



Binnacle Training

RTO Code 31319



STUDENT INFORMATION

SHORT COURSE: 2019 Sports First Aid

ABSTRACT

This document contains important information for students completing Binnacle's 'Sports First Aid' Short Course, including:

- Program inclusions – including the nationally recognised First Aid certificate
- Program description
- Assessment completion process
- Sports Trainer and other education pathways

Program Inclusions

Binnacle's 'Sports First Aid' short course incorporates the nationally recognised First Aid and CPR competencies, plus an additional two (2) competencies from the nationally recognised 'Sports Trainer Level 1' skill set.

These competencies provide credit towards the [nationally recognised skill set – Sports Trainer Level 1](#). In addition, these competencies may also provide credit towards the following Binnacle Certificate II/III [Programs for Schools](#):

- Certificate III in Sport and Recreation
- Certificate II in Sport and Recreation
- Certificate III in Fitness

Graduates will be issued a nationally recognised Statement of Attainment – 4 competencies towards the Certificate III in Fitness (SIS30315).

QLD SECONDARY STUDENTS: A maximum of 2 credits can be achieved towards the Queensland Certificate of Education.

This short course covers the foundational skills and knowledge required of a worker entering the industry as a Level 1 Sports Trainer (in-training) with one or more individual sports.

In particular, 'Sports First Aid' involves:

- Providing initial management of sports injuries.
- Planning and conducting warm-up and cool-down programs for individual athletes and groups.
- The industry-recognised First Aid and CPR certificates.

This will involve assisting with the preparation and delivery of safe and effective sport sessions and activities to participants (e.g. primary school or lower secondary students) within the school community, and providing first aid in a range of different (scenario) sporting situations.

What does the program involve?

The program involves learning about what it takes to 'hit the ground running' as a Sports First Aid Assistant or Sport/Activity Assistant. This learning will take place in a range of settings, including classroom and outdoors. Training also includes practical experience as a Sport/Activity Assistant or Sports First Aid Assistant. This involves working alongside teachers and coaches to assist in preparing and conducting safe and effective sport sessions and activities to community members (e.g. primary school or lower secondary students).

This short course has been packaged for school delivery across two or more terms.

Assessment activities include the completion of practical and knowledge tasks throughout the program. Many of the practical tasks will be observed while working as a Sport/Activity Assistant or

Sports First Aid Assistant or when participating in practical lessons. This may require the completion of a work document (e.g. First Aid Report Form).

Classroom learning will mostly involve a mix of knowledge and practical sessions aligned to the nationally recognised First Aid and CPR competencies. Knowledge tasks are generally 'quizzes' - completed electronically - that test your knowledge against one or more of the four units.

Completing Assessments

All assessment tasks and resources are online and each term has a specific number of assessment tasks due for completion.

Your teacher will regularly review your completion of assessment and if gaps are identified (i.e. assessment tasks are incomplete or 'Not Yet Satisfactory'), you will be required to finalise the assessment in your own time (e.g. during exam block) before the next school term commences.

As per the diagram below, you will store your completed assessment (and associated documents) online for your teacher to mark and inform you of the outcome ('Satisfactory' or 'Not Yet Satisfactory').

1. You (the student) complete your term assessment:

- Knowledge assessments completed online in your Binnacle Lounge.
- Demonstrate the required skills in practical tasks.
- Access to training resources to assist with assessment are also available at your Binnacle Lounge.

2. The teacher marks your assessment:

- Some knowledge assessment items are 'auto-marked' by the Binnacle Lounge online platform.
- The teacher will mark your Practical (P) assessment and case studies.
- The sign-off page in each term is where feedback is provided and the outcome of each assessment item recorded.

Competencies in this Program

The units of competency included in this short course are:

SISSPT303A	Conduct basic warm-up and cool-down programs
SISSPT302A	Provide initial management of sports injuries
HLTAID003	Provide first aid
HLTAID001	Provide cardiopulmonary resuscitation

See over page for 'Education Pathways'.

Education Pathways

