



# FITNESS IN SCHOOLS

SIS30315 CERTIFICATE III IN FITNESS +  
SIS20115 CERTIFICATE II  
IN SPORT AND RECREATION  
'FITNESS IN SCHOOLS'  
2021 PROGRAM SNAPSHOT



## HOW DOES IT WORK?

- Offered as a senior subject at your school
- Students deliver fitness programs and services within their school community.  
For example:
  - Personal training adults (teachers and staff)
  - Strength and conditioning (athletes and teams)
  - Group fitness sessions (adults and students)
  - Primary school fitness
- Includes entry qualification – SIS20115 Certificate II in Sport and Recreation
- Includes Provide First Aid/CPR certificates; and coach accreditation



## WHAT DO STUDENTS ACHIEVE?

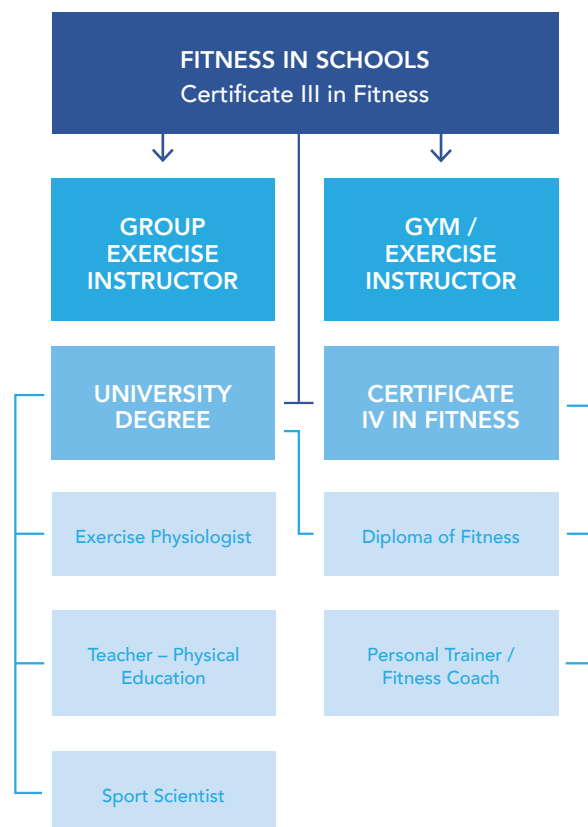
- SIS30315 Certificate III in Fitness (max. 8 QCE credits)
- Entry qualification: SIS20115 Certificate II in Sport and Recreation
- Provide First Aid/CPR certificates
- Direct pathway into Certificate IV in Fitness
- Students eligible for an Australian Tertiary Admission Rank (ATAR) may be able to use their completed Certificate III to contribute towards their ATAR

### IMPORTANT – PROGRAM DISCLOSURE STATEMENT (PDS)

This Program Snapshot is to be read in conjunction with Binnacle Training's Program Disclosure Statement (PDS). The PDS sets out the services and training products Binnacle Training provides and those services carried out by the 'Partner School' (i.e. the delivery of training and assessment services). To access Binnacle's PDS, visit: [binnacletraining.com.au/rto.php](http://binnacletraining.com.au/rto.php) and select 'RTO Files'.



## CAREER PATHWAYS



## SKILLS ACQUIRED

- Client screening and health assessment
- Instructing and monitoring fitness programs
- Customer service in the fitness industry
- Group fitness, exercise science and nutrition



**Binnacle**  
Training

*Allowing teachers to teach*

RTO Code 31319

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