



Binnacle
Training

RTO Code 31319



STUDENT INFORMATION SHORT COURSE: 2020 Introduction to Sport, Fitness and Recreation

ABSTRACT

This document contains important information for students completing Binnacle's 'Introduction to Sport, Fitness and Recreation' Short Course, including:

- Program inclusions – including the nationally recognised CPR certificate
- Program description
- Assessment completion process
- Education pathways
- Binnacle Third-Party Arrangements

Program Inclusions

Binnacle's **Short Course: Introduction to Sport, Fitness and Recreation** incorporates the nationally recognised CPR competency, plus an additional three competencies.

These competencies can provide credit towards the following Binnacle Certificate II/III [Programs for Schools](#):

- Certificate III in Fitness
- Certificate III in Sport and Recreation
- Certificate II in Sport and Recreation

Graduates will be issued a nationally recognised Statement of Attainment – with 4 competencies towards the Certificate III in Fitness (SIS30315).

QLD SECONDARY STUDENTS: A maximum of 2 credits can be achieved towards the Queensland Certificate of Education.

This short course covers foundational skills and knowledge for the Sport, Fitness and Recreation (SFR) industry including:

- Instructing community fitness programs.
- Investigating environmentally sustainable workplace practices.
- General workplace health and safety.
- The industry-recognised CPR certificate.

Program Outline

The program involves learning about how to 'hit the ground running' as a coach, official or activity assistant in the SFR industry. This learning will take place in a range of settings, including classroom and outdoors. Training also includes practical experience as an activity assistant. This involves working alongside teachers and coaches to assist in preparing and conducting safe and effective sport and fitness related sessions/activities.

This short course has been packaged for school delivery across two terms.

Assessment activities include the completion of practical and knowledge tasks throughout the program. Many of the practical tasks will be observed by your teacher and may require the completion of a work document (e.g. session plan).

Classroom learning will involve a mix of knowledge and practical sessions aligned to the nationally recognised competencies and knowledge tasks are completed online.

Completing Assessments

All assessment tasks and resources are online (practical components are completed in a SFR environment e.g. indoor fitness facility) and each term has a specific number of assessment tasks.

Your teacher will regularly review the completion of your assessment and if incomplete or not yet satisfactory, you will be required to finalise the assessment in your own time (e.g. during exam block) before the next school term commences.

As per the diagram below, you will store your completed assessment (and associated documents) online in the Binnacle Lounge for your teacher to mark ('Satisfactory' or 'Not Yet Satisfactory').

1. You complete the assessment each term:

- **Knowledge assessments completed online in your Binnacle lounge.**
- **Demonstrate required skills in practical tasks.**
- **Access to training resources to assist with assessment are also available in your Binnacle Lounge.**



The teacher marks your assessment:

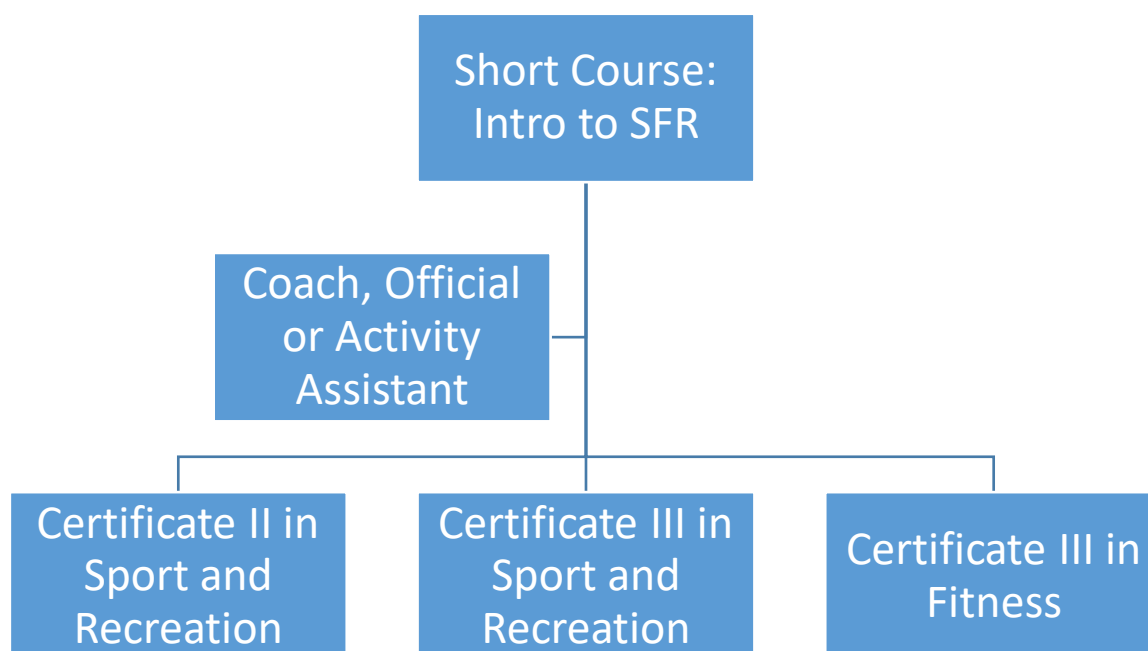
- **Some knowledge assessment items are 'auto-marked' by the Binnacle Lounge learning platform.**
- **The teacher will mark your other (e.g. project, practical and case study) assessment items.**
- **The sign-off page in each term is where feedback is provided and the outcome of each assessment item is recorded.**

Competencies in this Program

The units of competency included in this short course are:

SISFFIT011	Instruct approved community fitness programs
BSBSUS201	Participate in environmentally sustainable work practices
BSBWHS201	Contribute to health and safety of self and others
HLTAID001	Provide cardiopulmonary resuscitation

Education Pathways



Binnacle Training Third-Party Arrangements

As the RTO, Binnacle Training engages individual secondary schools under a third-party arrangement to provide physical and human resources to deliver training and conduct assessment.

Binnacle Training Responsibilities: Enrolling students into the VET course, training and assessment outcomes, issuing certificates and testamurs, and ensuring that the VET course is on its scope of registration at all times.

School Responsibilities (as the third-party): The provision of adequate physical (equipment and facilities) and human resources (program deliverer), and delivering training and assessment services on behalf of Binnacle including the provision of student support services such as language, literacy and numeracy (LLN) assistance.

Student Enrolment

Student enrolment into the Binnacle Program requires the school to have a current Third-Party Agreement in place and students to have a verified USI.

Definitions and Interpretations

RTO - means a training organisation that has authorisation to train and assess nationally recognised qualifications on its scope of registration.

School (third-party) - means the secondary school/college that is providing the physical and human resources to deliver training and conduct assessment on behalf of, and in the name of, Binnacle Training as the external RTO.

Training Product - means any qualification, unit of competency, or group of competencies packaged together as a Binnacle Program.

Program - means the course(s) or qualifications(s) in its entirety.

For further information please access the [Program Disclosure Statement](#) in full.