.binnacletraining.com.au

E: admin@binnacletraining.com.au



HOW TO GET STARTED:

Please visit our Binnacle Training Website - Programs for Schools for more information on each of our course offerings:

<https://www.binnacletraining.com.au/for-schools/programs/>

The Binnacle Mission



Binnacle
Training

Allowing Teachers to Teach

We are leaders in Vocational Education in schools; enabling teachers with high quality certificate programs and support; equipping students with skills to navigate a successful future.

WHY STUDY WITH BINNACLE TRAINING

Binnacle Training are leaders in VET in schools, enabling teachers with quality programs and support; equipping students with skills to navigate a successful future. We are united in our commitment to ‘raising the bar’ with the following highlights showcasing our impressive record:

More than 16 Years of Experience Delivering VET in Schools	More than 500 Active Classes State-Wide
5 x National Recognised Certificate Pathways Offerings - Sport, Fitness, First Aid, Business & Tourism PLUS Short Courses	15,000 Qualifications Issued Approximately Each Year
Over 15 Certificate Programs Offered Each Year	3 Office Locations - Ipswich, Brisbane and Townsville
Over 250 Binnacle Partner Secondary Schools	Servicing Secondary Schools across Queensland & ACT
Over 800 Binnacle Program Deliverers	91% Completion Rate

WHY STUDY WITH BINNACLE TRAINING

Custom-Built, Student and Teacher Friendly Online Learner Management System (LMS)

Certificate Programs Purpose Built For Secondary Schools (Years 10-12) By Industry and Education Experts

Binnacle Certificate Programs Contribute to a students QCE Credits and ATAR Ranking

All Teaching and Assessment Resources Developed for Teachers to save your time and 'Allow Teachers To Teach'

Programs Delivered By Industry-Qualified Trainer and Assessors (Teachers) in a familiar School Environment

Flexible and Student-Friendly Programs Delivered in 1, 2 and 3-Year Formats

Practical Learning and Project-Based Learning assisting students to acquire key enterprise skills for future world of work

Live and Up-To-The-Minute Student Feedback and Progress Reporting - Take the stress out of teacher marking

World-class Teachers Professional Development Opportunities (Workshops, Webinars, ViSC Conference)

Dedicated Teacher and Customer Support Team - Direct Access to Program Management and Admin Support Team



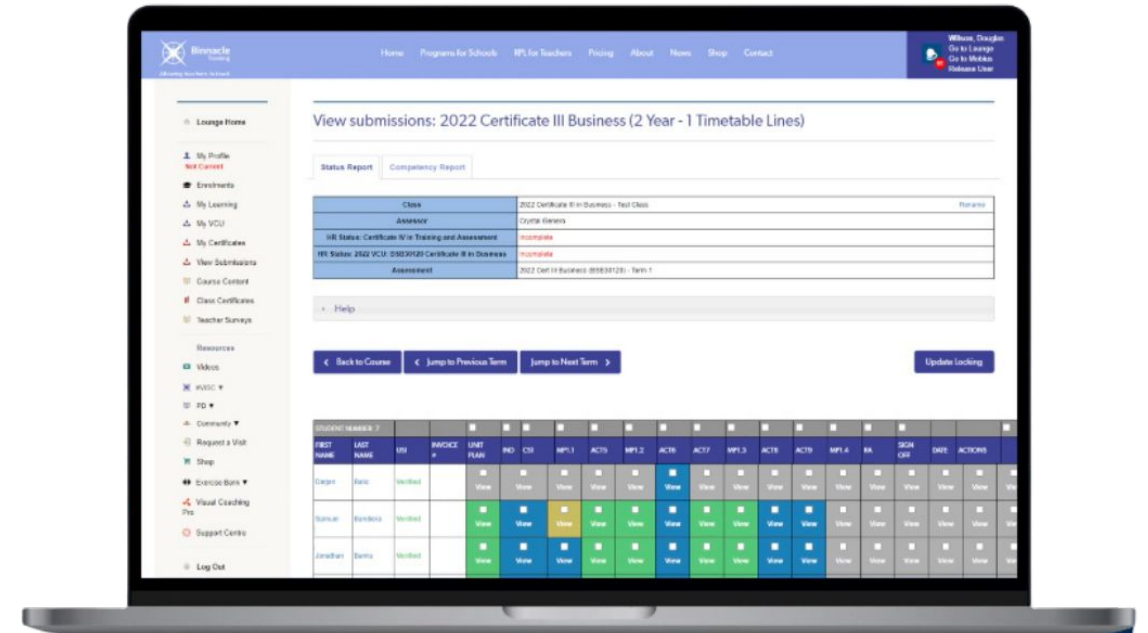
BINNACLE LOUNGE (LEARNING MANAGEMENT SYSTEM)

The Binnacle Lounge is our very own Learning Management System (LMS) that has been custom-built for schools and teachers. With innovation at the forefront, we have enabled the quality facilitation of our programs with a technology solution without peer in VET in Schools.

The Binnacle Lounge provides:

- Real-time status reporting on student outcomes specific to your program.
- Certificate on completion (simply download)
- All course content in one central location
- Suite of online video content including program and tutorial videos
- Zero paperwork
- Unlimited access - anytime, anywhere
- NEW! Online Exercise Bank specific to the Certificate III in Fitness qualification.

Delivered mindfully, we are continually evolving and investing in the Binnacle Lounge (and our digital learning resources) to create great experiences for our students and teachers alike.



VET IN SCHOOLS

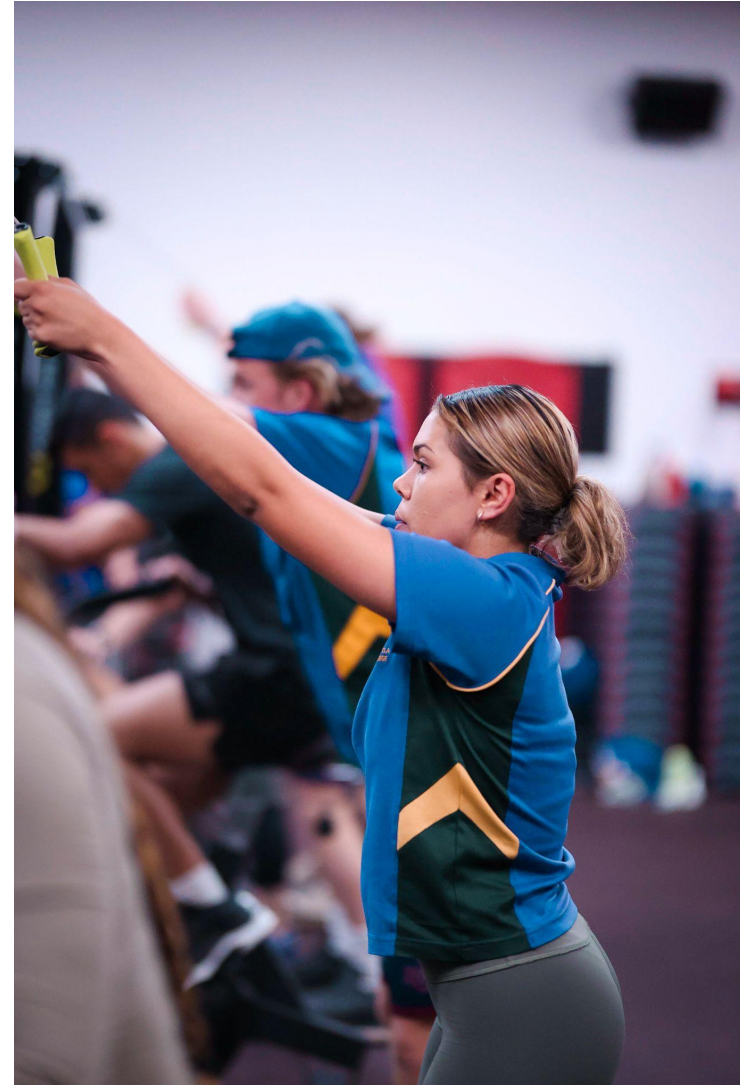
VET in Schools is about gaining practical work-related skills to equip you for the world of work while you are at school. The number of schools and students involved in VET programs has increased in recent years, and most schools now offer some VET options to senior secondary students.

“In 2019, 22,503 Year 12 graduates achieved a VET Certificate I, II, III or IV qualification during their senior schooling and about 60 per cent of schools were registered to offer VET certificates and courses.”

O’Flaherty, A & Egan, G. (2020) How students are getting an edge with extra qualifications, *The Courier Mail*, 10 March. Available at: [Queensland's biggest VET schools revealed: The schools with the most students gaining VET qualifications | The Courier Mail](#)

All VET training embedded in Queensland Curriculum and Assessment Authority (QCAA) subjects and school-based apprenticeships and traineeships count towards a VET qualification as well as the QCE; in effect, allowing students to mix general and vocational education, and make a start on training for a career before they leave school.

As well as readying students for the workforce, VET programs can lead to further study, either in the VET sector (where students can gain credit for their VET certificate) or university, since results from some VET programs can be included in the calculation of their Australian Tertiary Admissions Rank (ATAR).



ATAR AND QCE CREDITS

The Australian Tertiary Admission Rank (ATAR) is a standard measure of a student's total academic achievement in comparison to that of other students. Its purpose is to assist tertiary institutions in the selection of applicants for various programmes. The ATAR is a percentile number, not a grade, that shows a student's standing in their cohort in a given year.

Each level of VET qualification includes a single scaled result that can be used to calculate a student's ATAR. Regardless of the course of study, duration, or content of the VET qualification, the scaled result in any given year is the same. A Certificate III in Business and a Certificate III in Fitness, for example, will result in the same scaled outcome.

Completed Vocational Education and Training (VET) courses can be utilised for tertiary admission in one of two ways:

1. As part of the ATAR; and/or
2. As a stand-alone basis of admission

A completed VET qualification at the Certificate III level and higher may be considered by institutions as a basis for tertiary entrance.

What are QCE Credits

Other than contributing towards ATAR, VET courses also contribute towards a student's Queensland Certificate of Education (QCE) credits which is Queensland's Senior School Qualification. Students must earn a minimum of 20 credit points from a variety of courses to receive a QCE. The courses on offer and their QCE credit points (when completed in full) vary from course to course to please see course specific section for more accurate information.





Binnacle
Sport

**SIS20115 Certificate II in
Sport and Recreation**



SIS20115 Certificate II in Sport and Recreation

Students assist with facilitation of sport and recreation programs within their school community.

Includes coaching accreditation and the nationally recognised First Aid competency - HLTAID011 Provide First Aid.

Programs Include: › Officiating games › Conducting coaching sessions › Community sport, fitness and recreation programs › Using digital technologies in sports environments

Delivery Format:	1-Year Format (4-Terms)
Timetable Requirements:	1-Timetabled Line
Units of Competency:	13 (8 Core Units, 5 Elective Units)
Suitable Year Level(s):	Year 10 (also suitable for Year 11 and/or Year 12 students)
Study Mode:	Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience
Cost (Fee-For-Service):	\$265.00 per person
QCE Outcome:	Maximum 4 QCE Credits

Sport in Schools: A Snapshot

A nationally recognised Certificate II in Sport and Recreation
(Maximum 4 QCE Credits)

Delivered as a senior subject by your teacher; conducted at your school.

Deliver sport/activity programs within your school community.

Pathways into club level officiating and coaching, Certificate III in Sport and Recreation (or Fitness) while at school.

Includes Provide First Aid/CPR; officiating and coaching accreditations.



What will you learn?

Plan/deliver programs	Customer Service	The Sport, Fitness and Recreation Industry	Sport coaching
Equipment maintenance	Risk analysis	Team communication	Officiating games
First Aid	Emergency response	Sport safety	Digital Technologies

...and more!

'Sport in Schools' covers everything you need to work in the Sport, Fitness and Recreation industry.



Officiating Games



Conducting Coaching Sessions

Community Sport, Fitness and Recreation Programs

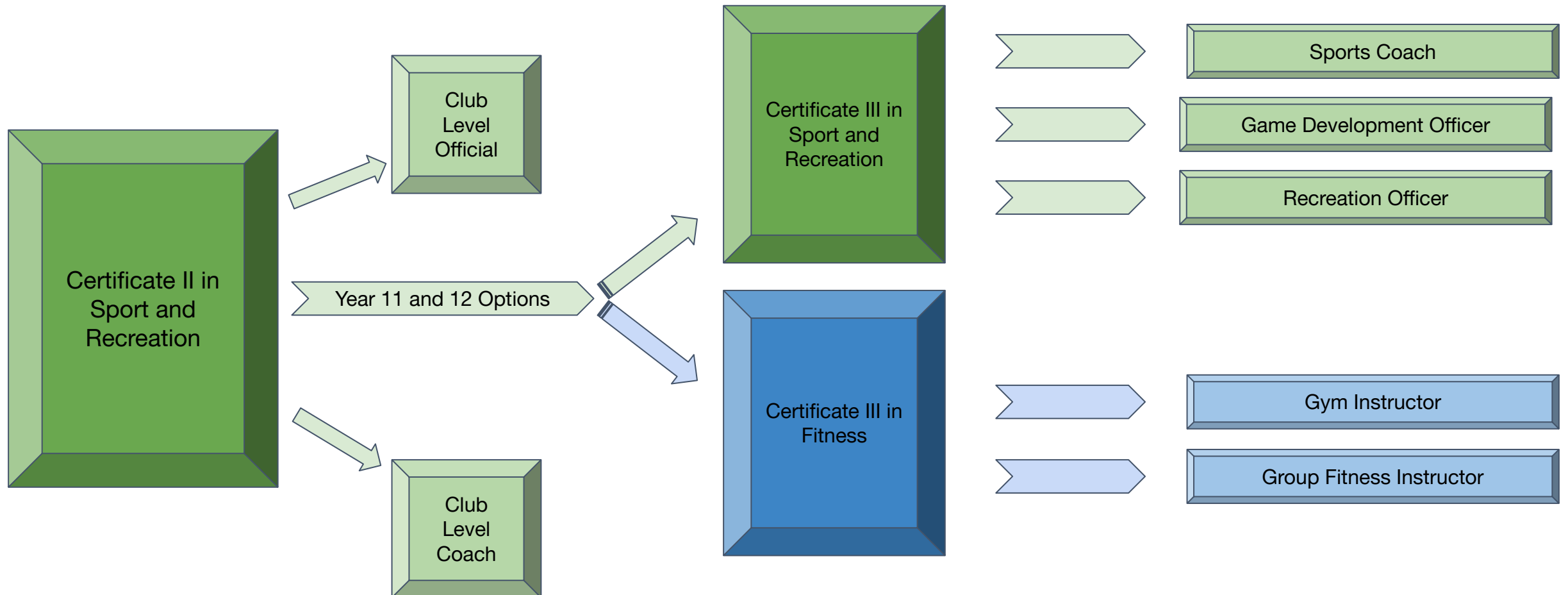




Binnacle

Sport

Career Pathways





Binnacle
Fitness

SIS30321 Certificate III in Fitness

with SIS20115 Certificate II in Sport and Recreation

Also available as a Standalone Certificate III in Fitness



SIS30321 Certificate III in Fitness + SIS20115 Certificate II in Sport & Recreation (or *SIS30321 Certificate III in Fitness Standalone*)

Students gain the entry-level skills required of a Fitness Professional (Group Exercise Instructor or Gym Fitness Instructor). Students facilitate fitness programs within their school community.

Includes coaching accreditation and the nationally recognised First Aid competency - HLTAID011 Provide First Aid.

Pathway into SIS40221 Certificate IV in Fitness at another RTO.

Programs Include: › Community fitness programs › Strength and conditioning for athletes and teams › 1-on-1 and group fitness sessions with male adults, female adults and older adult clients

Delivery Format:	2-Year Format
Timetable Requirements:	1-Timetabled Line
Units of Competency:	Standalone Qualification -15 Units Dual Qualification - 24 Units
Suitable Year Level(s):	Year 11 and 12
Study Mode:	Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience
Cost (Fee-For-Service):	\$365.00 per person (Cert II entry qualification = \$265.00 + Cert III Gap Fee = \$100.00). First Aid is an additional cost (\$55.00 per person)
QCE Outcome:	Maximum 8 QCE Credits

Fitness in Schools: A Snapshot

A nationally recognised Certificate III in Fitness
(Maximum 8 QCE Credits)

PLUS entry qualification:
Certificate II in Sport and Recreation

Delivered as a senior subject by your teacher; conducted at your school.

Deliver fitness programs within your school community.

Direct pathway into Certificate IV in Fitness at another RTO.

Includes Provide First Aid/CPR; and coach accreditation.



**Students eligible for an Australian Tertiary Admission Rank (ATAR) may be able to use their completed Certificate III to contribute towards their ATAR. For more information contact your VET Coordinator.*

What will you learn?

Fitness programming	Fitness/health assessments	One-on-one training sessions	Group fitness
Equipment maintenance	Risk analysis	Applied anatomy	Applied physiology
Customer service	Communication	Community fitness	Nutrition

...and more!

'Fitness in Schools' covers everything you need to learn to become a Fitness/Exercise Instructor.



Community Fitness Programs



1-on-1 and Group Fitness
sessions with Male and Female
adults and Older adults

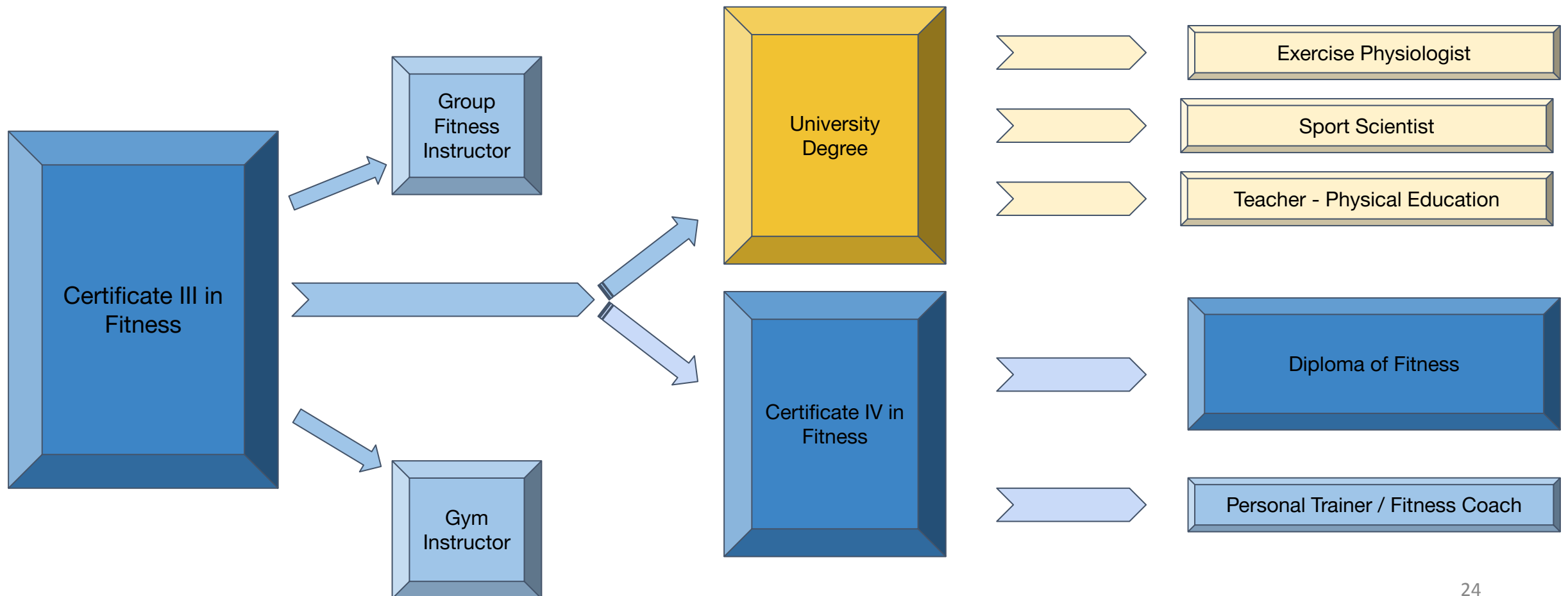
Strength and Conditioning for Athletes and Teams





Binnacle Fitness

Career Pathways





Binnacle
Sport

SIS30115 Certificate III in Sport and Recreation

With SIS20115 Certificate II in Sport and Recreation

Also available as a Standalone Certificate III in Sport and Recreation



SIS30315 Certificate III in Sport & Recreation + SIS20115 Certificate II in Sport & Recreation (or SIS30315 Certificate III in Sport & Recreation Standalone)

Students assist with facilitation of sport and recreation programs within their school community.

Includes coaching accreditation and the nationally recognised First Aid competency - HLTAID011 Provide First Aid.

Available with a 'General' or 'Sport Specialty' Coaching and Officiating outcome - AFL, NRL, Netball, Rugby Union or Choose Your Own Sport!

Programs Include: › Officiating games › Conducting coaching sessions › Community sport, fitness and recreation programs › Using digital technologies in sports environments

Delivery Format:	2-Year Format
Timetable Requirements:	1-Timetabled Line
Units of Competency:	Standalone Qualification - 15 Units / Dual Qualification - 22 Units
Suitable Year Level(s):	Year 11 and 12
Study Mode:	Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience
Cost (Fee-For-Service):	\$335.00 per person (Cert II entry qualification = \$265.00 + Cert III Gap Fee = \$70.00). First Aid is an additional cost (\$55.00 per person)
QCE Outcome:	Maximum 8 QCE Credits

Sport in Schools: A Snapshot

A nationally recognised Certificate III in Sport and Recreation
(Maximum 7 QCE Credits (or 8QCE Credits if students also complete the Term 7 additional add-on))

PLUS entry qualification:
Certificate II in Sport and Recreation

Delivered as a senior subject by your teacher; conducted at your school.

Deliver sport/activity programs within your school community.

Pathways into club level officiating and coaching, Certificate IV or Diploma (e.g. Sport or Fitness) at another RTO.

Includes Provide First Aid/CPR; officiating and coaching accreditations.



**Students eligible for an Australian Tertiary Admission Rank (ATAR) may be able to use their completed Certificate III to contribute towards their ATAR. For more information contact your VET Coordinator.*

What will you learn?

Plan/deliver programs	Customer Service	The Sport, Fitness and Recreation Industry	Sport coaching
Equipment maintenance	Risk analysis	Team communication	Officiating games
First Aid	Social media tools	Sport safety	Digital Technologies

...and more!

'Sport in Schools' covers everything you need to work in the Sport, Fitness and Recreation industry.

Officiating Games





**Conducting
coaching
activities**



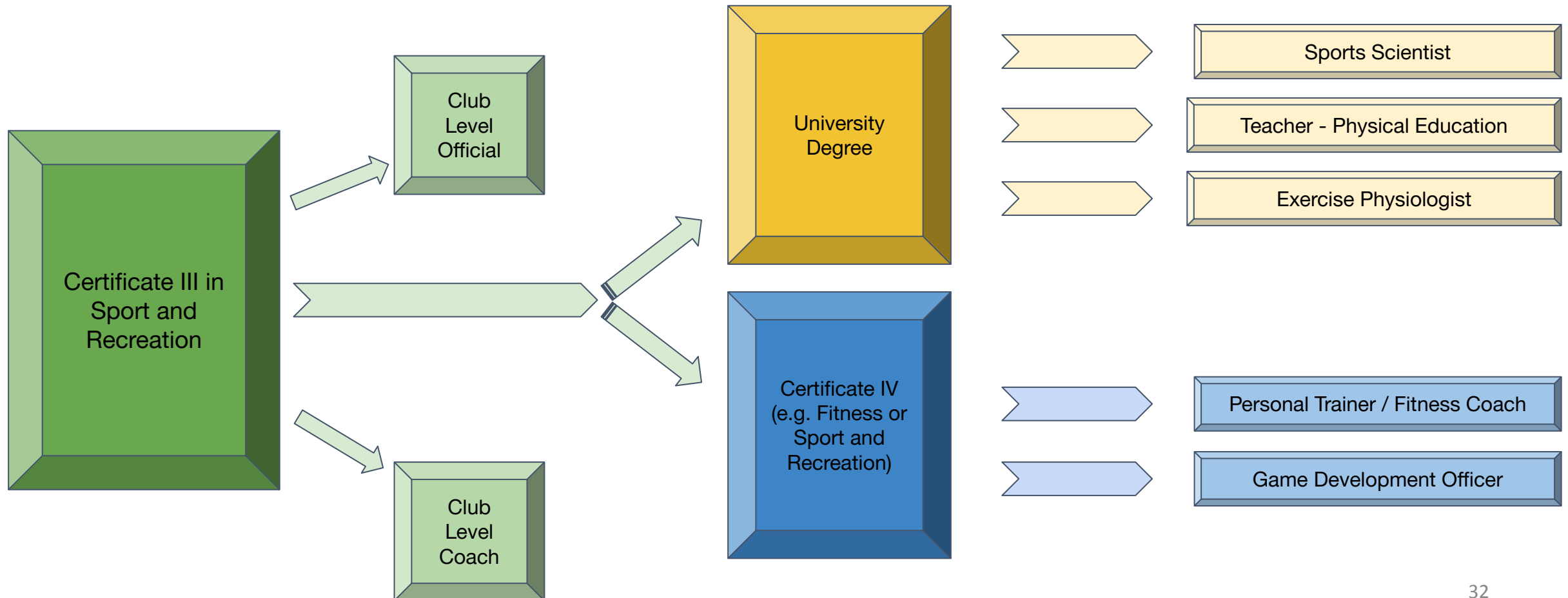
**Community sport, fitness and
recreation programs**



Binnacle

Sport

Career Pathways





Binnacle
Sport & Fitness

**Introduction to Sport and Fitness
Short Courses (1-Term & 2-Term Options)**



Introduction to Sport, Fitness & Recreation (2-Term Format)

The ‘Introduction to Sport, Fitness & Recreation’ Short Course is a great Year 10 option for your HPE or Sports Academy Programs prior to commencing the Binnacle Certificate III program in Year 11, with topics of study including sport coaching, personal development, self-awareness, healthy eating and fitness programs.

Delivery Format:	2-Term Format
Timetable Requirements:	1-Timetabled Line
Units of Competency:	4
Suitable Year Level(s):	Year 10
Study Mode:	Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience
Cost (Fee-For-Service):	\$80 per person
QCE Outcome:	Maximum 2 QCE Credits <i>Reported to SIS30321 Certificate III in Fitness as a Partial Completion</i>



Introduction to Sport (1-Term) & Introduction to Fitness (1-Term)

The 'Introduction to Fitness' and 'Introduction to Sport and Recreation' 1-Term Short Courses are the perfect fit for schools which are looking for a 1-Term Year 10 option in their HPE or Sports Academy Programs to bolster their existing subject offering. The 'Introduction to Fitness' covers topics including Fitness Programs, Personal Wellbeing and Working Effectively with Others. The 'Introduction to Sport and Recreation' covers topics including Sport Coaching and Self-Awareness.

	Introduction to Sport and Recreation	Introduction to Fitness
Delivery Format:	1-Term Format	1-Term Format
Timetable Requirements:	1-Timetabled Line	1-Timetable Line
Units of Competency:	2	2
Suitable Year Level(s):	Year 10	Year 10
Study Mode:	Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience	Combination of classroom and project-based learning, online learning (self-study) and practical work-related experience
Cost (Fee-For-Service):	\$55 per person	\$55 per person
QCE Outcome:	0	0



Binnacle
First Aid

HLTAID011 Provide First Aid
HLTAID009 Provide
Cardiopulmonary Resuscitation



HLTAID011 Provide First Aid and HLTAID009 Provide cardiopulmonary resuscitation

The First Aid Short Course is included within Sport and Recreation and Fitness Qualifications delivered by Binnacle Training. However, both courses (First Aid and Cardiopulmonary Resuscitation) can also be delivered as subject-only training. **Please note there are no QCE credits contained to the HLTAID011 Provide First Aid Short Course if completed as a standalone course.**

There are a number of flexible delivery options including:

- 1-Day Delivery
- 2-Day Delivery
- School Term Delivery Options

	HLTAID011 Provide First Aid	HLTAID009 Provide cardiopulmonary resuscitation
Delivery Format:	Flexible Delivery Options	Available for delivery as a stand-alone annual CPR refresher
Timetable Requirements:	<div><input type="checkbox"/> School Term Delivery: 9 x 70 min lessons</div> <div><input type="checkbox"/> Two-Day Delivery: 10 hours (2 x 5-hour days).</div> <div><input type="checkbox"/> One-Day Delivery (Practical Only): The practical can be completed in approximately 5 hours.</div> <div><i><u>IMPORTANT:</u> All knowledge assessments must be completed by participants prior to this one-day delivery.</i></div>	<div><input type="checkbox"/> School Term Delivery : 4 x 70 min lessons</div> <div><input type="checkbox"/> One-Day Delivery: Approximately 4.5 hours.</div> <div><input type="checkbox"/> Half-Day Delivery (Practical Only): The practical may be completed in approximately 3 hours.</div> <div><i><u>IMPORTANT:</u> All knowledge assessments must be completed by participants prior to this half-day delivery.</i></div>
Suitable Year Level(s):	Year 10,11 and 12	Year 10,11 and 12
Study Mode:	Online and Practical Performance	Online and Practical Performance
Cost (Fee-For-Service):	\$55 per person	\$40 per person
QCE Outcome:	N/A	N/A

First Aid in Schools: A Snapshot

Nationally recognised First Aid Qualifications

Delivered by your teacher; conducted at your school.

Develop skills in Emergency Management and the delivery of CPR and Defibrillation

Skills for Life - enabling you to provide initial care for casualties.

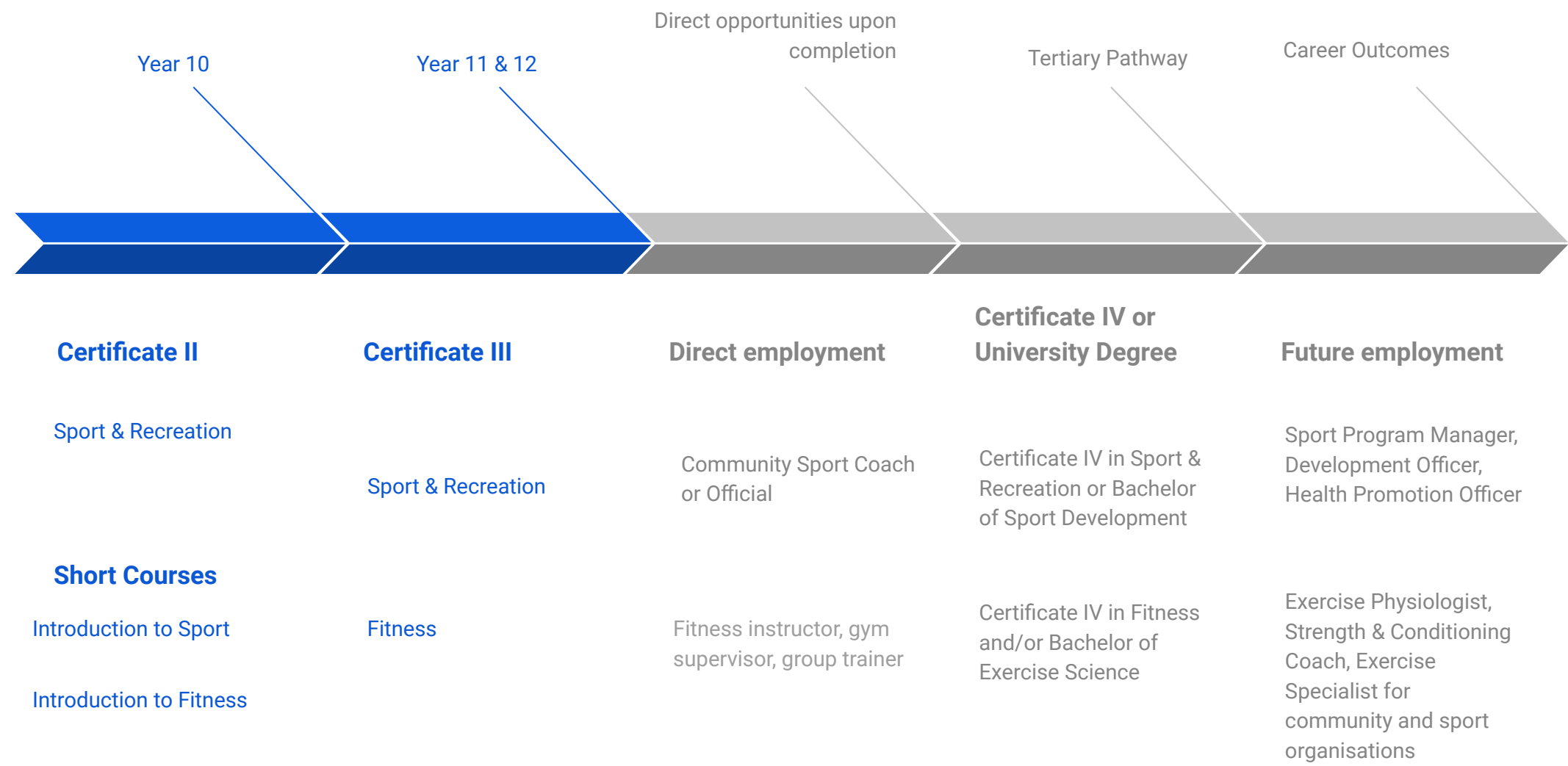


What will you learn?

Assessing the Scene	Emergency Management	Bites and Stings Management	Scenarios
CPR and Defibrillation	Choking Management	Seizures	Bleeding Management
Injury and Trauma Management	Anaphylaxis	Poisoning Management	Shock Management

...and more!

FUTURE LEARNING PATHWAYS





CAREER PATHWAYS

FITNESS IN SCHOOLS
Certificate III in Fitness

**GROUP
EXERCISE
INSTRUCTOR**

**GYM /
EXERCISE
INSTRUCTOR**

**UNIVERSITY
DEGREE**

**CERTIFICATE
IV IN FITNESS**

Exercise Physiologist

Diploma of Fitness

Teacher – Physical
Education

Personal Trainer /
Fitness Coach

Sport Scientist



CAREER PATHWAYS

SPORT IN SCHOOLS
Certificate III in Sport and Recreation

**CLUB LEVEL
OFFICIAL***
(e.g. Referee – paid
position)

**CLUB LEVEL
COACH***

**UNIVERSITY
DEGREE**

CERTIFICATE IV
(e.g. Fitness / Sport
and Recreation)

Teacher – Physical
Education

Personal Trainer /
Fitness Coach

Sport Scientist

Game Development
Officer

Exercise Physiologist

* When combined with individual
sport's National Officiating / Coaching
Accreditation Scheme (NOAS/NCAS)
technical requirements



**For more information please contact your HPE Teacher or
visit: binnacletraining.com.au**



Binnacle
Training

RTO CODE 31319

**IF YOU HAVE
ANY QUESTIONS,**

CONTACT US

P 1300 303 715

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W binnacletraining.com.au



Allowing Teachers to Teach