



FITNESS IN SCHOOLS

SIS30315 CERTIFICATE III IN FITNESS +
SIS20115 CERTIFICATE II
IN SPORT AND RECREATION
'FITNESS IN SCHOOLS'
2022 PROGRAM SNAPSHOT



HOW DOES IT WORK?

- Offered as a senior subject at your school
- Students deliver fitness programs within their school community. Programs include:
 - Community fitness program
 - Strength and conditioning for athletes and teams
 - Group fitness sessions
 - Personal training adults (e.g. teachers and other staff)
- Includes entry qualification – SIS20115 Certificate II in Sport and Recreation
- Includes Provide First Aid/CPR certificates; and coach accreditation



WHAT DO STUDENTS ACHIEVE?

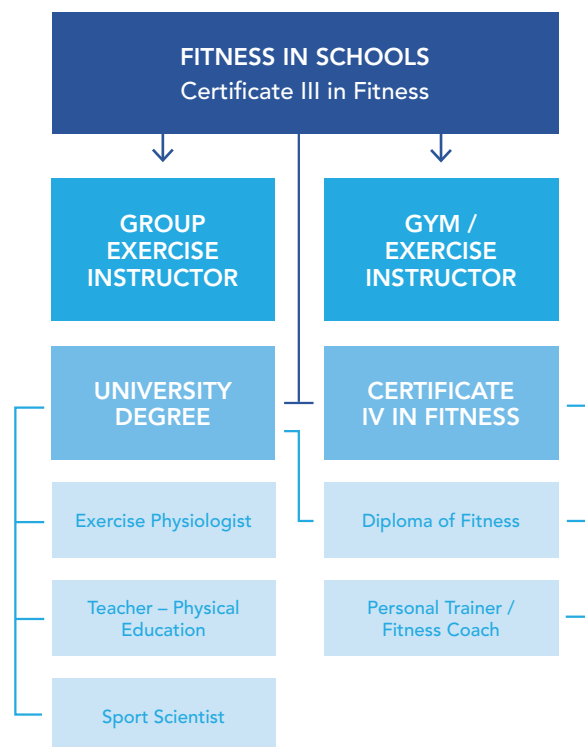
- SIS30315 Certificate III in Fitness (max. 8 QCE credits)
- Entry qualification: SIS20115 Certificate II in Sport and Recreation
- Provide First Aid/CPR certificates
- Direct pathway into Certificate IV in Fitness with FIT College (RTO: 31903)—Binnacle graduates receive a \$500 discount!
- Students eligible for an Australian Tertiary Admission Rank (ATAR) may be able to use their completed Certificate III to contribute towards their ATAR

IMPORTANT – PROGRAM DISCLOSURE STATEMENT (PDS)

This Program Snapshot is to be read in conjunction with Binnacle Training's Program Disclosure Statement (PDS). The PDS sets out the services and training products Binnacle Training provides and those services carried out by the 'Partner School' (i.e. the delivery of training and assessment services). To access Binnacle's PDS, visit: binnacletraining.com.au/rto and select 'RTO Files'.



CAREER PATHWAYS



SKILLS ACQUIRED

- Client screening and health assessment
- Planning and instructing fitness programs
- Providing a service to a range of clients
- Delivering group fitness programs
- Exercise science and nutrition



Binnacle
Training

Allowing teachers to teach

RTO Code 31319

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